

structures do not return to a normal condition, some passive congestion remains, and soon another attack is precipitated. This liability to repeated attacks of sore throat is not altogether seasonal. Many persons entirely escape or are stricken, suffer acutely for a few days and rapidly recover, to hear no more of the malady. Frequent attacks of sore throat are due to disease of the blood. Morbific matter accumulates in the blood and makes a breach at a point favorable to rapid congestion and exudation. The throat furnishes just such a locality. Its tissues are normally very sensitive and easily congested.

The treatment of sore throat of the chronic and recurrent variety requires something more than the local use of gargles and remedies to allay feverishness and restore the secretions; *prophylaxis* must be secured by the use of remedies to put the blood in a healthy condition. Its quality, volume and rate of circulation must be brought up to the standard of health. We believe that Ecthol will do this more satisfactorily than any other remedy. It increases the number, promotes the integrity and stimulates the movement of the red blood corpuscles, a vital factor in improving nutrition and circulation generally. Under its use the blood stream is accelerated in a normal manner, bathing and vivifying the tissues, yet preventing congestions.

Locally, Ecthol is used as a gargle either pure or in combination with Listerine, carbolic acid, hydrogen peroxide or other antiseptics, and has a very beneficial effect, checking any bleeding, reducing inflammation and hastening resolution.

Old sore throat cases are often very troublesome, the patients being neurotic, anemic and morbid generally, and we hope the profession will try this remedy, which has shown itself to be not only curative but *prophylactic* in aggravated cases of recurrent sore throat.—*Medical Briefs*.

TREATMENT TO INCREASE MAMMARY SECRETION.

From "Sajou's Annual and Analytical Cyclopedia of Practical Medicine," we quote as follows:—

"The bowels should be regulated by proper dieting and massage or exercise rather than by laxatives, and it is highly desirable that there should be at night uninterrupted sleep for six hours for mother and child. Galactagogues are valueless in the majority of cases, most of them exerting