

be the rule, rather than the exception, due regard being had to cases of the deserving indigent sick. Attention was also called to the necessity of providing suitable accommodation for the nursing and domestic staff, the present quarters being totally inadequate for the increased numbers.

The question of collections was discussed, and the apparent apathy of the friends of the hospital deplored. It was shown that no organized effort had been made to obtain the support of the friends of the hospital, or the public generally, and means of remedying this condition were suggested, among others the feasibility of getting \$1.00 subscriptions, which would necessitate the co-operation of a lot of collectors. No definite action was taken in the matter, the chairman stating that now the committee of management being free from the debt question, would give their attention to this means of raising revenue and determine some method of procedure to enable the hospital to more fully engage in absolutely charitable work.

HOSPITAL WANTS.

Money, MONEY, MONEY.

Boxes of soap.
Boxes of starch.
Boxes of washing soda.
Barrel of sugar.
Barrel of flour.
Fruit for preserving.
Fruit for eating.
Barrel of chip soap.
Old linen.

Coal.

Several sufferers from writer's cramp are reported to have obtained great relief by becoming enthusiastic golfers. This game requires the use of the upper extremities just to the degree adapted to people who have lived a sedentary life. The movements are necessarily co-ordinate, and they are combined with proper exercise of the lower extremities, and a large amount of time is passed in the open air.

HINTS.

Eyes inflamed, burning, dry, is an indication for Aconite.

Eyes puffed, stinging pains, is a call for Apis.

Acrid, excoriating discharges from the eyes are often relieved by Euphrasie.

Feeling as of a splinter in the eye, especially in scrofulous patients, calls for Sulphur.

Antimonium crudum is the remedy for babies that throw up curdled milk.

Rheumatism in muscles of neck and back is relieved with a few doses of Cimicifuga.

Rheumatic pains that are worse from warmth find a remedy in Pulsatilla.

Carduus mar. is a remedy for enlarged and clogged veins, and for varicose veins.

Child awakes in the morning with violent coughing ending in vomiting of clear, ropy mucus; Coccus cacti is the remedy for these symptoms.

Natrum carb. is the remedy when one has indigestion and sour eructations after eating.

Nux vomica will relieve many cases of hiccough.

Sore throat, fever, aching head and limbs are indication for Phytolacca.

Erysipelas, with vesicles, Rhus tox.

Lumbago and stiffness in small of the back, the best remedy is Rhus tox.

In bad sprains in addition to external treatment, give Rhus tox. internally; similarly in blows and concussions give Arnica.

Vertigo, worse on motion, Belladonna.

Blinding headache, worse from noise or jar, Belladonna.

Chronic headache in the back of the head has been cured by Nitric acid.

Carbo animalis has the peculiar symptom of eating, tires patient.

Headache from any over-indulgence, Carbo veg.

Urine almost black is an indication for Carboic Acid.

One of the mental symptoms of Bismuthum is solitude, is unbearable.

HOMŒOPATHIC ENVOY.