FIVE-MINUTE SERMON. Fourth Sunday after Easter.

CHRISTIAN INSTRUCTION.

Brethren, I fancy if St. James were addressing the Christians of our day he would be inclined to lay a little more stress upon the hearing of the word; for whatever may be said about the "doers of the word;" in the said about the "doers of the word; the said about the "doers of the word;" in the said about the "doers of the word; the said about the "doers of the word;" in the word of the word; the word of the w whatever may be said about the word" it cannot be denied that the number of those who hear God's Word with advantage might be increased. Indeed, there are many for whom a High Mass sermon, in view of its rarity, would be a luxury, and for whom even a five minute sermon is long and wearifive minute sermon is long and weari-some. In addressing you, dear brethren, some. In addressing you, dear oreafren, it seems hardly necessary to dwell much upon the importance of hearing God's holy Word, for we have reason to believe you value it most highly. But there are none of us who know too much; we are born in ignorance, and as long as we live we must feel the need of instructions and exhortations on the great ques tions and exhorations of the great quarties to the soul—how to live and how to die well. This the Word of God supplies, for, as St. John Chrysostom says: "What food is for the body, the Word of God is to the soul," and if we word of God is to the soul," and if we neglect to nourish our souls with the food, we shall eventually grow wearied

through want of strength. But the important question is this: no am I to hear the Word of God? Oh! how many Christians have listened to the Word of God, which He Him-self declares to be "words of fire," and have profited nothing, have remained cold and indifferent to warnings of that voice that "breathes where it listeth"— Christians who fancy they are wise enough and experienced enough, and who never think of applying these burning words to themselves.

and cold in God's service, and die

How can I hear the Word of God with profit to my soul? "With meekness," says St. James, "receive the engrafted Word, which is able to save your soul."
Our Lord frequently likens the Word to
the seed which the tiller sows in the field. Now, he who sows in the seed must first carefully prepare the ground, for the harvest will be in proportion to the care he bestows in the preparation of the ground. The seed is the Word of God; and, dear brethren, your hearts, not your ears, are the ground, and therefore you must prepare your hearts. And how? Just as we must cleanse the ground from all that would prevent the seed from bringing forth good fruit, so must it be with the heart. Is mortal sin there? Turn it out, for it is mortal sin which, like thorns, will choke and destroy the good seed. Receive the Word of God with docility and meekness, with a longing desire to learn from Him through His minsters how to lead a Him through His minsters now to lead a life worthy of our calling. "He who has ears to hear let him hear," says our Lord. Indeed, brethren, we all have ears, and why is it, then, that we do not hear? I will tell you why we do not hear, why the voice of God does not penetrate into our hearts. It is because the soil is not prepared: it is because we come to hear the Word with hearts filled with worldly cares or even evil desires, with deep-rooted attachments to things unlawful, with no intention of learning how to lead better lives. If it were only something new we had to some new doctrine, some new and fanciful creed; but no, it is the same Word that was spoken to the early Christians, only new by its practical application to our hearts.

But now, brethren, mark how St. James would have us not deceive ourselves. It is not enough, he tells us, to come here Sunday after Sunday and listen to the Word of God, but we must be doers of the Word; that is to say, we must carry out practically in our every-day life the lessons and inspirations which have been offered us through the ministry of preaching. For if a man, says he, be a hearer of the Word and not a doer, he shall be compared to a man beholding his natural countenance in a glass; for he beheld himself and went glass; for he benefit hinself and wenthis way, and presently forgot what manner of a man he was. Be not like this man, brethren, if you would save your souls. When listening to the Word of God, wherein the wants, the failings, the defects of your souls are mirrored forth, each of your way forgetful of what forth, go not your way forgetful of what through God's grace, has been revealed to you, but with meekness receive the engrafted Word, which is able to save your souls, and blessed will you be if you hear the Word of God and keep it.

SCOTCH MINISTER'S WIFE EXPLAINS HER CONVERSION.

