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Let children get a sane mind in a sound body and clean heart in a clean body.

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Small children wearing glasses are getting to be a common sight in this country. A traveller in Germany writes that at a children's picnic, where twelve hundred boys and girls were assembled, only two wore glasses. This he attributed to the open-air play life.

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The child must have room, means and opportunity to play, or its physical being suffers and its mental faculties are correspondingly affected. As well deny air and space to the growing plant as deny the same advantages, together with active bodily exercise, to growing boys and girls.

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Those who have the fewest natural advantages are those upon whom the loss of a place in which to play bears most heavily.

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The larger our cities become, the more and more does the danger to the cities' children increase. The vacant lots get gradually occupied, the "commons" disappear, and the children are driven into the streets.

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Boys' Clubs organized by the right people and with the right ideals can do much for future citizenship. They hold the youth at a time when the natural tendency would be toward wildness and excess. Boys must have companionship and play.

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Apart from the beautiful environment which ample playgrounds afford, will not our children and those of our foreign-born citizens best learn to work together in concord, if first they have learned to play together in peace?

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In addition to the many corners of public parks that could be turned to good account, there are also a large number of gardens and vacant lots whose owners would cheerfully assist if approached in the right spirit. Thousands of children are now debarred from harmless outdoor pleasures because of a three-foot fence and a locked gate on some unused property.

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