

THE TIMES-STAR FEATURE PAGE

Fables On Health

HEART SYMPTOMS.

MOST people suffering from an organic disease of the heart are not conscious of any pain, Mrs. Mann learned.

But pain in and around the heart is frequent with a large number of people, and when felt is a fair warning that something is wrong.

The pain may be a symptom of a serious heart trouble or it may be due to one of a great variety of conditions having nothing to do with the heart, such as gas in the stomach, intercostal neuralgia, muscular rheumatism or pleurisy. Being a bit "puffy" after climbing a flight of stairs may be the result of over weight, nervousness, lack of physical exercise, pleurisy or one of several other conditions.

Still it is wise to investigate. Heart trouble may be at the bottom of it.

Swelling of the ankles is a sign

LITTLE JOE

IF PEOPLE WOULD STOP TO THINK, THEY'D THINK TO STOP BEFORE CROSSING THE STREET



which at once suggests a poor circulation in the legs. This may be caused by a weak heart, an obstruction in the veins, disease of the kidneys or anemia.

The swelling usually is more pronounced when the patient has been standing on the feet all day. Often the swelling subsides after a night's rest.

Minard's Liniment for Colds.

Adventures of the Twins

By OLIVE ROBERTS BARTON.

The March Hare took the Twins to the place where the circus was, away down south.

They sat on his back and he covered the ground with leaps and bounds until he got there.

Down south it was summer and the circus was very comfortable—although it wasn't doing anything. It was just sitting still, you might say, in winter quarters.

"Now jump off," said the March Hare. "I've business to attend to."

Then when the Twins were off, he put on his glasses and took out a little book and began to turn the pages very fast.

"Where's the manager?" he said to the gate man.

"In there," said the gate man, pointing over his shoulder with his thumb.

"Come on," called the March Hare to the Twins. "We're going in."

"Hi, there!" called the man. "You're not allowed—"

"Pah! Queen's orders," said the March Hare shortly, and the three of them went right along without any more words.

Pretty soon they came to a tent with a sign over it.

FLAPPER FANNY says



MANY a kittenish girl turns into an old cat.

French Frock For Child

March Hare. "Children, tell this gentleman what we have been doing."

"Getting spring started," said the Twins together.

"Well, you're queer ones," laughed the Circus Manager. "And now I suppose you think you are going to get me started. Is that it?"

"Yes," said the March Hare looking into his book again. "The snow is off the ground up north and soon it will be all green. The children will be playing out of doors and the first thing they will think of is a circus. Are the elephants scrubbed?"

"No," said the Circus Manager. "But I guess you are right. It takes a month to get a circus ready to start. We'll scrub them at once."

"Are the clown suits washed?" asked the March Hare next.

"No," said the Circus Manager, shaking his head. "There's a big washing to do."

"In the callopo cleaned out so that it's last note doesn't squeak when you play a tune in the parade?"

"Not yet, sir!"

"And are the gold wagons all painted up and oiled and have the horses new shoes and has the balloon man—"

"That's enough sir," almost shouted the Circus Manager. "I forgot there was so much to do. I didn't think spring was so near up north. It's a good thing you came." And he hurried away.

But he called back, "I don't know where my clowns are. They don't stay here in winter, but act on the stage."

"We'll get them," said the March Hare.

"Then get Bimbo first," said the man. Away they went.

(To Be Continued.)

CLEAN COFFEE POT

Tea and coffee pots should be thoroughly cleaned daily. After the grounds or leaves have been emptied out, rinse with cold water, then wash in clear, hot water.

COOKING OMELETS

Never attempt to cook an omelet unless your fire is hot enough to cook it with top ring of the stove on.



HERE is a French frock for a small child, made in two shades of flannel, white and pale yellow, with black braid and a design of flannel in yellow applied on white placed in front. It has a smart surplice collar—and is fashionably short.

FRYING PAN ON FIRE

Never put a frying pan on the fire without first putting in the butter or lard, and do not put this on before it is actually required. This will prevent disagreeable, greasy odors in the kitchen.

