

work is presented to the public. It has, I have said, been designed expressly for the use of housekeepers who study simplicity and economy in the preparation of food, and who require explicit directions for their guidance. *Every recipe,—every advice—every little piece of information, is the result of personal experience.* I have set down nothing on trust, or merely because others have said it; and in all parts have endeavored to write in so plain a manner—detailing one by one every step in the process of preparing the various dishes—that any inexperienced person, I should think, could find no difficulty both in comprehending the directions and acting upon them.

It would have been very easy to extend the work to double or treble its present size, by adding a mass of miscellaneous recipes usually appended to works professing to inculcate domestic economy. But I judged it to be preferable to present an *useful* and *cheap* rather than a bulky work; and as it is, I believe that nothing of the least consequence has been omitted.

It may not however be out of place *here* to announce that the authoress has in preparation a "Home Receipt Book" which she designs to be a complete manual for all that relates to House cleaning—Dying—Repairing—Home made beverages—accidents—emergencies—the sick room—remedies—and all the thousand and one things that the head of a family requires to know.