I was brought up an Episcopalian, and when of an age to understand, I joined the High Church party, believing that the English Church had come down from the Apostles and having been taught that the Church of Rome was as week, a solving at a Church as a way of the much a schismatic Church of Rome was as much a schismatic Church as any of the dissenting bodies. True, I did wonder and enquire (of a Protestant) what was the meaning of our Lord's words to St. Peter, when he said: "Thou art Peter Peter, when he said: "Thou art Feter and upon this rock will I build My Church," etc., but I was put off for a time by being told that the rock meant Our Lord's doctrine. Then of course, I was always brought up to look upon the Catholic Church as something quite outside our own religion, as something dangerous and not to be enquired into; as one that worshipped images, placed the Blessed Virgin on a level with Christ, and altogether taught very false and erroneous doctrines. Such a thing as enquiring of a Catholic what their belief really was never entered my head. Finally I married a Presbyterian minister, and lived in a place where there was not even an Episcopal Church nothing but three small bodies of Presbyterians, all quarrelling with one another. This state of things went on for nearly eight years; but last summer, in the good providence of God, I went on a visit to England, and the very first Sunday, hearing there was to be a grand service in the Roman Catholic Church. service in the Roman Catholic Church, I thought perhaps there would be no great harm if I went in the evening after so much Presbyterianism, and especially as there were only very Low English Churches in that town. It was a grand service, being the Sunday in

the octave of Corpus Christi; but more than that the sermon was preached by one of the Redemptorist Fathers, the beginning of a course of ser-mons to Protestants to explain the Catholic Faith. It was a sermon show-ing how the Catholic Church was that one which came straight down from St. Peter through the Popes to the present day; the English Church having its beginning only with Henry VIII. In fact, the sermon explained instead of explaining away our Lord's words to St. Peter. (Matt. xvi. 18). Coming out of the church the Rev. Father spoke to or the church the Rev. Father spoke to me, and asked me if I was a Catholic, to which I promptly replied: "Yes, an English Catholic." He then same me that one could not be English Church and Catholic at the same time: the words were a contradiction of one another, as Catholic meant world-wide. I went to see him next day, firmly con vinced I should never become a Catho-lic but thinking it was only fair to hear both sides. The Rev. Father contin-ued his Mission for a week, and to make a long story short by the end of a month was admitted into the Catholic Church having discovered that it was that Church the keys of which Christ had given to St. Peter, and through him to all the Popes in succession down to the present day, and the Church of which He said; "He that heareth you heareth Me.' There were terrible difficulties to be

faced and I knew it would probably mean either the breaking up of our home life, or the loss of my husband's position. It seemed a cruel thing to him after having married him as a Protestant; and withal I was a moral coward. But thank God, He gave me strength sufficient for the day, and the reward has been even now as our Lord promised, a hundred fold.

When one sees the true Church, there is only one thing to be done. Christ has left one Church, not many churches, and if we love our Master, we must follow whithersoever He leads us, and we must unite ourselves to His Body, "the fullness of Him Who filleth all in all." People call us idolaters; and let

us glory in the name if by that idolatry is meant the adoration and worship of Our Saviour, the Incarnate Son of God. Our Saviour, the Incarnate Son of God.
They tell us when He said: "This is
My Body," He meant, "This is not
My Body. "Is He God, and can He not
do what He will with His ewn? Can
He not turn bread into Flesh, and wine into Blood. Who being God from all eternity became Man, and at His first miracle turned water into wine? And He can do as great miracles of grace now in enlightening the darkness of those who know not the truth of the Catholic Faith, and in giving them strength to take up their cross and follow Him, when they feel their conscience bidding them do so. And let me here say a word to any one who are not yet Catho-lics, and who may chance to read these lines. Do make quite sure, before it is too late, that you are in the Church Christ left. Do not appease your conscience by telling it that because you were brought up in a certain Church that must be the right one. If we were brought up as Jews or Mahommedans, we should naturally think we were right but God has given to each of us our intellect and reason, and we must make use of these gifts, as no one of us can answer for another; for "we must all stand before the Judgment seat of Christ." And above all do go for your informa-tion about the Catholic religion to a Catholic priest, and not to a Protestant, who cannot from the very nature of things, know what our religion really is, and from whom one generally hears anything but the truth about it.

