The Wretchedness

of Constipation

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Straight Talks to Women

About the Home and Other Things

Dorothy Richmond
FOR THE UNION ADVOCATE

fact he is our only child, and I can't wer be?

facing thousands of other Canadian well as the great numbers of able- Miss Richmond: mothers, I think it is a very suitable bodied young men in this community. Can you let me know how I can get and my caswer is this:

Your love for your son is SENTIcould not last long without sentiment; neither would it last long-

duties of manhood, which, like the duties of Citizenship, must take pretion-that is, if National Honor and the Peace of your fireside are to be die in honor than to live in dishonor. It is better to lose your son than to suffer the double dishonor of turning a deaf ear to the Mother Country's Dear Miss Richmond: ory for help, and the horrible thought of living under military rule.

In letting your son go to the front, you do make a great sacrifice—the

If he returns, alive, and you see Dear Madam.

country in her hour of need-it will with French dressing

HOW TO CURE

I have a letter signed "A Mother," shame will fill his heart, and yours to serve salads of any kind, at sup-

"My son 'is twenty-one years of HIS son may some day ask "Father, Dear Miss Richmond: age and wants to enlist, to go to the front, but says he will not go without did you not go?" What will his an-cream.

bear the thought of letting him go.

Will you tell me if I am doing right."

As this question is one which is

Wer be:

I am glad that you sent me your thin, add a few drops of lemon juice or the unbeaten white of an egg, bears which is answer may help other mothers, as fore you begin to whip. ing to stay at home and enjoy their bothered with it. peace and SAFETY at the cost of the lives of others.

Answer:—Wash the hair thoroughly, in warm water and castile soap,

slumber!

rescue.

nation,

QUESTIONS AND ANSWERS

recipe for Irish Stew, and oblige,
Mrs. P. C.
Answer—Cut two pounds of mutton scratches from paint. greatest sacrifice a mother can pos- into cubes, and saute in a frying pan. . Spirits of camphor will take out sibly make—but you must remember Add the following vegetables, cut in-peach stairs.

that all the millions of men under to clices: I carrot, 1 onion, 1 stick All traces of mud spots will disarms today have mothers, too, and of celery, I turnip and two cups of appear by rubbing the goods with a all those mothers are making the potatoes. Now put the meat and raw potato. same sacrifice, and you must also re- vegetables into a stewpan. season When embroidering initials on member that SACRIFICE, FOR with salt and pepper, cover with handkerchiefs or table napkins, sew DUTY'S SAKE is the highest earthly cold water and stew gently for two the corners of four together. This function which the human soul can hours; thicker with a tablespoonful not only saves time, but the hoops fit of flour mixed in a little cold water, better. before serving.

him marchng home, with his victor- Will you please give me a recipe The pen will then write without Morning and Evening Prayer-Maious comrades, great joy and high for chicken saled and tell me if this scratching.

answer the call to arms—to aid his celery, mix well and serve on lettuce, cutting will be more accurate.

be but a question of time, when Answer (2)-Yes; it is quite correct

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS

my consent. He is our only son, in swer be?—and what will YOUR ans- Answer-Croam, to whip properly, should be thick (xx cream.) If it is

subject for this week's Straight Talk, who apparently seem more than will- rid of dandruff as I am very much

stinct within us, and while the world "Canada! Canada! Wake from thy and apply sulphur ointment. If there is a crust, almond oil may be rubbed Britain is calling for a'd in the fight. in at night, to soften the scalp, and Foes are besieging her; rush to the the hair well washed in the morning. It may be necessary to repeat this for As against sentiment, there are the Hast thou forgotten the debt that two or three days before the head is free from scurf Dost thou remember how much she Dear Miss Richmond:

When a near relative dies, how To make of this people a truly free soon afterwards may I pay formal visits. "In Mourning." upheld and guarded. It is better to Counting as nothing the conquest she Answer—Six months is the conven tional time.

HOUSEHOLD HELPS

To remove mildew stains, boil the garment in water, to which cream of Could you give me a real good tartar has been added, and lay in the Lemon juice will remove match

Prayer and testimony meeting 7.30 n.

To mark linen easily, dip the article in cold starch and let it dry.

ious comrades, great joy and high for chicken saled and tell me if this bonor will be his—and yours.

Should he not return, the honor that will be yours will be none the less, for you did your duty—and he less, for you did your duty—and he should you still refuse to let him Should you still refuse to let him cellers, mix well and serve on lettuce.

