The last injunction of the passage is that we let this seriousness rise up evermore into prayer, "Be ye therefore sober and watch unto prayer." Watch for the moods which will most easily become prayer, for the opportunities that suggest it. for the occasions that demand it, for the helps to it that arise in daily life, and above all for those gracious divine comings which will make prayer not alone our necessity, but our very liberty and our sacred delight.

To this end may serve this last month of the year. By prayerfulness we can come to take the far look, and can soft. en somewhat the gloom that lies about All evil things will end at lengthenmities, and tyranies, and wars. all good things that God hath designed tor the world and man, will come in full predicted measure, and continue without lapse or decay. Those who do the will of God shall abide for ever.

THE following Extract from the Committee of the general assembly on Sabbath schools, will be read with interest.

Sunday Schools in America possess a uniform series of lessons, and this is perhaps the greatest advantage they possess. It is a source of strength, and a security for progress which cannot be easily over ment of superiority in Sunday-schools estimated. These lessons are known as the "International Bible Lessons for and School." Prepared by a special Committee, they are drawn up so as to include readings not only for Whether they be the children of the the Lord's Day, but for every day of President or the Senator, they sit side the week, whith rotes for teachers and by side with the children of the merchacholars. At the head of each week's ant, of the mechanic, of the day labourer; lesson stands what is called a "Golden they know no difference when they Text," selected on the principle of gath- come to study the Word of God. This ering up into itself much of the spirit is an example we would do well to imiand tendercy of the week's teaching; tate.... If it was more generally folland the minister presiding over each owed, it would elevate the whole charschool, can, if so disposed, accept this acter of our Sunday-schools and would text as the subject of one of his discour- gradually solve one of the most difficul ses, thus reanimating and reapplying in questions with which we have to deal; an impressive and memorable way how to obtain highly qualified teachers? previous instruction. The advantages Accept the confirmation of these views of such a system are so obvious that which is afforded by a statement made they require little illustration. There by one of the French deputies. In givare seven millions of Sunday-school ing an account of the progress of Sunday-

scholars in the United States. of these move from one place to another the vast continent of America; but however they may change their place, their schools, or their teachers. the groundwork of their instruction remains—the same lessons taught on the Atlantic seaboard are also used on the shore of the Pacific. In this little island of ours, on the contrary, there are almost as many systems and as many schemes of lessons as there are schools. New scholars have to commence by unlearning the system to which they had been accustomed, and to accept other and less familiar methods. This is a loss of power and a bar to progress which should not be suffered to continue. The Church of Scotland, which some time ago appealed to the two other great Presbyterian Churches to join with her in framing a uniform scheme of lessons which might be used in all Sunday-schools, should either adopt the International Bible Lessons, or appoint a special Committee to draw and issue under the authority of the Church a scheme of lessons of its own.

"Third: Another advantage and elein America is the intermingling of all classes of the community. The children of the rich as well as the children of the poor meet there on terms of equality.