

PAGE OF INTEREST TO WOMEN

TO FORM UNIVERSITY WOMEN'S CLUB HERE

Graduates of Various Universities Meet At Western To Discuss Matter.

Representatives of the women graduates of different universities residing in the city met Thursday evening in the Western University building at the call of the Western University Alumnae with a view to organizing a university women's club in London. The result of the meeting was the appointment of a committee to look into the constitution for such a club and make a survey of the women graduates in the city with the purpose of getting their opinion on what form such a club should take. The committee includes the following names: Miss Jean Purdon of Toronto University, Miss Winifred Halfour of Queens, Miss Mary McLean of Western, Miss Minnie of McMaster, and Mrs. Shanks of Cornell.

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SOCIAL AND PERSONAL

TELL IT TO THE SOCIETY EDITOR.

Dr. J. G. F. Collins, chief interne of Ravenswood Hospital, Chicago, is visiting his mother, Mrs. Ellen Collins, 223 Waterloo street, for a few days.

A meeting of the Lord Roberts Chapter, No. 1, O. E. S., will be held in Court Hall on Monday afternoon at 3 o'clock. Mrs. E. H. Johnston, treasurer of the chapter, will be in charge of the affair. The chapter will be there to receive any donations for that cause from the chapter members, as they desire to complete the fund shortly.

The Winter Garden presented a fairy-like scene last evening for the great charity ball given by the Lord Elgin and Campbell Becher Chapters, O. E. S., in aid of the Sick Children's Hospital. The ceiling of the big dancing space had been lowered by streamers of green, while from a huge rose bell hanging in the centre extended garlands of roses. Along the sides under the balcony edges hung fascinating double bouquets of roses and great baskets of flowers, while throughout the entire room myriads of little lights glimmered out of rose shades or dangled sweet peas and rose buds above the heads of the dancing throng.

The end of the dancing space was separated from the supper tables by means of a green lattice over which chambered thousands of roses, while behind at the tiny tables fresh with flowers, the guests feasted. During the supper, hours of delightful harp and violin duets were given.

The arriving guests were received by the committee, seated at the northern end of the hall, Mrs. Howard Higgins, regent of the Lord Elgin Chapter, in pink and white, with trimmings of turquoise blue ostrich and wearing a handsome diamond and platinum necklace, Mrs. F. J. Greenaway, regent of the Campbell Becher Chapter, in a charming hooped gown of black and gold, and carrying a large yellow ostrich fan; Mrs. F. G. Rumball in azure blue satin and cream lace with trimmings of black and gold roses; Mrs. Fred White in robin's egg blue, charming with silver lace; Mrs. A. M. Heenan in white satin and embroidered net; Mrs. P. R. Braddon in cerise satin with black sequin trimmings; Mrs. A. B. Miller in pink satin with gold lace; Mrs. W. E. D. Jarvis in black, charming with sequin trimmings; Mrs. Harry Bell in pale blue, charming and silver; Mrs. Wylie in black, charming and silver; Mrs. Keenleyside in cream, charming with silver; Mrs. Arthur Keene in pale blue satin and net; Mrs. Alex. Purdon in black velvet and lace; Mrs. Jack Murray in black chiffon with green brocade velvet; Mrs. James Miller in white, charming with diamond ornaments; Mrs. Albert Beeson in sunset pink, charming with overdress of crystal; Mrs. W. H. Line in apricot georgette with silver lace and yellow flowers; Mrs. W. T. Clarke in pale blue oriental satin with bodice of sequin and wrist longest of rose buds; and Mrs. Heltz in black and blue brocade satin.

The patrons and patronesses of the ball were Sir Adam and Lady Beck, Mayor E. S. Little and Mrs. Little, General Paquet, C.M.G., J.S.O., and Madame Paquet, Mr. and Mrs. E. B. Smith, Mrs. W. J. Becher, Dr. Hunt Stevenson, M.P.P., J.-Col. W. M. Garshore and Mrs. Garshore, Major Hume Cronin, M.P., and Mrs. Cronin, Lt. P. S. McKibbin and Mrs. McKibbin, and Mr. and Mrs. Arthur Smith.

The marriage took place quietly at 8 a.m. on Wednesday morning, Apr.

21, of Mr. William E. Stacey and Miss Laura Bitts Clark, both of London. The ceremony was performed by the Rev. C. F. Clarke of the Parker Street Methodist Church. Mr. and Mrs. Stacey will reside in London.

GOODGER-DAY.

Mr. Thomas Goodger of this city, son of Mr. and Mrs. William Goodger, Woodstock, and Miss Edith Elma Day of London, daughter of Mr. and Mrs. John Day of Thamesford, were married Wednesday morning at 10 o'clock, at the parsonage of the Eldon Street Methodist Church. Rev. J. A. Agnew officiated. Following the ceremony Mr. and Mrs. Goodger left for points west on their honeymoon. They will reside in London.

