

and 46 inches bust measure. Size 38 requires 5 3/4 yards of 44-inch material. Price, 10 cents.

2950. A Stylish Frock. Cut in 3 sizes: 16, 18 and 20 years. Size 18 will require 4 3/4 yards of 44-inch material. Width of skirt at lower edge, is about 1 1/2 yard. Price, 10 cents.

2940. Girls Dress. Cut in 4 sizes: 8, 10, 12 and 14 years. Size 10 will require 4 1/4 yards of 30-inch material. Price 10 cents.

2951. Girls Dress. Cut in 4 sizes: 6, 8 10 and 12 years. Size 8 requires 3 1/4 yards of 36-inch material. Price, 10 cents.

2962. Practical Work Dress. Cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 requires 5 3/8 yards of 36-inch material. Width of skirt at lower edge is about 2 1/4 yards. Price, 10 cents.

2947. Ladies' Apron. Cut in 4 Sizes: Small, Medium, Large and Extra Large. Size Medium requires 4 1/2 yards of 36-inch material. Price, 10 cents.

2963. A Smart Gown. Cut in 3 sizes: 16, 18 and 20 years. Size 18 will require 5 3/8 yards of 36-inch material. Price, 10 cents.

2809. Ladies' Dress. Cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 will require 6 yards of 44-inch material. Width of skirt at lower edge, is about 2 yards, with plaits extended. Price, 10 cents.

2960. Girls' Dress. Cut in 4 sizes: 6, 8, 10 and 12 years. Size 10 will require 2 3/4 yards of 44-inch material. Price, 10 cents.

2966. Girls' Dress. Cut in 4 sizes: 8, 10 12 and 14 years. Size 12 will require 3 3/8 yards of 40-inch material. Price, 10 cents.

2961. A New Apron. Cut in 4 Sizes: Small, 32-34; Medium 36-38; Large, 40-42; and Extra Large, 44-46 inches bust measure. Size Medium requires 3 1/2 yards of 36-inch material. Price, 10 cents.

2774. Ladies' House Dress. Cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 requires 5 3/8 yards of 44-inch material. The dress measures about 2 1/4 yards at the foot. Price, 10 cents.

2942. Boys' Play Suit. Cut in 4 sizes: 2, 3, 4 and 5 years. Size 4 requires 1 3/8 yard of 27-inch material. Price, 10 cents.

2813. Girls' Dress. Cut in 5 sizes: 2, 3, 4, 6, 8 and 10 years. Size 6 will require 2 3/4 yards of 36-inch material. Price 10 cents.

2928. One Piece Dress. Cut in 3 sizes: 16, 18 and 20 years. Size 18 will require 4 1/2 yards of 44-inch material. Width of skirt at lower edge is about 1 1/2 yard. Price, 10 cents.

2964-2891. A pretty Costume. Waist 2964 cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Skirt 2891 cut in 7 sizes: 22, 24, 26, 28, 30, 32 and 34 inches waist measure.

To make this design for a medium size will require 5 3/4 yards of 36-inch material. Its width at the lower edge is 1 3/4 yards. TWO separate patterns 10 cents FOR EACH pattern.

2795. Girls' Dress. Cut in 3 sizes: 12, 14 and 16 years. Size 14 will require 4 1/2 yards of 36-inch material. Price, 10 cents.

2952. Girls' Dress. Cut in 4 sizes: 8, 10 12 and 14 years. Size 12 requires 3 1/4 yards of 36-inch material for the dress, and 1 1/8 yard for the gümpe. Price, 10 cents.

2779. Ladies' House Dress. Cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 will require 5 3/8 yards of 36-inch material. Width at lower edge is about 2 1/4 yards. Price, 10 cents.

2770. A Simple Apron. Cut in 4 sizes: Small, 32-34; Medium, 36-38; Large, 40-42; and Extra Large, 44-46 inches bust measure. Size Medium requires 5 yards of 36-inch material. Price, 10 cents.

2958. Maternity or Invalid Skirt. Cut in 4 sizes: Small, 22-24; Medium, 26-28; Large, 30-32; and Extra Large, 34-36 inches waist measure. Size Medium will require 3 1/2 yards of 40-inch material. Price, 10 cents.

2949. Ladies' Shirt Waist. Cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 requires 2 3/4 yards of 36-inch material. Price, 10 cents.