and cheering any who are facing perhaps as great as I had to face myself, that I pen these few lines. Since becoming a Catholic, I have met some who have given up everything of this world's goods for the sake of obeying Our Master's voice, and joining His Church and they count it all malls. It is with the hope of encouraging goods for the sake of observed His Master's voice, and joining His Church and they count it all well lost for they have gained: "The Pearl what they have gained: "The Pearl of Great Price," Our Lord in His Holy Catholic Church. The best I can wish for others is that they may be led into the peace and truth of the One true Church, and then they will never cease thanking Our good Lord for His mercy. and they will make their very own the words of the Queen of Sheba, after visiting Solomon and seeing his clory, "I believed not the words until I came and mine eyes had seen it; and behold, the half was not told me."—E. G. in Glasgow Observer.

A SCENE FROM REAL LIFE.

The following is no fancy sketch but a scene from real life. It is the New York Sun's account of an incident in a police court in that city, March 8

Magistrate Joseph P. Fitch sent Jacob Decker, fifty-eight years old, one of his boyhood school chums, to jail yesterday for two months. He was sitting in the Flushing police court yesterday morning when a bedraggled individual with flowing side whiskers and tattered garment ing side whiskers and tattered garments entered unannounced. Court attendants sought to intercept the intruder, but he brushed them aside and standing before the magistrate's desk said:

"Say, Joe, don't you know me? I'm Jake Decker. Remember when we went to school and snow-balled each other. That's a long time ago. You're a Judge now, but luck has always been against a way to send me to iail for me and I want you to send me to jail for thirty days so that I can get straight-ened out. Wish I could go back to the

LIQUOR AND TOBACCO HABITS

A. McTAGGART, M. D., C. M. 75 Yonge Street, Toronto, Canada.

References as to Dr. McTaggart's professional tanding and personal integrity permitted by: Sir W. R. Meredith, Chief Justice. Hon. G. W. Ross, ex-Premier of Ontario.

Rev. N. Burwash, D. D., President Victoria Colego.

Rev. Father Teefy, President of St. Michael's College, Toronto. Rev. Wm. McLaren, D. D., ex-Principal Knox Col-

Hon. Thomas Coffey, Senator, Catholic Record London.

Dr. McTaggart's vegetable remedies for the liquor and tobacco habits are healthful, safe, inexpensive home treatments. No hypodermic injections; no publicity; no loss of time from business, and a certain cure. Consultation or correspondence invited.

WAKE UP! It's Time for

You wouldn't feel happy if you missed your Kellogg's-even one meal. Kellogg's Toasted Corn Flakes, with Milk or Cream, is a tempting, wholesome dish at any meal-every hour is "Kellogg Time." Served with Fruit, Kellogg's affords a "gize me some more" taste you'll never want to forget. Try it to-day -no

TOASTED CORN FLAKES

cooking-it's ready to

serve—just add milk.

old schooldays before I knew anything about the booze. It's the stuff, Joe, that's been my undoing. Yes, the 'good old stuff' that's put me on a greased plank and is sending me tobogganing straight to hell.

LONDON.

CANADA

" Don't be offended with me, Joe. I just got out of the hospital, where I made a fight to shake the stuff, but I'm too weak and no match for old John Barleycorn. He threw me without half trying, and here I am shaking as if I had the ague, without friends, food or place to sleep. 'Drunken Jake Decker' is what they call me now; yes, 'Drunken Jake Decker.

Don't lecture me or give me any advice or waste any words on me, for you can't feel half as bad about my condition as I do myself. You don't know my degradation and I do. Just send me to jail." An interval of silence followed. Cul-

prits in the pen leaned forward with eyes fastened on the magistrate and the pitiful delinquent before him. Decker nervously fumbled an old hat he held in his hands while Magistrate Fitch once or twice ventured to speak, but was unable to control his voice.

"Yes, I recognize you now," he finally said. "I shall heed your request and say nothing concerning your condition. You want to go to jail. Don't you think I had better send you away for three nonths?

