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Student Services

COUNSELLING SERVICES

Career confusions? Personal difficulties in living? Need to beef up your academic writing or study skills? Counselling Services for members of the UNB-STU community may be able to help you. Come to the Alumni Memorial Building (the building directly above the Gymnasium), first floor, or phone 453-4820. Our offices are open from 8:30 to 5:00 p.m., Monday to Friday. In case of an emergency after hours, a counsellor can be contacted through UNB Security, 453-4830, in Annex B. You can get a needed counselling service by phoning or dropping in to ask the receptionist for an appointment. People are normally seen on an appointment basis. However, we do have an emergency provision to see a person immediately who is in acute distress. All counselling is confidential, including the identity of those persons receiving counselling.

YOUR CAREER. . .

At this time of year, you may find yourself in some of these situations. . . in third or fourth year Arts, wondering "What can I do with an Arts degree?"... knowing that the faculty you are in is not for you, but not sure what is. . . in a technical program because your parents wanted you to do something practical, and concerned that you'd be letting them down if you switched to another faculty.

At times like these, you may feel a loss of interest in your studies, torn-up within yourself or discouraged about not having any direction in life. You may look around and think everyone knows what they want to do, but "What about me?" If these questions seem to hit you personally, then you may want to talk with a counsellor. A counsellor can help you choose a career, sort out what you want to do with your life, and enable you to make up your mind about school. For more information, contact Larry Fineiman, Career Counselling Co-ordinator-at 453-4820.

In addition to career exploration interviews, our Career Information Library is available to you with extensive information on career preparation and training occupational trends, college and university calendars, etc. Just drop in if you want to use the Career Information Library and our Secretary will show you how.

YOUR SOCIAL-EMOTIONAL NEEDS . . .

A Human Relations Communication Workshop is again being offered this term. This mutual helping workshop is for people who are down on themselves, bottling up their feelings, confused about who they are, having trouble being close to others, and for couples who are losing touch with one another. In a gentle group of twelve, participants enhance skills of sharing feelings, hearing others, discovering their own solutions and directions with mutual support, and respectfully showing nonpossessive caring. This is an intensive personal learning experience running for nine weeknight evenings plus a weekend. For information, come to a Coffee-Orientation Meeting, Room 19, Alumni Memorial Building, Tuesday evening, January 19th, 7:30 - 10:30 p.m. If you can't make the meeting or if you want more information first, call or drop by.

You can see a counsellor individually to help you deal with tension control, with feeling down or unsafe, with grieving or hurting inside a lot of the time, and with other socialemotional difficulties in living. Couples receiving help in fighting fair, improving their communication, or renewing a lost closeness with each other.

YOUR ACADEMIC SKILLS. . .

You may be finding that you would do much better in your course work if you could improve your essay writing skills, reading efficiency or study habits. Bill Davey, our Writing Lab Instructor, offers individualized instruction to help students learn more efficiently and write essays more effectively.

Three academic skill group programs will also be offered this winter term: a six-week Student Success Program -- for information, come to an organization meeting in the Alumni Memorial Building on Wednesday, January 20th from 7 to 8 p.m.; a one-day Essay Writing Workshop during February; and an Exam Skills program in March. Please watch bulletin boards for further details, or call Bill Davey at 453-4820.

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Media lack staff

By KEVIN RATCLIFF **Brunswickan Staff**

The question was whether or not The Brunswickan and CHSR have staffing problems, and if so, why. The apparent problems which exist appear quite different in the eyes of the respective chiefs than they do to the average student subscriber. Perhaps here can be found the basis for solution to certain problems.

Susan Reed, current Managing Editor and acting Editor-in-Chief of The Brunswickan responded to a number of questions concerning operations of the paper: many of last year's staff have graduated, and this has caused problems with the overall quality of the newspaper, particularly in photography. This term things look brighter with a Photo Editor who is planning to stay, and more news writers to fill the quota. Even though the paper was completed every week last term there were problems with material submission deadlines.

People have areas of personal interest, and thus the number of people who work at The Bruns to a certain degree depends upon what is being printed. This is particularly so in entertainment, but also in news and sports. People working behind the scenes putting together the paper seem to be in ample supply.

Five minute contributions here and there add up to complation of the entire job. Some people feel that they can not write for The Bruns, but in reality anyone can have a go at writing.