DAWSON-COZZENS.

A pretty wedding was solemnized at the Methodist parsonage at South Woodlee on Wednesday, when Miss Annie Margaret Cozzens, daughter of Rev. C. L. Cozzens and Mrs. Cozzens, became the bride of Mr. Glenn Hamilton Dawson of Ruthven, the ceremony being performed by the father of the bride, assisted by the grandfather of the bride, the Rev. C. C. Cozzens of London. The wedding march was played by Miss Edythe Cozzens, sister of the bride, while Miss Josie Fox of Ruthven acted as bridesmaid, and Mr. Carlton Whittle, also of Ruthven, was best man. The pretty little flower girls were Miss Gwendolyn Garen of Chatham and Miss Onalee Woodward of Cornwall. After the honeymoon trip to eastern cities, Mr. and

HOME ECONOMICS

MRS. ELIZABETH KENT, MACDONALD COLLEGE.

FOOD ADULTERATION.
Just what is meant by food adulteration? When Governments sought to pass food laws, they found it necessary to define this term. They defined it as the mixing or packing of any foreign substance with food to reduce or affect its quality or quantity, or to strengthen or the substituting of a foreign substance wholly, or in part, for the genuine article, or the abstraction, wholly, or in part, of any valuable constituent of a food; or the addition of ingredients

Injurious to health. To put this in a more concrete form it might be well to explain how certain things can be, and sometimes are adulterated:
Meat sausage by the addition of cereals.
Olive oil, by the addition or substitution of cottonseed oil.
Oleomargarine by the addition of coloring matter.
Maple sugar by the addition of glucose.
Coffee, by the addition of cereals, date-plis, or acorns.
Cream, by the addition of gelatine.
Milk, by the addition of formaldehyde.
Honey and molasses, by the addition of glucose.
Jellies or jams, by the addition of turnips or squash.
Chocolate by the abstraction of cocoa.

Table salt, by the addition of starch. A longer list might be given, but this will serve to show what food adulteration means. Therefore, we need to be careful in buying, to get what we ask and pay for. There is one general rule for all foods: The simpler the form in which it is bought, the more likely it is to be pure.

7,000 ATTEND WINTER PICNICS AT Y. M. C. A.
Volunteer Helpers From Y. M. C. A. Auxiliary and Y. W. C. A.

The splendid work done by the Y. M. C. A. and the women's auxiliary to that organization is testified by Mrs. R. P. Liddle's report of the winter picnic held here. The total attendance at the winter picnics was 7,500, 422 gallons of coffee were used and 522 volunteer helpers helped make the picnic a success. Of these helpers 45 per cent were from the local Y. M. C. A., this organization co-operating with Mrs. Mariatt, the president of the Y. M. C. A. Auxiliary, in helping out at the picnic.

Cynthia Grey's Mail-Box
Has Two Kiddles.
Dear Cynthia Grey—Just a line to thank you for all the good advice and many valuable hints and good recipes printed in the Mail-Box, and as I have two little ones, I take this opportunity to send my bit to the fund, which I am pleased to see growing.

I enjoy the "Pup" stories and am saving them to make a book for the kiddles when they are old enough to read. As there seems to be a great many mothers in the Mail-Box already I will sign myself—
P.S.—Am inclosing two recipes which I find very good:
Hermit's—One and a half cups of brown sugar, one cup butter, one cup "cut out" fine, half-cup nut meats, two eggs; spice to taste; one teaspoon soda, flour to make real stiff. Drop with a spoon in the pan and bake in a quick oven.
Jumbles—One cup sugar, three eggs, half-cup butter, one package dates, half-cup English walnuts, one teaspoon vanilla, one teaspoon soda; flour to make real stiff. Drop from spoon in pan. Walnuts may be omitted.
Ans.—Thank you.

Wants Address.
Dear Miss Grey—I am a little too lazy to write a letter to you. But I thought I would drop in and get the stocking-foot pattern, as I have a lot of stockings I saved from last summer, and the feet are pretty well done.

No Bothers at All.
Dear Miss Grey—I am a little too lazy to write a letter to you. But I thought I would drop in and get the stocking-foot pattern, as I have a lot of stockings I saved from last summer, and the feet are pretty well done.

Isabella.
Dear Miss Grey—I am a little too lazy to write a letter to you. But I thought I would drop in and get the stocking-foot pattern, as I have a lot of stockings I saved from last summer, and the feet are pretty well done.

TALKS ON HEALTH
BY WILLIAM BRADY, M. D., Noted Physician and Author.

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mail if written in ink and a stamped, self-addressed envelope is inclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, in care of this paper.