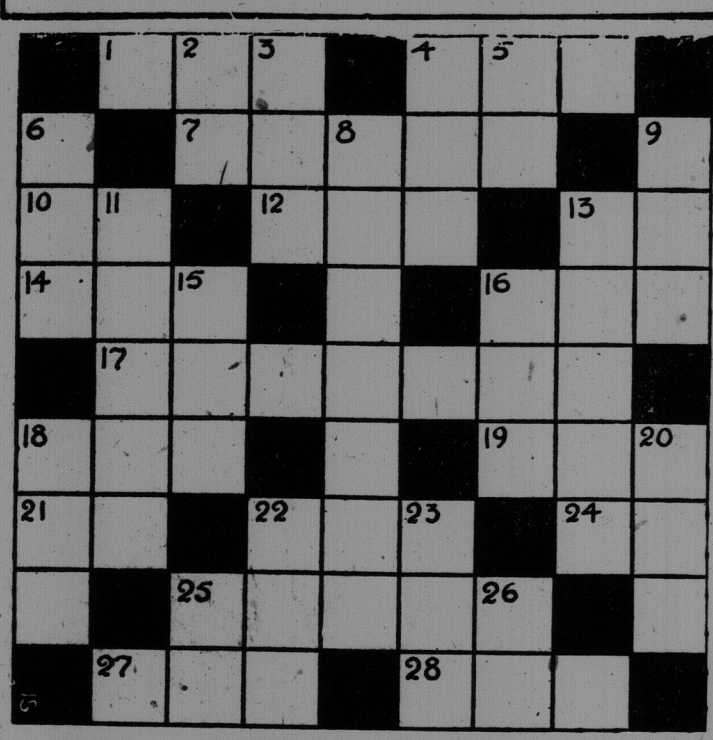
LUSTER TO GLASS

Ammonia or soda added to the water in which glass is washed will give it a distinct luster.

Yesterday's Puzzle.

TEMPERAMENTOUSNESS
R YACHT ESTOR U
AT THE DEAT OR
NUT O BEE G GAR
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Cross-Word Puzzle

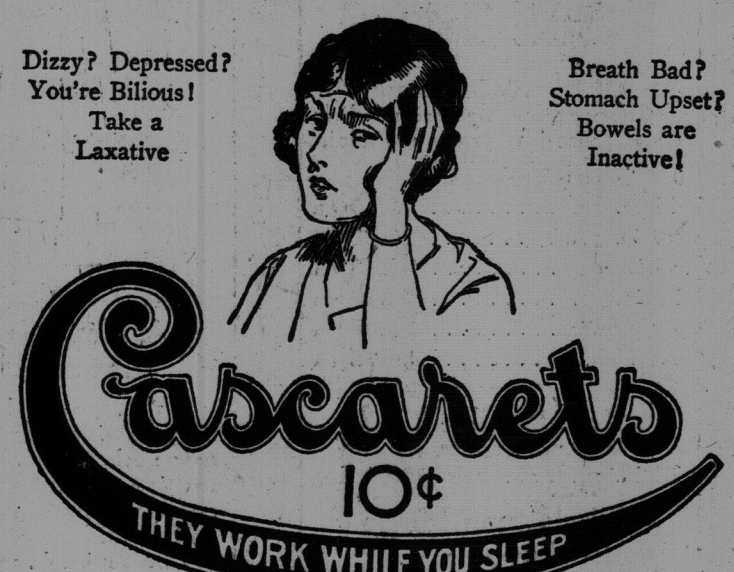


HORIZONTAL.
1—Preserve.
4—Insect.
7—Place to live.
10—Preposition.
12—Attempt.
13—Affirmative (Ger-
man).
14—Article of baby's
clothing.
15—Finished (poetry).
17—Disturbing head
trouble.
18—Civic officer (ab.).
19—Mineral in raw state.
21—One of the U.S.A.
(ab.).
22—A drink.
24—Therefore.
25—Change a law.
27—Girl's name.
28—A minute mark.
VERTICAL.
2—Exclamation.
3—Word (French).
4—Ruler (Turkish).
5—Article (Spanish).
6—Crowd.
8—Sweet stick sub-
stance.
9—Receptacle.
11—Piece of land.
13—Taunts.
15—Not good.
16—Exclamation of as-
tonishment.
18—Insect.
20—A Goddess.
22—Girl's name.
23—Finish.
25—Morning (ab.).
26—Accomplish.