"That's too long, Joe," returned becker pleadingly. "That too long. Decker pleadingly. "That too long. Why, spring will be here in another month; and you remember how we went trout fishing early in the spring when the grass was green. Don't make it three months."

"Well," said the magistrate, "I'll make it two months and then the weather will be better and you may have a chance to find employment." Thank you, Joe," and Decker took

his place with the prisoners in the pen. Decker was born in Flushing and had a fine business when he was a young Bad investments and drink wiped out his savings and his wife finally was compelled to leave him. For the last few years he has been gradually getting worse, and he has already served several short terms in jail for drunkenness.

LAUGHABLE BLUNDERS.

TOASTED

CORNO

FLAKES

W. K. Kellogg

The blunders of the unsophisticated cribe still furnish Catholics with food for mirth. The New Zealand Tablet gathers

together a number of reporters' blund-ers, which it finds amusing enough. It ers, which it inds amusing enough. It speaks of the reporter who faithfully described an evening Mass when he meant vespers, but this is a blunder common enough in the United States. The Sydney Morning Herald spoke of Bishop Higgins as "administering high Mass," but it was in our own country that a but it was in our own country that a daily paper told how a priest prevented in his church by boldly throwing a panie in his church by boldly three a "blazing sacristy" into the street was an American newspaper also which described the entrance of Bishops and clergy to the sanctuary in these words "They wore long flowing stoles and birettas, with cassocks on their heads, which they removed as they advanced to the altar." A historic instance of the blundering that is a joy forever was that of a reporter on an English daily paper who, in his description of the new Westminster cathedral, averred that he had "several thurifers suspended from the ceiling"—forgetting, poor fellow, that the thurifer is the person who car-

ries the thurible or cens

A Scottish Catholic paper tells about a description which appeared in a Glasgow secular paper of the consecration of a Bishop in St. Andrew's cathedral. The vesting of the consecrating Archbishop was summed up in this phrase; ishop was summed up in this phrase;
"His Grace was adorned with the amice,"
and all that was said of the long and
solemn function was that "the Arch
bishop engaged at Mass at the foot of
the altar." The same paper tells of a
reporter of a Highland paper who, describing a High Mass celebrated at the
Fort Augustine Repedicitie monastery Fort Augustine Benedictine monastery by the late prior, the Very Rev. Jerome Vaughan, penned this inimitable sen-tence: At this point of the proceed-ings thevery reverend gentleman turned round and observed in stentorian tones, Dominus vobiscum!" Edinburg paper," adds our Glasgow con-temporary, "which gravely stated that the Bishop of Argyll and the Isles sang Haydn's Sixteenth Mass; and it

HELPS NATURE FIGHT DISEASE The white corpuscles in your blood are con



Copyright 1907 by Dr Hercules Sauche

tinually fighting invading disease germs and poisons. Generally they win, but sometimes they are overpowered and you get sick. OXYDONOR, a wonderful little instrument

invented by Dr. Sanche comes to the rescue. Applied at night, while you sleep, it creates in the body a strong affinity for oxygen, which is then absorbed from the air. Oxygen is Nature's great disease exterminator, and when the system is saturated with it, every form of disease is driven out. Oxydonor restores abounding health and energy. Read this testimony.

358 Bathurst St., Toronto, Jan. 15, 1909

Dear Sirs .-I am deeply grateful that I ever heard of your Oxydonor. Seven years I am deeply grateful that I ever heard of your Oxydonor. Seven years ago I was suffering from chronic Lumbago. It Cured me in a very short time, and has kept me in good health. It is the "family doctor" in case of La Grippe, Colds or any incidental illness. I am glad to add my testimony to so many others who have been cured by it.

Yours sincerely,
M. A. Duncan

Swan Lake, Man., Jan. 27, 1909 Dr. H. Sanche & Co.

Dear Sirs,—
I have every faith in Oxydonor, and cannot speak too highly of its Yours truly, W. F. Hartwell curative powers.

Write to-day for our Free Illustrated Booklet, telling about OXYDONOR and its wonderful cures.

