

Another Royal Suggestion GRIDDLE CAKES and WAFFLES

From the NEW ROYAL COOK BOOK

THERE is an art in making flapjack pancakes, griddle cakes or wheats, call them what you will. But it is an art very easily and quickly acquired if you follow the right recipes.

Here are some recipes for a variety of breakfast cakes that will make grandmother envious. The secret, of course, is Royal Baking Powder.

Royal Hot Griddle Cakes

1/2 cup flour
1/2 teaspoon salt
4 teaspoons Royal Baking Powder
1/2 cup milk
1 tablespoon shortening
Mix and sift dry ingredients; add milk and melted shortening; beat well. Bake on slightly greased hot griddle.

Griddle Cakes with Eggs

1/2 cup flour
1/2 teaspoon salt
4 teaspoons Royal Baking Powder
2 eggs
1/2 cup milk
1 tablespoon shortening
Mix and sift dry ingredients; add beaten eggs, milk and melted shortening; mix well. Bake immediately on hot griddle.

Buckwheat Cakes

2 cups buckwheat flour
1 cup flour
6 teaspoons Royal Baking Powder
1/2 cup milk or milk and water
1 tablespoon molasses
1 tablespoon shortening
Sift together flour, baking powder and salt; add liquid, molasses, and melted shortening; beat three minutes. Bake on hot greased griddle.

Waffles

2 cups flour
4 teaspoons Royal Baking Powder
1/2 cup milk
2 eggs
1 tablespoon melted shortening
Sift flour, baking powder and salt together; add milk to yolks of eggs; mix thoroughly and add to dry ingredients; add melted shortening and mix in beaten whites of eggs. Bake in well greased hot waffle iron until brown. Serve hot with maple syrup. It should take about 1 1/2 minutes to bake each waffle.

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"Bake with Royal and be Sure"

The higher you climb the farther you may fall, but don't let that prevent you from striving to climb high.

In the old days the girl used to show the young man the photographs in the family album. Now she expects him to take her to the moving pictures.

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FOOD AS MONEY

Salt has often been used as money—is, indeed, still so used in some parts of Central Africa—and that an ancient chronicler, Marco Polo, writes of salt being used as money in Tibet, where it was made up in the form of "moulds" each weighing half a pound. Eighty of those were of the same value as a gold coin weighing one-sixth of an ounce.

Brick tea is a regular form of exchange in the western parts of China and in Mongolia.

These bricks bear an official stamp stating their value. When small payments have to be made, a brick may be broken into pieces.

In the Shan States, too, tea is still used for a similar purpose, but there it is made up, not into bricks, but balls.

In the Molucca Islands cloves were once money, and at a much later date bitter almonds were so used in some part of India.

Cocanuts are the common form of exchange among the natives of Nicobar. For instance, a packet of matches is worth twenty cocanuts, while for needles the price is one cocanut each.

GLASS THAT CAN BE BENT

A new substitute for glass or for lacquer has been invented. It can be cut with shears or with a knife and, when heated to more than 100 degrees centigrade, it forms a kneadable mass which resumes its previous hard state on cooling. It is known as "celion".

Under the patents of Dr. Eichelgrun a company is making celion in the form of a solid or liquid solution of acetyl cellulose in camphor, either colorless or colored, transparent or opaque. It appears in slabs, or tube form, as well as in the form of a plastic mass, as putty to be used for lagging purposes or as an anti-rust liquid.

The hard vitreous celion is bendable and springy and insensitive to cold water, soap, fat, alcohol or petrol. When burnt in a flame it drops off like shellac, without, however, being as combustible as the latter. Celion varnish, which can be allowed to harden or solidify into flexible layers, is suitable for many industrial purposes. Liquid celion can be used for impregnating textiles or for making insulation tape. In this latter form it can be taken from the round box in which it is wound up, even in the moist condition, and allowed to harden in air.

A Series of Talks on Music

By Prof. C. C. Laugher, Mus. Bac., Sarnia.

NO. V.—CHEST OF VIOLS.

The family of viols is generally considered to be various sized instruments played with the bow, by drawing them to vibrate thus producing the sound.

The most ancient viol on record is the Ravanastron, an ancient Hindoo instrument supposed to have been invented about 5000 years B. C. The sound box resembles the bowl of a pipe and the long neck into which two pegs are inserted the stem. It has but two gut strings and is played with a bow of hair and bamboo. This instrument is still used among the Chinese and other Buddhist people.

An instrument of that type that we do know about is the Rebec. This instrument is mentioned historically as appearing in Europe in the eighth century. It has a pear shaped body terminating in a slender neck, also having three strings and from the rebec we have the viol.

The first viol was originally the size of a viola or tenor violin as used in the modern orchestra.

The chest of viols is a huge case with a family of viols in, comprising two trebles, two tenors and two basses. All we now have left in general use of the viol family is the violin, viola, violoncello and the double bass.

Viol da Gamba is an instrument about the size of the violoncello, but is no more used as the violoncello displaced it. The gamba had six strings and bars or frets across the finger board.

Another instrument was the Viol di Bardone, also having six strings but below the neck lay sixteen metal strings which were plucked with the left hand.

Many instruments of the viol family have been added from time to time, but were short lived.

The Viola Bastarda was an instrument a little smaller than the bass viol. The instrument fell into disuse about the seventeenth century.

An instrument called Viola da Braccio, was another instrument having six strings and was known as the arm viol, as it required to be held in the bend of the arm when played.

Viola da Gamba mentioned above was called the leg viol. Owing to the size of the instrument it was held between the knees when played. It is now obsolete.

An instrument called Viola Pomposa was a five string viol and measured four feet in length, said to be invented by J. S. Bach. This instrument was played like the violoncello.

The violin of to-day takes predominance in the formative period of modern music because it has such opportunities for brilliance and melodic expressiveness.

Sir John Hawkins tells of the early viol thus—"The viol was in use only to accompany the voice and when madrigals and singing was in the decline gentlemen began to excel on the violin and substituted instrumental music in place of vocal. The composers therefore framed compositions called fantasias for the violin, these compositions having six parts answering to the number of viols in a set or chest.

We have now traced the violin kind and noted the development right from its rude beginning to its present perfection. It certainly makes one of the most interesting subjects in the history of instrument making.

Only one of the remaining bowed instruments used in the modern orchestra has retained the viol model. This is the double bass with its flat back and sloping shoulders.

The violin itself has remained unaltered for three hundred years and no further improvement seems possible.

There are many great sporting contests in the United States, but none surpasses in popular interest the annual football combat between Harvard and Yale. The fact that nearly 80,000 people witnessed the game on Saturday, when Harvard won by kicking three goals from the field, indicates what a tremendous event the annual meeting of the crimson and the blue has become.

D. J. Murphy, of Kentville, a returned soldier, has been appointed emigration agent for the department of immigration and colonization by the civil service commission.

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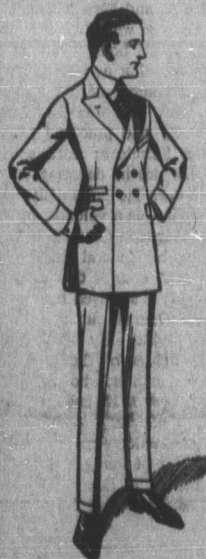
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