

RASPBERRY VINEGAR.—Put two quarts of raspberries into a quart of vinegar, and let them stand three days in a vessel not glazed, then strain it through a cloth wet with vinegar; mix with the strained liquor one pound of loaf sugar to each pint of liquor, and simmer for a quarter of an hour, or rather more, and when cold, bottle and closely cork for use. Care should be taken to use no glazed vessel. A tablespoonful of this liquor in a glass of water makes a very refreshing drink, and is serviceable in some complaints of the chest:

LIQUORICE ROOTS AND MARSH MALLOW ROOTS, of each two ounces, boil in three pints of water till reduced to a quart, then strain it off and let it stand to settle, then pour it off clear. A teacupful three times a day may be taken for a cough and complaints of the lungs.

AN OLD COUNTRY CURE for a bad temper, is to sit down and count twenty, and then kneel down and ask God to renew a right spirit within you.

JUNE JUVENILES AND THEIR HEALTH.

June is the month for juveniles,
 The pleasant month of June,
 And oft this month the parent smiles
 To see them wake so soon.

The flowers and fruit expected,
 The children's great delight;
 Whil'st trees are full in blossom
 They quite enjoy the sight.

If you would have them healthy,
 Early let them rise;
 Each kind of fruit in season
 For them make up in pies.

Early put them off to sleep,
 In rooms well air'd by dry
 And they should be well wash'd and dried
 All over once a day.

V. B. H.