The call to arms—to aid his cellers, mix well and serve on lettuce.

The chicken saled and tell me if this is suitable to serve at a support, after a swarting out clothing, you can do away with pirs and weights or tissue paper patterns. Lay the pattern on the material and press it lightly with a warm iron. The pattern will be more accurate.

DOROTHY RICHMOND

The Disease is Always Rooted in the Blood, Which Must be Made Rich and Pure

ed by liniments and rubbing, over- following. looking the medical fact that the Every dose helps to make rich, red The Premier said: 'Germany has blood, and this new blood expells the been disturbed in her rapturous poisonous acid, bringing health and dreams of victory by this wave of comfort to the tortured victim. Do ments and outward applications. Give From the first day of the struggle, and thus drive the disease out of despised History, and to violate the your system. Here is preof of what neutrality of Belgium and invade cases of this kind. Mr. Richard Pal- France, she pleaded the rights of self mer, Wroxeter, Ont., says: "For interest alone. Since then her govthrough a combined attack of rheu- opinion of the world had to be reckmatism and sciatica. The rheumatism seemed to settle in all my joints the sciatica had disappeared and I most illustrious representatives, bear was able to go to work again as witness to the fact that our enemies usual, and have not lost a day through had long since determined to array illness since. I am thoroughly grateful for what Dr. Williams' Pink Pills their forces against us. One of these have done for me and hope my ex-

as these that has given Dr. Williams' Pink Pills their world-wide popularity. You can get the Pills from any preparations for an outbreak and armedicine dealer or by mail at 50 range for peace-parleys in London on cents a box or six boxes for \$2.50 July 31st, 1914, both France and Rusfrom The Dr. Williams' Medicine Co., sia consented to the plan and Peace Brockville, Ont.

PATRONIZE HOME TRADE

Read the Ads. August 1st, rendering a call to arms in today's issue And if Germany 'nipped Peace in

RHEUMATISM Notes and Comments

FRENCH GOVERNMENT'S

imagine that rheumatism can be curdate of January 5th, contains the tery of the world.

driving out of the system the poison- Chamber of Deputies, and we quote moreover snce in spite of their de

not waste time and money in lini-Williams' Pink Pills a fair trial she ignored Right, appealed to Force. months my life was made miserable ernment has understood that the

and the sciatica pains were so great tempted a jutification of that I could scarcely hobble about. I its

am a farmer, and so you can under—
to lay the responsibility of ble regeneration out of which springs the war upon the allies. But above unexpected happiness for the wronged sinner, is not the best kind of a story that I could scarcely hobble about. I its conduct by endeavoring able to do my ordinary work. Neither doctors nor various remedics I took did me any good. Finally I was in—
which no longer deceive even the did me any good. Finally I was induced to try Dr. Williams' Pink Pills and for this I have much to be thankpal ful for, as after taking a few boxes the pains began to disappear, and by appear to disappear to disappear. the pains began to disappear, and by even the striking speech made just the time I had taken nine boxes every twinge of both the rheumatism and lately at Rome by one of noble Italy's

documents, if required, would alone perience will benefit some other suf- suffice to enlighten the public; for instance, when at the proposal of the it is the curing of just such cases English government, the nations now would have been insured at this eleventh hour if Germany had done

> But Germany cut matters short by declaring war against Russja, on une voidable.

the bud, diplomatically, it was be-DECLARATION TO PARLIAMENT, cause the last forty years, she has A bulletin of information of "Facts which she has unceasingly worked about the War" published by the for, and that was: the crushing of There are still many people who Paris Chamber of Commerce, under France in order to obtain the mas-

"The Prime Minister, M. Viviani, brought before and will be judged by Preyer and Praise Service, Wednestrouble is rooted in the blood. Rheumatism can only be cured by c'eans— has made on behalf of the Cabinet History, in whose tribunal no room ing and enriching the blood, thus an important declaration to the for bribery or corruption is found which cause the rieumatic the most remarkable passage on the sire for Peace, France and her allies pelas. Dr. Williams' Pink Pills cure causes of the present war, and the have been dragged into war, they the most obstinate cases of rheumatism because they go straight to the

> CASTORIA The Kind You Have Always Bought

Signature of Chart Flitchers

This is what the Chicago Record-Herald says of our new serial story, "The Lapse of Enoch Wentworth": "This gripping story of a strange poker game, a stranger bond between to take up late in the evening, but

United Baptist Church Rev. M. S. Richardson

CHURCH DIRECTORY

SUNDAY SERVICES

Morning service, 11 a. m. Preaching service, Derby, 3 p. m. Evening service, Newcastle, 7 p. m. Mid-Week Service - Wednesday

Seats free, all welcome.

