

After these pious transports, the superior directed the nuns to strew the church, the corridors through which the holy sacrament was to pass, and the infirmary with roses, carnations, jessamine, and the most fragrant flowers. This gave infinite pleasure to holy Mary Gabriel. — When all was ready, the whole community in their cloaks of the church, and bearing lighted tapers, accompanied the divine sacrament in grand procession, mingling their solemn chaunt with the gentle tinkling of the bell.

At the approach of the thrice holy Visitant, Mary Gabriel, whose love rendered her superior to her weak state, got out of bed and received the last sacrament with a fervor truly angelical. They were soon obliged to convey her to bed; the nuns were drowned in tears, but she besought them not to envy her happiness, while she pressed to her heart the image of her crucified spouse. Shortly after she expired. After her death they found on her neck a medal with this inscription: *It is for Jesus I live, and for him I die.*"

Thus died of love, in the bloom of life, the angelical Gabriel of the Holy Sacrament: may we imbibe her spirit of devotion to the adorable Eucharist, the greatest miracle of the love of God for man, to the greater glory of this divine Lord. Amen.

From St Vincent of Paul.

Spiritual Maxims. — March.

1.

An humble submission and obedience to the decrees of the Holy See, is a good method of distinguishing the true children of the church from those who are rebels to her authority.

2.

The study of the sciences relaxes in many the fervour of spirit. Those who study should, therefore, take care to preserve their devotion by means of

pious exercises, and especially by meditation, so that by entirely perfecting their understanding by the knowledge of truth, their will may be inflamed with the love of God, who is the author of all sciences.

3.

We should read good and useful books, and abstain from reading those that only gratify our curiosity.

4.

A superior should not be discouraged by the difficulties he meets, nor be uneasy because his government does not please every one. Oh! how many have there been, and how many persons are there who do not approve of the conduct of our Lord Jesus Christ himself!

5.

It is necessary that justice should be exercised here below, to satisfy in some measure, the justice of God, so that the guilty receiving their chastisement in the time of mercy, may not be delivered up in the next life, to the rigours of Divine vengeance.

6.

He that follows only his sensual appetites, and makes himself their slave, does not deserve to be called a man, but an animal.

7.

God bestows us a great grace, when he deprives us of everything that renders us unlike Jesus Christ, who possessed nothing of his own. Could we find ourselves in a situation more advantageous, or more pleasing to his divine Majesty than that in which he has placed us?

8.

When humility is banished from a community, every one is engaged with