

urinary calculi, and also greatly facilitate their disintegration and expulsion if already formed.

Its solvent and eliminating properties seem to be due to the peculiar combination of the lithium and other alkaline carbonates which it contains, making Buffalo lithia water the most powerful solvent of uric acid of which we have any knowledge.

Not only is uric acid the nucleus of such formations, but it also enters largely into the various layers of their superstructure, a fact which accounts for the rapid solution, breaking up, disintegration and elimination of such formations under the administration of Buffalo lithia water. In like manner this water seems to dissolve and eliminate the lacto-phosphatic deposits peculiar to gout.

The tonic and solvent effects of Buffalo lithia water seem to be due to the fact that its composition is approximately that of the serum of the blood (Sloemaker), therefore it becomes at once identical with the blood, and is more easily assimilated.

In conclusion, I desire to impress upon those who have failed to obtain satisfactory results from the employment of Buffalo lithia water, and those who have not given it a trial in practice, one important fact, and that is, that the water must be taken regularly and systematically and for a reasonable length of time to insure its full effect and obtain the best results.

In chronic conditions of long standing the metamorphosis has, as a rule, been slow and extended over a considerable period, therefore it stands to reason that Buffalo lithia water must be taken for a corresponding period to secure its full therapeutic effects.

January "Cosmopolitan."—Several years ago a suggestion was made to President Eliot of Harvard that, inasmuch as the first thing a young man ordinarily did on graduating from college was to choose his life-work, it was important that each student should have presented to him a thorough discussion as to the advantages, disadvantages and temptations of each of the leading professions, so that in determining his life-work he might act with the fullest knowledge attainable. *The Cosmopolitan* has begun this discussion in its January issue by taking up the legal profession. Besides pointing out what the young man has to encounter in entering upon a lawyer's career, *The Cosmopolitan* considers at length the revolution which has taken place in the legal profession because of the reorganization of business in great aggregations like the U. S. Steel Corporation, and modern business instruments, such as trust companies, title and guarantee companies, and fidelity insurance companies.