

Absolute Rest.—Both of mind and body.

No talking.

Semi-recumbent Position.

Chipped Ice, Salt, or Snow.

The following are also sometimes of value:

Aconitine, gr. 1/200.

Atropine, gr. 1/50-1/25.

Amyl Nitrite m.v.

Ligation of the extremities.

During subsequent 48 hours.

Nitroglycerin, gr. 1/100, q.q.h., by mouth.

Calcium Chloride, gr. xx. q.q.h., for three days only;
or lactate.

Purgative, Calomel Sod. bicarb. gr. v. Saline.

Absolute rest in semi-recumbent position.

Diet—Cold milk, gelatine.

During remainder of first two weeks.

Nitroglycerin, as before.

Rest.

Saline quotid., a.m., a.e.

Diet—light.

Subsequently.

Nitroglycerin, gr. 1/400, q.q.h.

Laxative, if necessary.

A brief history of a few cases which have been treated, using nitroglycerin as a preventative.

Case 1.—Male, age 30, white, clerk, marked debility, cough troublesome in the evening, with about two ounces of expectoration, poor sleeper, appetite fair, bowels constipated.

Temperature, 100.2, pulse 120, respirations 28.

Weight 146—a loss of 14 pounds since August, 1907.

“Always had a cough.” For past two years had enjoyed best health to his recollection. Caught cold November, 1907. Had la grippe for two weeks, followed by sciatica for six weeks. From the beginning of 1908 until admission in March he was under the care of his physician for recurring hemoptyses, having had 18 or more in all.

Treatment and progress. Admitted March 13th, 1908.

March 14th, 1908.—Nitroglycerin, gr. 1/100, q.q.h. Mist. Mag Sulph., one ounce, t.i.d., a.e.

March 15th.—Color in sputum.

March 19th.—Color in sputum.

March 23rd.—Hemoptysis, quantity measurable in ounces.

March 25th.—Hemoptysis, quantity measurable in ounces.

March 30th.—Slight hemoptysis, quantity measurable in drachms.