HOW LONG WILL TABITHA'S THE WAR LAST? The War Against Health Is Quickly A Woman's Privilege Is to Ended By "Fruit-a-tives".

MRS. DEWOLFE

East Ship Harbour, N.S. "It is with great pleasure that I write to tell you of the wonderful benefit I have received from taking "Fnuit-a-tives'. For years I was a dreadful sufferer from Constipation and Headackes, and I was miserable in every way. Nothing in the way of medicines seemed to help me. Then I finally tried 'Fruit-a-tives' and the effect was splendid. After taking our deeply like a new person and I am deeply rolief from those ndid. After taking one box, I feel thankful to have relief from those sickening Headaches".

Mrs. MARTHA DEWOLFE. "FRUIT-A-TIVES", the medicine made from fruit juices, has relieved more sufferers from Headaches, Constipation, Stomach, Liver, Kidney and Skin Troubles than any othermedicine. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.



death. I heard say that he compared her to a phonograph; said he could buy a talking machine and shut it off when he was tired! Of course he couldn't do that with a wife." A slight smile greeted this story, but Mrs. Berry's face wore a displeased look. "Tabitha was well rid of any man who would speak so of a woman," she

said sternly. Mrs. Ames looked uncomfortable. How was she to explain that David Martin never actually had said those words? What she had repeated was a conversation which had taken place at her own table between members of her family, and in the repetition she had made a better "story" by crediting Da-

GUIDE A

TONGUE

Change Her Mind

By CLARISSA MACKIE

.......................

When Tabitha Tretter folded up her

ewing and went home the ladies of

the Farther Light Missionary circle sighed unanimously.

"No one speak, please," whispered Mrs. Ames, "the silence is so bleased!" Then they all laughed and tongues

"Did you ever hear any one run on

"Tabby Trotter never did let a body

"There's no interrupting her either."

to talk much more when among people than those whose families act as safe-ty valves." The minister's wife spoke defensively of the absent member. "Humph!" smiffed Mrs. Ames. "Be

that as it may, I know Tabby was a

chatterbox when she was a child, and it's a habit that can't be broken now."

"We are all glad to hear the news." defended Mrs. Berry, the minister's wife. "And Tabitha never repeats

scandal, and she doesn't say anything

"I know one thing," asserted Mrs. Ames, looking around at the interested

women. "I know that Tabby's tongue

"Sally Ames!" gasped a dozen voices. "It's a fact. You remember that an who bought the Allea place—

Martin is the name. When he came four years ago he was quite attracted

to Tabby. She was so tickled over his

attentions that she talked him most to

vid Martin with the remarks.

The Farther Light circle broke up

and went home-that is, all of them

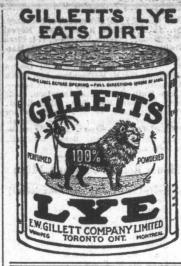
cost her a husband!"

"I think one who lives alone is apt

get a word in edgewise!"

wagged.

80?



Mrs. Ames picked up her basket and pened the door.

"Come and see me when you've got time." she called back. "I'll want to hear all about your cousin Ellen's operation."

"H'm!" responded Tabby in a nonommittal manner. Sally Ames hurried home much perturbed.

At the dinner table her family marked her preoccupation of mind and made inquiry.

"Ob, law!" she sighed, "I don't know what's come to Tabby Trotter. She's close mouthed as can be. Can't get a word out of her!"

Her husband laughed indulgently. "That's like you, Saily. The other day you complained because she talked too much. Tabby's a cheerful little soul.'

At that moment Tabby looked any thing but cheerful as she sat on her back doorstep sewing. Once in awhile her gaze shifted from her work to the quiet bay which lapped the sand beyond the back fence. On the sand was a rowboat tied to a stake.

Out on the bay a motorboat chugged slowly from shore to shore. With her eyes closed Tabby could have told you that it was David Martin's boat and that he was in it, perhaps going over to the village for supplies and the mail, for David's place was on a neck of land jutting into the Marbor, and the shortest way to the village was by water rather than by the highroad.