Unromantic Hygiene.
The English are slow but sure. The medical profession over there ambles along about ten years behind the Canadian and American profession, but there is some virtue in this lethargy. There are not so many false trails to rectify to the main routes. However, when the English doctors do get the idea they get it right.

I take great pleasure in introducing (today) friends, physicians and fellow-citizens, an English physician of parts, a man handicapped, but not weighed down, by the burden of the alphabet, a London baby specialist, physician to the Queen's Hospital for Children, and the City of London Hospital for Diseases of the Child, Eric Pritchard, M. A., M. D. (Oxon).

Dr. Pritchard explains the causation of rickets in a recent issue of the New York Medical Journal, but the caution of his utterances applies as well to many other disturbances of health and nutrition, metabolic disorders of adults as well as children. He shows an intimacy with advanced physiology which is worthy of attention. "Any interference with the due oxidation of food elements to their normal end products, carbon dioxide, water, will conduct to the formation of semi-oxidized bodies of large molecular size and acid in reaction, which must be neutralized as quickly as they are formed to prevent a dangerous rise in the hydrogen ion concentration of the blood."

This is, of course, nine-tenths Sanscrit to a lay reader. As nearly as I can translate, it means that conditions which decrease the amount of oxygen absorbed and utilized by the body conduce to the state of acidosis, acid intoxication, which is a troublesome, sometimes a disastrous feature of many acute and chronic disease conditions.

I hope I am no bother to you, according to etymologists. The name like reading your page. You sure must be a great person to be answering all those letters. Wishing you success, and may I call again. WHEELWIND.
Ans.—You may call again, but don't be too blustery, will you?

Wants Reading Matter.
Dear Miss Grey—It is a long while since I wrote, but I have been enjoying all the letters. I wanted to send my wee mite to the fund—I think it a splendid idea. Say you city folks should come over here to the lake today and see the ice still here. I wonder if anyone can send me some reading matter, as I am shut in quite a lot. I will try and return or do some other favor. My address is with Miss Grey.

BERRIES.
Ans.—I just know the Pigeon's will hustle to find some magazines for you, and I'll mail them, Holly Berries, to you.

WHAT'S IN A NAME

It can truthfully be stated, without fear of punning, that Patricia is a patriotic name. It signifies "mother" and comes from the Latin pater—father—which was the source of "patricia," the "fatherland."

The patrician was the privileged class of old Rome since its members were descended from the original thirty fathers, or patres. Patricians, meaning the noble, was the title given to the young Roman-British Capatunus who was stolen by Irish pirates in his youth, and when ransomed, returned as an apostle to the land of his captors, bringing the name of Patrick, which is so popular and so revered in Ireland, in memory of the patron saint.

Patricia is a Scottish invention, according to etymologists. The name made its appearance there as the feminine of the masculine Patrie, which was the Scotch form of Patrick. Though Patricia spread to England and won great popularity there and later found refuge in Ireland, no attempt has ever been made to change its form or spelling.

Patty, which is often thought to be the diminutive of Patricia, has no relation whatever to the noble name. It is the diminutive of Mary, in its rightful sense, and means "becoming better."

The ruby is Patricia's talismanic stone. It is the gem of kings and promises for its patrician daughter courage, a dauntless ambition, success, and bodily health. Wednesday is Patricia's lucky day, and 7 her lucky number. (Copyright, 1920, by The Wheeler Syndicate, Inc.)

QUESTIONS AND ANSWERS.
No Consumptive Inheritance.
If a person in sound health with no consumptive inheritance
Ans.—A person has a much better chance of inheriting four hundred million dollars than of inheriting tuberculosis, if that is what you mean. Consumption is never inherited, only acquired through prolonged personal contact with the disease, irrespective of relationships.