St. Andrew's Church (Anglican)

Rov. W. J. Bate

Holy Communion-1st Sunday in month at 11 a. m. 3rd Sunday in month at 8.30 a. m. nesday Evensong, 7.36.

> St. Mary's Church (Catholic)

(During winter months from Novem ber to May.)

Early Mass with sermon, etc., 9.00 Lete Mass with screen etc., 11.00

Aloysius Society for boys, 1.30. Children baptized, when there are \$8 to the Dominion Government in the Saptisms, 2.00 p. m.

Methodist Church

Rev. Dr. Harrison

All these disclosures have been Sunday Services 11.00 a. m. an 1 7.00 tay, 7.30 p m.

The Kirk

St. James Presbyterian Church Rev S. J. Macarthur, M. A., B. D.

Worshop Sunday, 11.00 a. m. and Sabbath School, 2.30 p. m.

Salvation Army

Capt. P. Forbes Holiness Meeting-11. a. m. Praise and Testimony Meeting-3.00

Salvation Meeting-6 p. m Public Meetings-Tuesdays, Thursdays and Saturdays-8.00 p. m.

Minard's Liniment Cures Burns, Etc

Be Loyal To Your Own Community



You'll Like the Flavor 35c, 40c, 45c, 50c Per Pound

CRITICISM LEVELED AT "MADE-IN-CANADA"

ho is Most Loyal-the Man Who Pays the Duty or the Man Who Provides Work?

Nothing succeeds like success! The Made-in-Canada" appeal has been so all-pervading during the past few months that it has stirred up criticism here and there among some Can adians. This is perhaps the best tribute possible to the compelling swept over Canada since the war be gan. If the propaganda for the pur workmen in Canadian factories was lacking in strength or logic, if it was from the great majority of Canadian consumers, no one would pay any neglect. It becomes interesting therefore, to note some of the isolated objections that have been raised

Not a Huge Monster The commonest criticism runs omething like this: That the pur chaser who buys a foreign-made article pays a certain sum of money in the form of customs duties on it This money goes to the Nationa Treasury, helps run the country and helps keep our soldiers on the firing line. Whereas if the purchaser buys R.A.LAWLOR, K.C. J.A. CREASHAR, LL B. 'Made-in-Canada" product no duty flows into the National Treasury, and according to the theory of the critics an amount corresponding to the cus tons duties is pocketed by the manu facturer in the form of increased profits. These who take this position cannot see beyond the manufacturer That is their difficulty. To them the captain of industry is an obsession They regard him as a huge monster reaching out for every dollar that the Canadian consumer has in his pocket and thinking nothing of the welfare

of Canada or her citizens as a whole The Case of Plows One Western farmer has written a letter to a prominent Western farm S. B. Miller's American-made plow because the duty on it would go to the Government. month). Eversong at 7.00. Wed- Has this correspondent no regard for the thousand workmen or so who would be employed in the Canadian Fresh Meats Always on hand plow company, whose goods he re-

jected in favor of the foreign article? Do they do nothing for Canada? Are they of no value to the community in which they are working and spending their wages? Are they not contributing through their daily pur-

national revenue as is the farmer? In the transaction in question this particular farmer paid, we will say, form of duty. A Canadian plow factory the writer has in mind in a Western Ontario town would probably Biessed Sacramont, etc., 7.00 p. m. average 1,000 employes, whose average wage would be \$60 per month, or \$720 per year. Every dollar of this income is spent in Canada. It is spent for food and clothing, house necessarily have to be imported, and on which duty will be paid. Assuming that the average employe only in the form of customs duties or \$15 in round numbers in a year, we have this factory alone of \$15,000 to the

national exchequer. A Bad Example

If every farmer followed the example of our correspondent and bought, a plow made in United States there would be no plow factories in Canada, and not only the \$15,000 contributed to the national revenue by this one firm's employes would be lost, but also thousands of dollars by the employes of other plow and implement factories, which would be forced to close down through lack of business. And what of the tradesmen who supplied these Canadians with the necessities of life, and the with the necessities of life, and the mechanics who built their homes naved their streets and operated their transportation systems? What of the doctors, lawyers, school teachers and clergymen who minister to their social and spiritual needs.