The boat vanished around a point of land, and Tabby's needle stopped flying to and fro. A tear dropped, and then another, and another fell unheeded on the white seam.

The chickens that loved the sound of Tabby's voice stood aloof, wondering, Her black cat purred questions that remained unanswered. A saucy catbird in the blackberry

bushes that was wont to hold animat ed conversations with little Miss Trotter challenged her in vain while he

seemed to ask. "Why, she is the most cheerful friend we have hereabouts. Tabby never cries."

Painter and Decorator Fanny in a scared tone as she got up After that every one noticed a great chemical composition of substances change in Tabby Trotter. She be to leave, for already she was regret E. C. Crohn very silent. She rarely spoke except most infinite in their variations, these WATFORD ONTARIO ting having repeated Mrs. Ames' idle in monosyllables, and her friends won-S. Newell sensations are few in number, comprissip-"I'm telling you because you're Stanley Rogers dered what had happened. N.M. ing sweetness, bitterness, saltiness and my friend." They missed the pleasant cheeriness Macklin Hagle sourness, with their numerous degrees Tabby Trotter's round, rosy face palof her voice. As Mrs. Berry remarked GOOD WORK Henry Holmes of intensity. ed, and her blue eyes became very hard one day at a Farther Lights meeting: The distinctive flavors of food do not Wm. Manning PROMPT ATTENTION and cold. "I'd rather hear Tabitha talk too much Leonard Lees come from chemical action and are "Thank you. Fan." she said slowly. REASONABLE PRICES than not at all. I miss her merry therefore not perceived by the sense 'You are a good friend." And the tongue. I hope no one has been so 70TH BATTALION of taste, but by the olfactory nerve by SATISFACTION GUARANTEED laugh which followed the remark sent unkind as to repeat what Mrs. Ames which the sensation is transmitted to Miss Bond hurrying home feeling like Ernest Lawrence said about her." ESTIMATES FURNISHED the brain. the sneak which she was. Saily Ames looked uncomfortable - Emmerson This explains why one's food does "Is that how he explained it?" and Fanny Bond blushed fiery red. C. H. Loveday RESIDENCE - ST. CLAIR STREET not taste "right" when he is suffering thought Tabitha. But no one answered the remark. "It's Fanny Bond's work," thought SN/VN A. Banks from a cold. And all the rest of the evening Tab-S. R. Wholton by went silently about the house. The the minister's wife resentfully. Two of a Kind. Thos. Meyers song which was ever on her sweet lips was stilled. In silence she went to A few weeks later there came a A lady selected some purchases in a Jos. M. Wardman fierce summer storm that lashed the store, asking that they be kept for her Here's What You Get and fro and at last to bed. 71ST BATTALION harbor into a fury of whitecapped until the next day. When she returned Tabby Trotter's tongue certainly was waves and bent the trees to the she could not remember who waited on still that evening. The next day Mrs. Ames happened ground. In Lovell's Bread 8 her. After puzzling over the matter, R. H. Trenouth As darkness came on Tabitha lighted she approached one and asked: into Tabby's kitchen. many lamps to make her rooms cheer-Nut like flavor a sweetness that you "Am I the woman who bought some 28TH BATTALION "I want to borrow some eggs. ful, and, opening her old piano, she poured out her long repressed feelings embroidery here yesterday?" "Yes'm," replied the girl, stolidly. don't know what's got into my hens," look for. Thomas Lamb -A crisp thin crust that has flavor. she explained, sitting down by a sunand turned to get it.-Christian Regisin song after song. MOUNTED RIFLES A nice, white, well-risen loaf, that retains its flavor for days, and cuts ny window. Once as she paused to turn over the "How many?" asked Tabby. "A dozen will do if you can spare ter. Fred A Taylor sheets of music the storm beat in without crumbling. Every slice not only a delight, but a source of vitality, alive with the matchless nutrition of Manitoba's richest wheat. Simply Couldn't. greater fury against the glass doors. 29TH BATTERY 'em." "Now, son," said the lawyer, "you The waves thundered on the beach. "Certainly." Wm. Mitchell vere guilty of various misdemeanors "My tongue won't trouble any one tonight," she thought bitterly. "No Sally Ames took her little basket of eggs and set it on the floor beside her today and must be taken to task." John Howard "I apply for a stay of proceedings, Bread that ensures ready and com-plete digestion. one can hear me above the storm." "What's the news, Tabby?" ANTI-AIRCRAFT pop, and a change of venue to ma." But Tabitha was mistaken. Out on Tabby was making sugar cookies. She the bay a metorboat battled helplessly And how could a good lawyer refuse Gunner Woolvet deftly rolled out a sheet of yellow. such a request?. with the waves. The engine had been dough and cut out the circles with a fooded and was quite useless. David Martin grasped the spare oar, and, PIONEERS TRY A LOAF star shaped cutter. THE HAL "What's the news?" repeated Mrs. Wm. McNally Envious. paddling with one hand, he tried to Howell-I'm engaged to Miss Rowell, Ames W. F. Goodman bale out the boat with the other, all Bakery "Haven't heard any," said Miss Trot-Lovell's Congratulate me, old man. Powell-I would if I did not know that in her the while keeping an anxious eye on ENGINEERS "I thought perhaps you'd heard when the pall of darkness. case a nomination is not equivalent to J. Tomlin But no answering gleam of light re-warded his watchfulness. Blackness Annie Smith was going to be married. an election.-I heard she was making pillow cases." ARMY MEDICAL CORPS all around, overhead and beneath. "Haven't heard," said Tabby tersely. On His Part. Children Cry Back of him somewhere was the "What's the matter with you, Tab-T. A. Brandon, M.D. "Tom out of work again? Why, I narrow channel that led into the FOR FLETCHER'S by?" "Oh, the job was steady; Tom wasn't." Capt. W. J. McKenzie, M.D. sound. The tide was pulling him around. Death awaited him on the "Nothing." Norman McKenzie CASTORIA "Yes, there is." jagged rocks, where the water swept "Why ?" 135TH BATTALION Children Cry "You don't say much. You're mad like a millrace. All men have their frailties, and he who looks for a friend without imper-"If I could make out Trotter's point 2 N. McLachlan about something, Tabby Trotter." "I'm not mad. I'm glad." FOR FLETCHER'S and get in the lee of it I would be all fections will never find what he seeks. CASTORIA

