

"For the white man going to the tropics it is neither difficult nor expensive to protect himself from malaria. All that is necessary is to screen his house well and drain and clear off the brush within a hundred yards of his residence. This is much less expensive than the measures a man has to take in the temperate zones to protect himself from cold.

"The advances in tropical sanitation in the last fifteen years have shown that the white man can live in the tropics with as good health as he can in the temperate zones. This has been demonstrated by both of our military occupations of Cuba, and also by our occupation of Panama. The white man can protect himself against disease in the tropics at no greater expense than he would have to undergo in order to protect himself against cold in the temperate zones. The returns for his labor are many-fold greater in the tropics than in the temperate zones. I think, therefore, that the tendency in the next few centuries will be for the white man to drift to the tropics, and I dare predict that, by the time the year 1909 is as old as is at the present day the Norman Conquest of England, localities in the tropics will be the centers of as powerful and as cultured a white civilization as any that will exist in temperate zones.

"I believe that our work in Cuba and Panama will then be looked on as the earliest demonstration that the white man could flourish in the tropics and as the starting-point of the effective settlement of these regions by the Caucasian. I am inclined to think that at this time the construction of the Panama canal will be known less as a great commercial accomplishment or engineering feat than as the first demonstration of the fact that the white man can flourish in the tropics in spite of those most trying conditions which have in the past rendered it impossible for him to thrive."

The death rate in the Canal Zone under American rule fell from 52 per 1,000 in 1904 to 24 per 1,000 in 1908. The Canal Zone is now about as healthy as an ordinary large city.

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#### MEDICAL EDUCATION IN CANADA.

When one remembers that Canada is yet a young country, it becomes a matter of no small pride that medical education has attained the high standard which it has.

Well nigh a century ago there were present in this country medical men whose faces were steadfastly turned to the future, and whose hearts were true and their courage great. Without means, and armed only with the feeling that the need was urgent, they began to teach medicine. In Montreal about 1826 such a group of medical men was found banded