It is a peculiar strain of patriotism that would impel a Canadian to-day to send his money to a foreign country for a foreign product, to build foreign workshops, to develop foreign towns and cities, and increase prosperity in a foreigh country at a time when his steamship Corporation of employment, when there are bread lines in some of our cities, and when we are straining our national sources as never before to keep the wheels of industry turning and the is not a time for individual choice and action. It is a time for nationa co-operation. Keep the workmen in Canadian plow factories employed. Busy workmen will keep our national revenue buoyant and achieve the object which our Western friend had in view when he bought the foreign plow.

GREEK ARMY OFFI-

CERS ARE RECALLED Geneva, via Paris, March 7.-All Greek army officers in Switzerland were recalled Saturday. Other Greeks of a military ago must pre sent themselves at the offices of the consul scherely in Geneva before March 11. The opinion is expressed by many hore that there is to be a general mobilization of the Greek Army.

We have put hundreds on the road to SUCCESS. Let us do the same for YOU. Write for particulars. Address.

Orders left at Hotel Miramichi will be attended to NEWCASTLE, N. B. Principal

Use Less Shortening

HE Pies and Cakes you bake for the Church Supper will meet the critical eye and the expert taste of all the other good cooks in the neighborhood. Naturally, you want your contribution to be up to your standard.

Make sure of having everything your best, by using "Beaver" Flour—the famous blended flour. If you have never tried it, order a bag today.

Ask your grocer — he knows how good "Beaver" Flour is.

DEALERS—write us for price: on The T. H. Taylor Co. Limited Feed. Coarse Grains and Cereals. 179 Chatham, Out.

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Meat Store

Vegetables in season. C BEEF SPECIALTY

Shop corner of Jane and Pleasant Newcastle, N. B Phone Nos. House, 136; Shop-59

The House they will Call Home will be the

MIRAMICHI HOTEL NEWCASTLE, N. B. We will try to make it the most popular hotel on the grand Miramichi river. Cusine Department Un- celled.

Table To The raveler

E. LEROI WILLIS

SOUR, ACID STOMACHS, GASES OR INDIGESTION Each "Pape's Diapepsin" digests 3000 grains food, ending all stomach

misery in five minutes. Time it! In five minutes all stom-

"What we have we'll hold, so keep the wheels going, keep the crops growing, and keep the dollar at home. ·····

Eastern

INTERNATIONAL LINE

REDUCED FARES St. John to Portiand Staterooms, \$1.00. Leaves St. John Thursdays at 9.00

A. M. for Lubec, Eastport, Portland Returning leaves Central Wharf, Boston 9.00 A. M. Mondays, for Portland, Eastport, Lurec and St. John. St. John City Ticket Office,

A. E. FLEMING, T. F. & P. A., St. John, N. B. A. C. CURRIE, AGENT.

W. J. DUNN



Any person who is the sole head of a family, or any male over 18 years old, may homestead a quarter section of available Dominion land in Mantoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency of Sub-agency for district. Entry by proxy may be made at any agency, on certain conditions, by father nother, son, daughter, brother of sister of intending homesteader.

Duties: Six months' residence upon and cultivation of the land in each of three years. A homesteader.

apon and cultivation of the land in each of three years. A homesteader may live within nine miles of his nomestead on a farm of at least 80 acres solely owned and ocupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter section alongside his homestead, Price \$3 per acre

Duties: Must leside upon the homestead or pre-emption six months in each of six years from *ate of homestead entry (including the time required to earn homestead patent) and cultivate fifty acres extra.

A homesteader who has exhausted

and cultivate fifty acres extra.

A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may enter for a purchased homestead in certain districts. Price, \$3 per acre. Duties: Must reside six months in each of three years, cultivate fifty acres and erect a house worth \$300.

W. W. CORY.

Deputy of the Minister of the Interior.

N. P. - Unan horized publication of this advertisment will not be paid

GIVE "SYRUP OF FIGS" TO CONSTIPATED CHILD

cloue "Fruit Laxative" can't harm tender little Stomach, liver and bowels.

Look at the tongue, mother! Look at the tongue, mother! If coated, your little one's stomach, liver and bowels need cleansing at once. When peevish, cross, listless, doesn't sleep, eat or act naturally, or is feverish, stomach sour, breath bad; has sore throat, diarrhea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, foul foul constipated waste, undigested food and sour bile gently moves out of its little bowels without griping, and you have a well, playful child again. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which commach large dren of all ages and for grown-ups.



Wanted

A girl familiar with general house 4.50 work. Good wages paid for one who MRS. E. A. McCURDY

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