II. Guidence by the Ark. vs. 33, 34.—How far from Meant Smai did the Israelites go in their first march? By what were they guided? What do we learn about this guidance from Ex. 40: 34-38?

HI. The Blessing of the Ark. vs. 35, 36.—What prayer did Moses offer when the ark set forward? What was his prayer when the ark rested? What special request did Paul make in his prayers for Christians in Rome? Rom. 1:8-10. What do these examples teach us?

LIFE TEACHINGS.

1. Christians have been redeemed from the bondage of sin, worse than Egyptian bondage.

age.
2. They are journeying toward the heavenly Canaan which the Lord has promised to them.
3. It is their privilege and duty to say to all,

"Come with us."
4. They may fearlessly promise, "We will

do you good.

5. Godliness is profitable unto all things, having the promise of the life that now is, and of that which is to come. The Lord hath spoken good concerning Israel.

THE REPORT OF THE SPIES. 4 August.

Les. Num. 13: 17-20, 23-33. Gol. Text, Num. 14:9 Mem. v. 20. Catechism Q. 31.

QUESTIONS.

Between the Lessons.—What was the subject of last lesson? When did the Israelites leave Mount Sinai? How were they guided? What is the title of this lesson? Golden Text? Lesson Plan? Time? Place? Recite the Memory verses. The Catechism.

I. The Charge to the Spies.vs. 17-20.—What did the Lord direct Moses to do? How many spies were sent? What charge did Moses give them? What were they to find out about the land? About its inhabitants? About the towns? What were they to bring back? What time of the year was it?

II. The Return of the Spics. vs. 23-27—What did the spies do? How much of the land did they examine? How long were they absent? What fruits did they bring back? What did these fruits show? To whom did they report? What did they say of the land?

III. The Alarm of the Spies. vs. 28-33.—What did the spies say about the inhabitants and their cities? What tribes did they mention? Who gave a different report? Why did Caleb need to still the people before Moses? What did he urge the people to do? Who agreed with Caleb? See chap. 14:6. What did the other spies reply? What did they forget in their alarm?

LIFE TEACHINGS.

1. Many people have gone before us and tried the Christian life.

2. That life is rich in fruits and blessings.3. We shall have strong enemies to conquer

before we can get these good things.

4. We ought not to fear, for God will help us to overcome, and finally to possess heaven.
5. God gives us foretastes of the blessedness

of heaven, to encourage us on the way.

BE COURTEOUS.

If you wish to please, dear girls, cultivate the charming grace of courtesy. Do not let a false idea of dignity and good breeding seal your lips to such kindly words as shall brighten other lives. Thanks are due to the servant who conscientiously tries to follow your command, to the shopgirl who patiently endeavors to match your silk or wool, or to those who serve you in any capacity. You refuse alms to the beggar on the street whom your principles may not allow you to countenance: but you may do it in a way and with such fitting words as shall arouse any latent spark of manliness, and make him long to be worthy of respect.

Do not be afraid to speak to the one whom chance may have thrown by your side during an hour's travel. Help the tired mother to soothe her heavy baby: lend your book or paper to the poor girl who has perhaps had no money to buy one. So shall you one day hear the blessed words: "Ye have done it unto me."—Sciected.

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