

porary, Sahli, has attempted to do, he will have the most satisfactory book on the market for students to use.

His division on Nervous Diseases is not satisfactory, as, while it is descriptive of the various symptoms and pathological disturbances, yet it does not give a very good arrangement for the examination of the patient, and the psychical examination is not referred to.

However, the book is good, and, in fact, with these defects removed, is probably the best of its sort on the market; the plates are original in many respects, and the style is direct and there is no waste material. It is unnecessary to review in detail its contents, as nearly all the new tests are described and the older methods are also corrected and modernized.

Structure and Functions of the Body. A hand-book of anatomy and physiology for nurses and others desiring a practical knowledge of the subject. By ANNETTE FISKE, A.M., Graduate of the Waltham Training School for Nurses. 12 mo. of 221 pages, illustrated. Philadelphia and London: W. B. Saunders Company. 1911. Sole Canadian agents, The J. F. Hartz Co., Ltd., Toronto. Cloth, \$1.25 net.

This volume appears very suitable for those for whom it is intended, nurses and probably primary students of other professions than medicine. It is compact and easily understood.

"What to Eat and Why." By G. CARROLL SMITH, M.D., Boston, Mass. W. B. Saunders Co. Hartz Co., Toronto.

This new book on *diet* has an advantage over any similar work, in being essentially *readable*. It has not the completeness found in most of its contemporary manuals, but is entirely devoted to applied dietetics. However, it is the first book of its kind that the reviewer has enjoyed reading, and it appears to be the result of Dr. Smith's careful study of the dietetic side in his own practice.

The articles on Constipation, Typhoid Fever, Obesity and Gastric Ulcer, with the arrangement of actual meals for breakfast, luncheon and dinner, are more than usually satisfactory to the reader and make the book valuable.