THE OLD HOME TOWN



THE PORTER AT THE CENTRAL HOTEL WAS TEN MINUTES LATE GETTING STARTED TO THE DEPOT BUT BOB HEDGES DOG HELPED HIM MAKE UP THE LOST TIME IN THE FIRST BLOCK



For Constipation, Headache, Biliousness

They work while you sleep

10¢

They work while you sleep

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Children Cry for

Fletcher's

CASTORIA

MOTHER: Fletcher's Castoria is a pleasant, harmless substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children of all ages. It contains no narcotics.

To avoid imitations, always look for the signature of *Wm. D. Fletcher*. Proven directions on each package. Physicians everywhere recommend it.

WISDOM OF THE ITALIANS

(In Proverb Form.)

One pair of ears will drain dry a hundred tongues.

He who pays well is master of everybody's purse.

He who knows most speaks last.

Men's sins and debts are always more than they think them to be.

Wealth is his that enjoys it, and the world is his who scrambles for it.

Beat the rogue and he will be your friend.

A man cannot leave his wisdom or his experience to his heirs.

Three things only are done well in haste: flying from the plague, escaping quarrels and catching fleas.

No man's head aches while he comforts another.

Everyone hath enough to do to govern himself well.

He who would have no trouble in this world must not be born in it.

No sooner is a law made than an evasion of it is discovered also.

Never show the bottom of your purse or your mind.

Keep company with good men, and you'll increase their number.

A burden which one chooses is not felt.

If young men had wit and old men strength everything might be well done.

FOR

Colds

BAYER

ASPIRIN

Proved safe by millions and prescribed by physicians for

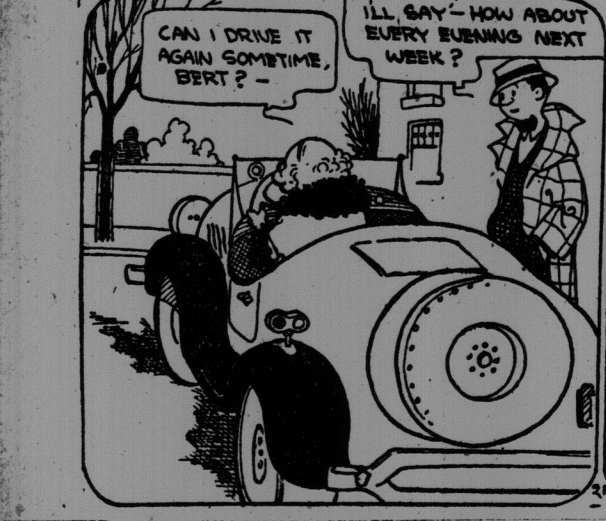
Colds Headache
Pain Neuralgia
Toothache Lumbago
Neuritis Rheumatism

Safe

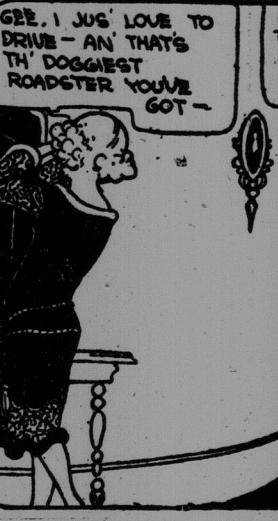
Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer, Manufacturers of Monoclonal solutions of Salicylic Acid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be supplied with their general trade mark, the "Bayer Cross."

BOOTS AND HER BUDDIES



PLAYING SAFE



SALESMAN SAM



LUCKY IT WASN'T ROAST PIG



By MARTIN



By SWAN