Dr. H. SANCHE & CO. Montreal, Que. 380 St. Catherine St. West

YOUR HOME



may never burn, but the candle of your life is burning steadily by day and

You have insured your home against loss by fire which may never happen, but have you insured its inmates against the loss of yourself which, sooner or later, is bound to

If you have not insured your life, do so to-day, tomorrow may be too late.

Consult one of our agents, or write the

North American Life

Assurance Company

TORONTO



HOME OFFICE

YOUR CHURCH COMFORTABLY Interior Fittings and Panelling

ALTARS PULPITS LECTERNS RAILS

FONTS DESKS

The Valley City Seating Co., Ltd. Dundas, Ont,

THERE'S NOT A FLAW IN A PAIL OR TUB MADE OF

T Every one is a Solid, Hardened, Lasting Mass without a Hoop or Seam - - - -

Canada. - - - - Ask for Eddy's Matches DONALD McLEAN, Agent, 426 Richmond St., London

¶ And, beside, many other Exclusive Features are yours, too, if

you positively persist in geting Eddy's. Always, everywhere in

supplemented this remarkable item with the statement that 'the thurifer was swung gently to and fro in front of the altar.'"

"A poet," writes Father Russell, "was "A poet," writes rather Russell, was gazing one day at a beautiful rose tree.
'What a pity,' said he, 'that these roses have thorns!' A man who was passing by said to him: 'Let us rather thank our good God for having allowed these thorns to have roses. Ah! how ought we also to thank Him for so many joys that He grants to us in spite of our sins instead of complaining about the slight trouble He sends us!

DRESSY, SERVICEABLE Made to SUITS FOR SPRING

English-made by expert tailors from superior quality cloth, \$6 13 to \$13, or smart suit lengths, latest designs, which your tailor will make up, \$2.55 to \$7.20 Satisfaction guaranteed, Patterns and full particulars from GROVES & LINDLEY. 63. Cloth Hall St., Huddersfield, Eng.



Dominion Land

FOR SALE

Any Dominion Land open for Homestead or pre-emption entry may be acquired by the purchase of scrip issued by the Dept of Interior.

Volunteer Bounty Scrip entitles the purchaser to take up two adjoining quarter sections and after residing on or near the land and cultivating it or keeping stock thereon for three years he will receive a patent from the crown. Homestead entry may be made for another quarter section adjoining and under the pre-emption law another one quarter section may be purchased at Three Dollars per acre

Moose Jaw and Lethbridge District PRICE OF SCRIP \$1200 For further information and scrip

Lands in

HEALY & CO.

Phone Main 3066 131 Shuter st., Toronto, Ontario.

was the net amount of insurance on the Company's books December 31st. 1908 and the year's operation showed



made very substantial gains in other departments of its business:

(a) It gained in Assets \$1,329,098 " " Reserve 948,268 " "Income 302,571 (c) ** (d) " " Surplus 348,296

> while its ratio of expense to income was smaller than in previous years.

Head Office - WATERLOO, ONT.

O'KEEFE'S LIQUID **EXTRACT OF** MALT WITH IRON,

is an ideal preparation for building up the

BLOOD AND BODY It is more readily assimilated, and absorbed into the circulatory fluid than any other preparation of iron.

It is of great value in all forms of Anemia and Ceneral Debil-

For Sale at Drug Stores

W. LLOYD WOOD, Toronto, - Canada

MAY 8 CHATS

The Balti gentleman i how diversi type of mai there we ar is a manly ble degree as nearly as life. If he And this is as gentle a man." ("Several y an old lady

man compr great deal definition those word little boys. or little in personaliti ments. "He gua

ever may h.s great ce everyone-Cardina

true gen

ceiving w Robert definition Taking whose ki ficial, wh human be qualities no finer Can ' A mai

is going the proc He sh that if h the best will ma of a stur an adva that the goal, th sooner o

proposi locsely the lea it, you A m up and obstacl And h great things who an a grain

Hev ings, n He He He his co

sistan or too of need he er for se erous
of fri
He
spend
He
will r
there
He
fulne
He