2921. Girls Dress. Cut in 5 Sizes: 4, 6, 8, 10 and 12 years. Size 10 will require 2 3/4 yards of 44-inch material for the dress and 1 3/8 yards for the jumper. Price, 10 cents.

2917. A Pretty Gown. Cut in 7 Sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 requires 5 1/2 yards of 44-inch material. Width of skirt at lower edge, is about 1 3/4 yards. Price 10 cents.

2748. Boys' Suit. Cut in 4 Sizes: 3, 4, 5 and 6 years. Size 4 requires 1 3/4 yards of 27-inch

material for the waist, and 1 1/8 yards for the trousers. Price, 10 cents.

2912. Ladies House Dress. Cut in 7 Sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 requires 5 yards of 44-inch material. Width of skirt at lower edge, is about 1 3/4 yards. Price, 10 cents.

2908. Girls Dress. Cut in 4 Sizes: 3, 10, 12 and 14 years. Size 12 requires 4 yards of 44-inch material. Price, 10 cents.

2916. A Stylish Gown. Cut in 3 Sizes: 16, 18 and 20 years. Size 18 requires 4 1/4 yards of 54-inch material. Width at lower edge is about 1 1/2 yard. Price, 10 cents.

2789. Child's Set of Short Clothes. Cut in 5 Sizes: 6 mos., 1, 2, 3 and 4 years. Size 2 will require for Dawers, 1 yard, for petticoat 1 1/2 yards, for Dress 2 1/4 yards, of 36-inch material. Price, 10 cents.

2914. Ladies Apron Dress. Cut in 4 Sizes: Small, 32-34; Medium, 36-38; Large, 40-42; and Extra Large, 44-46 inches bust measure. Size Medium requires 4 3/4 yards of 36-inch material. Price, 10 cents.

The Ingle Nook

Rules for correspondence in this and other Departments: (1) Kindly write on one side of paper only. (2) Always send name and address with communications. If pen name is also given the real name will not be published. (3) When enclosing a letter to be forwarded to anyone, place it in a stamped envelope ready to be sent on. (4) Allow one month in this department for answers to questions to appear.

DEAR Ingle Nook Friends.—Do you think you can stand a word or two more about the big Exhibition? You see, the trouble is that I haven't had space in which to talk about everything all at once. To-day, however, will exhaust the subject.

Turning to my notes I find that the first one in sight is, again, about a baby,—nothing less than the measurements of a sweepstakes baby in the Baby Show. His name was John Robinson, and he was 14 months old. He was 30 1/2 inches tall; weighed 23 lbs. 6 oz.; measured 19 inches around the head and 20 inches around the chest, and his mother was one of the proudest women in Toronto!

Do you notice in following up the standards for babies set at all the shows and baby-clinics nowadays, that the very fat baby seems quite to have gone out of fashion? Good health, firm flesh, perfect measurements and alertness, are the criteria. Too much fat in babies, as in other people, is not to be desired, and no baby should be put under conditions that will give it to him.—So says modern medical science.

While the Exhibition was "on" I chanced to run into the big Labor Day Parade just as it left Queen's Park. As far as the eye could see, the streets were lined with people waiting to see the procession, which was made up of a long line of marching men, broken here and there by a band or a decorated float indicating the work of the "union" that followed. Serious-faced and intelligent-looking were the men, and, while watching them, one felt that their faces indicated that development towards true democracy which we are all anxious to see—a perpetual advancement of everybody.

The Labor Day speeches at the Directors' Luncheon at the Exhibition also marked this trend. "Labor in 1919," said Mr. Tom Moore, President of the Trades and Labor Congress of Canada, "is once more assuming its rightful position of stepping forward in the front of the fight for a higher civilization."—And Mr. Munro, President of the Toronto Trades and Labor Council, said, "The best Labor can do is to face the problems of the immediate future, to find for them a solution so they can be stepping-stones to higher aspirations," or, as he said later, "to a spiritual objective and a higher civilization," adding (one is glad to hear) "There can be no progress made except by orderly development. There can be no shortcut to the accomplishment of a higher civilization. It must be by the progress of evolution, and we hope that progress will be quick."

Since then the big National Industrial Conference at Ottawa has come on, and those who have been following the reports of the meetings will know how often a