The Brunswickan's credibility has suffered this year by lack of editorial policy, but this has had little effect upon the staff. This is probably owing to a general disinterest in "hardline" student politics by most staff members.

Letters often arrive at The Brunswickan saying that Bruns vary also. Community responstories are unreliable, buy many people are unacquainted with the background to these stories. The newspaper's job is to criticize in some areas. Other student newspapers also receive criticism.

Staffing at The Brunswickan is volunteer, and perhaps the best way for the staff to interest new members is for them to stress how fun and valuable the experience can be. Members are not restricted because of their beliefs unless, of course, they interfere with the operation of the paper. Editorial policy stems not from one individual, but is an expression of all staff members.

Paul Buckley, current CHSR Station Director, responded to the same set of questions and offered the following insights: there is not a lack of staff at CHSR, but rather a lack of coor-

dination of staff. This problem is caused largely by a high rate of membership turnover, particularly at the executive level. This makes organization more difficult. Membership is voluntary, and naturally it is not feasible to only accept the best people to do the work. In this regard CHSR is clearly a learning center, and not solely a sounding board for the best or most competent people in the organization.

Deadlines are a problem in some areas, notably in public affairs. Music and news pose no problem. The material that is being broadcast decidely affects the number of people who work at CHSR, for many of them feel that they can make improvements. Behind the scenes work, though, is a pro-

Students today are perhaps becoming more involved with their studies, and extracurricular activities are taking a number two position. People do not want to accept all of the responsibilities, and the dedication is not there.

CHSR offers career opportunities, and thus is much less socially oriented than are many other clubs and organizations. Members of CHSR doing shows are competent, and thus the credibility enjoyed by the station is good. CHSR is a valuable learning experience, and not simply 'work". Interesting new people to join the club is largely a matter of displaying the radio station. "FM" may have scared away some people, but it has attracted others. The experience is definitely enjoyable, and also a good place to meet people.

There are no real restrictions upon people working at CHSR beyond those positions which demand some care and responsibility to the communi-. Roles in the organization differ, and thus the controls

sibility and station image are very important.

A number of people were interviewed in an attempt to find some reasons for some of the problems encountered at CHSR and The Brunswickan. The responses generally centred about The Brunswickan, and it is obvious that perceived problems at The Brunswickan are greater than at CHSR.

The general consensus was that The Brunswickan and CHSR are reliable and accurate in their reporting, but that reporting is often one-sided. Some felt that research into certain stories was not sufficient, and that personal views should be less a part.

The majority of those interviewed felt that, contrary to what Managing Editor Susan Reed and Station Director Paul Buckley stated, they would be restricted in their activities upon joining either club, or indeed would not be allowed to join at all. Attracting new people to get involved seemed to be a matter of making the valuable experience aspect of the club more clear. This would mean more advertising, but at the same time a conscientious effort would have to be made to obtain people who would not be joining simply to air their personal opinions.

The question of credibility had mixed response, with the majority feeling that personal opinion is too evident, and stories are often one-sided.

Asked if they might have an interest in student radio or newspaper if the material aired at CHSR and printed at The Brunswickan was different, the overwhelming response was yes. This was particularly the case for The Brunswickan. Contrary to Susan Reed's remarks, it was the unanimous opinion of those interviewed that editorial policy at The Brunswickan is very concentrated in its source.

Carnival continues

By JEFF IRWIN Brunswickan Staff

Today is Ski Day. There is still time to catch the bus leaving from the SUB at 11:00 am. \$11.00 gets you to and from Crabbe Mountain - complete with ski rentals and lift ticket. Skiing at Crabbe is excellent; all ski enthusiasts, and begin-

ners should come out for a really good time. The Winter Carnival Formal featuring the RCR Band from CFB Gagetown will be tonight at 9:00 at Lady Dunn Hall. Tickets are \$4.00 per couple and the dress requirements are formal. The RCR Band is an excellent band for a formal event. The music they play is quite varied.

The Winter Carnival Parade commences at 1:00 pm on Saturday from Chapman Field Parking lot. All groups wishing to enter floats should be there at 10:00 am. Prizes for first and second place will be \$150.00 and \$75.00 respec-

Extravaganza is Saturday night at 9:00 pm. Two bands will be at the SUB. The Blushing Brides do an excellent Rolling Stones repetoire and Spice feature Beatles tunes. Tickets are \$5.00 in advance from the SUB information office and \$5.50 at the door.