that disease "clings to the skirts of civilization, not unlike the manner in which barnacles cling to the prows of ships, which, in the interest of industry, plough the seas". The greater our advancement in what is called enlightened life, the greater the number of enemies of its enjoyment, and the more persistent the efforts to make it miserable. With the multitndinous poor, health is the rule; with the middle classes and the rich, it is the exception. Why 1 Because it was decreed from the beginning that all mon should alike suffer; fand the pangs of a man who, in a cabin, pines for want of food, should be no more acute than the pange of him, who, in a palace, suffers for want of human sympathy, and from the attacks of Indigestion. Since constant advgncement in civilization seems to be the destiny of mankind, to rid such civilization of its concomitant evils might well be the highest ambition of the sincere well-wisher of his race. Of all men who desires pity, the most to be pitied are those who suffer from

## INDIGESTION.

This complaint is of the most common oceurrence, and it attacks and makes miserable people of all classes, and it never cures itself.

## Miclund Sminins

are want of appetite, sudden and transient distensions of the stomach, frequent ervctations, heartburn, stomachic pains, occasional vomiting, and frequenily costiveness and diarricea. Sometimes the head is affected, and din,ness of sight, double vision and slight vertigo are experienced, along with a multitude of other symptoms, depending on, a disarrangement of the functions of the nervous system.