Beldings

MADE IN CANADA

A Spool o' Silk

A woman discovered silk—

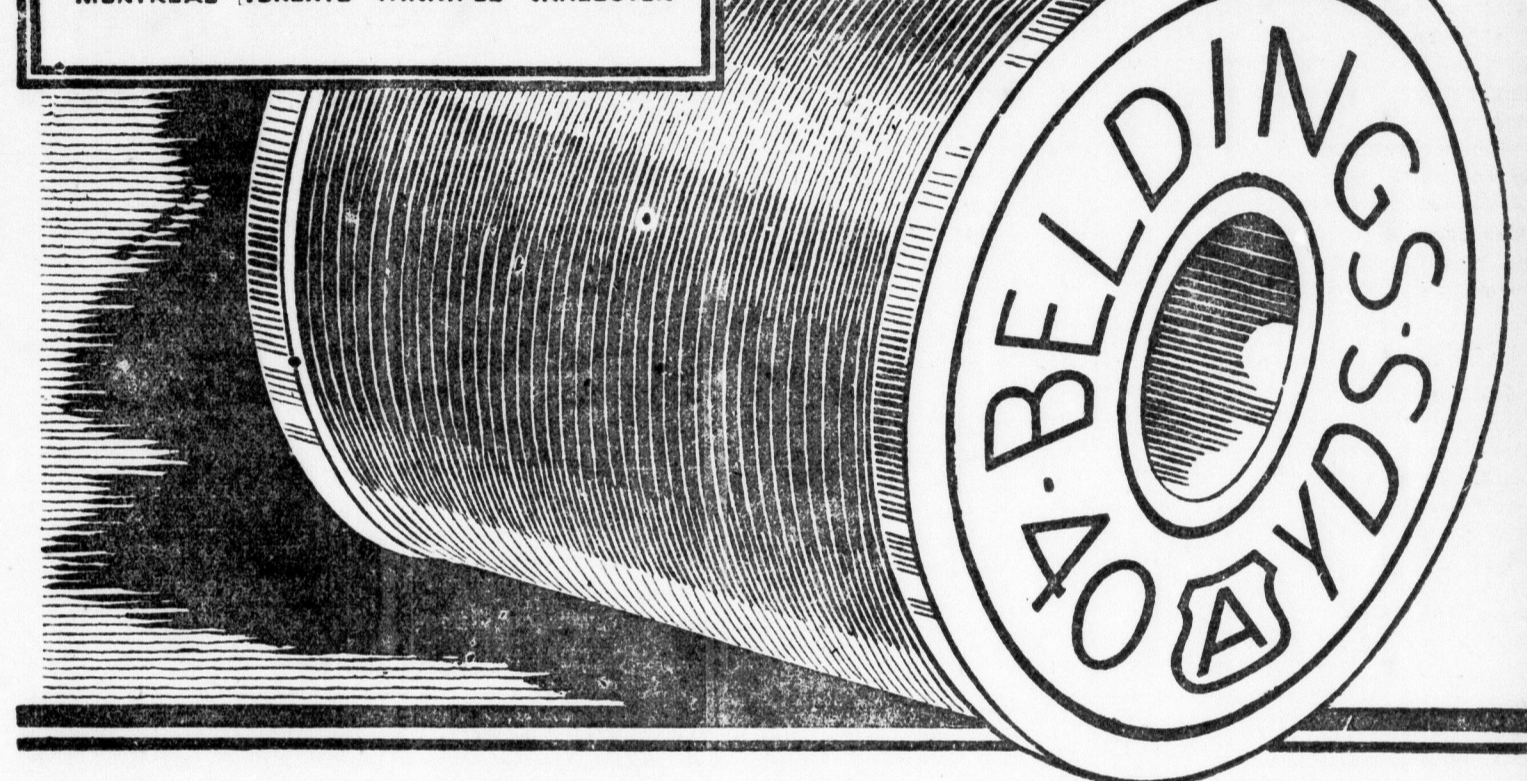
A Chinese woman, an Empress they say, 4,500 years ago—and ever since then women have craved silk—desired its soft, lustrous, colorful beauty for themselves as a means of personal expression.

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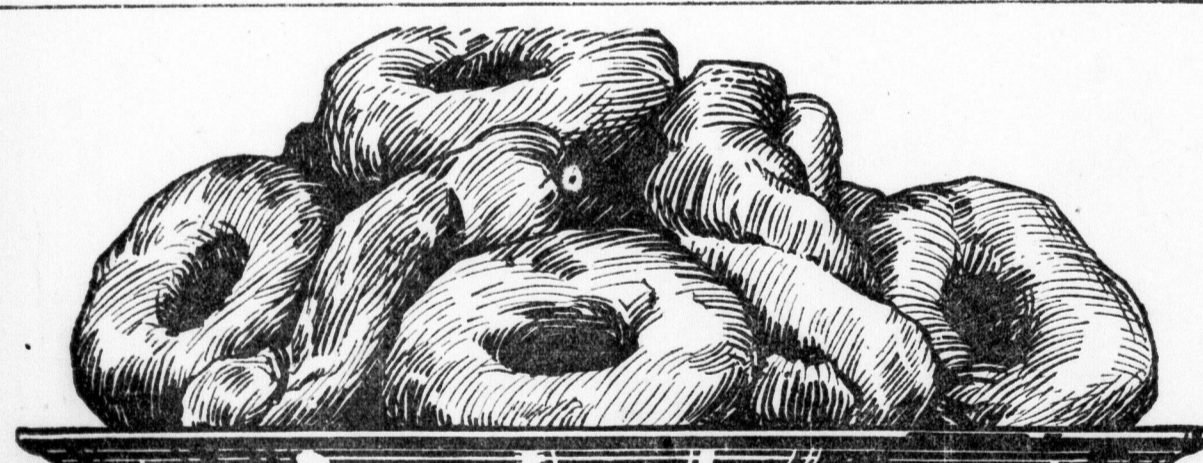
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The EASIFIRST way

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