troubles the woman who is delicate, run-down, or overworked. She's hollow-cheeked, dull-eyed, thin, and pale, and it worries her.

Now, the way to look well is to be well. And the way to be well. And the way to be well, if you're any such woman, is to faithfully use Dr. Pierce's Favorite Prescription. That is the only medicine that's guaranteed to build up woman's strength and to cure woman's allments. or weakness, and in every exhausted condition of the female system—if it ever fails to benefit or cure, you have your money back.

There is only one medicine for Catarrh worthy the name. Dozens are advertised, but only the proprietors of Dr. Sage's Catarrh Remedy say this: "If we can't cure you, we'll pay you— \$500 in cash !"



Destroy health and happiness, sleep and domestic felicity by drinking impure water? Sir Henry Thompson says the only safe water to drink is min-eral, and



has been shown by analysis and experience to be the best water yet discovered. Don't endanger life by drinking filthy water. Get a jar of St. Leon at once.

For sale by all principal Grocers, Druggists and Hotels, or

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Hotel at Springs now open,

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A safeguard against infectious diseases. Sold by chemists throughout the world. W.G. DUNN & CO. Works---Croydon, England.

MISCELLANEOUS.

It is said that the state attire of the King of Siam is worth over \$1,000,000. He has three hundred wives and eighty-seven children. He is forty years of age.

You don't know how much better you will feel if you take Hood's Sarsaparilla. It will drive off that tired feeling and make you strong.

Professor Sayce states that the term Sinaitic Peninsula, applied to the region between the Gulfs of Suez and Akaba, is a misnomer, all the evidence available proving that Mount Sinai really stands somewhere in the ranges of Mount Seir, the exact site being still unknown.

HISTORY OF 15 YEARS.

For fifteen years we have used Dr. Fowler's Extract of Wild Strawberry as a damily medicine for summer complaints and diarchoea, and we never had anything to equal it. We highly recommend it.

Samuel Webb, Corbett, Ont.

The Encyclopedia Britannica is a fairly bulky compendium of human knowledge, but what shall be said of the Great Chinese Cyclopædia, published in the reign of the Emperor Kanghe? It consists of 5,000 volumes. Only 100 copies were completed, of which the British Museum possesses one.

VIGILANT CARE.

Vigilance is necessary against unex-Vigilance is necessary against unexpected attacks of summer complaints. No remedy is so well-known or so successful in this class of disease: as Dr. Fowler's Extract of Wild Strawberry. Keep it in the house as a safe-guard.

Among a party of pilgrims who arrived at the Troitzo-Sergievski Monastery in St. Petersburg recently was a hale and hearty man of 113 years of age. He had tramped a distance of some eighty-five miles, and showed no weariness, while many of his more youthful companions were much distressed by the journey. His age was properly attested by baptismal papers he carried with him.

MINING NEWS.

Mining experts note that cholera never attacks the bowels of the earth, but humanity in general find it necessary to use Dr. Fowler's Extract of Wild Strawberry for bowel complaints, dysentery, diarrhoea, etc. It is a sure cure.

Two li tle girls, Gertrude and Ethel Hedger, who are wards in chancery and heiresses to \$100,000 each, were recently arraigned as vagrants in a London police court. Their fortunes are so securely locked up in chancery that by no process of law can any of the money be obtained until the children are of age. They are at present practically destitute, and unable to procure decent surroundings, clothing or education

SUMMER WEAKNESS

And that tired feeling, loss of appetite and nervous prostration are driven away by Hood's Sarsaparilla, like mist before the morning sun. To realize the benefit of this great medicine, give it a trial and you will join the army of enthusiastic admirers of Hood's Sarsaparilla.

Sure, efficient, easy—Hood's Pills. They should be in every traveller's grip and every family medicine chest. 25c. a box.

Dr Bowdler Sharpe suggested in a recent lecture on the geographical distribution of birds before the Royal Institution of London birds before the Royal Institution of London that there was once a great continent with its centre at the South Pole, now submerged under 2,000 fathoms of ocean. It embraced, he said, South America, Madagascar, Mauritius, New Zealand and Australia; and thus is explained the existence of the cognate struthious birds that now exist, or once existed, in those countries.—New York Sun.

A PERFECT COOK.

A perfect cook never presents us with ligestible food. There are few perfect indigestible food. cooks, and consequently indigestion is very prevalent. You can eat what you like and as much as you want after using Burdock Blood Bitters, the natural specific for indigestion or dyspepsia in any form.

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