right," he panted, for, strong man That he was, David was feeling the strain. Suddenly, there was a full in the storm, and on the silence footed a woman's voice singing "Nancy Lee" in a wild abandon that seemed to defy the

MARCH 17, 1916

storm. "Tabitha's blessed voice!" muttered David, bringing the boat about so that the voice was on his starboard quar-"There! Lights! They must be ter. her house. She will not mind if I land there, even if she doesn't want to marry me!"

Again the storm broke over him, and darkness blotted out the lights, but only momentarily. Every now and then he glimpsed the lights in Tabitha's windows until at last, spent and worn, he felt the boat lifted high on a wave and flung crashing on the beach beneath the lights Before he fainted David uttered a

feeble shout.

Tabitha heard David's cry.' Love's ears are keen, and she had loved Da-vid Martin even while she refused to marry him, believing that she loved her freedom better. But when she learned through Fanny Bond that David had said Tabitha talked too much for a wife Tabitha had tried to kill her love for him and failed, oh, so forornly!

David opened his eyes on Tabitha's sitting room floor in front of a blazing log fire. Tabitha knelt beside him, pulling off the wet oilskins on her peckless carpet. Tears were running down her rosy cheeks. David smiled and got up.

"Don't cry about me, Tabby, dear," e whispered.

"I can't help it," sobbed Tabitha. "Smile, then. You saved my life. The sound of your blessed voice-well. you know I love it. You're such a

eery little thing." Tabitha's tears stopped flowing, So David really liked to hear ber

talk! All the doubt and suspicion fied orever, leaving faith and trust. "If you can get along with my songue, David," she whispered. "I've

banged my mind." David whirled her into a wet embrace. "Bless the child! Isn't it a woman's privilege to change her mind and rat-le her tongue?" And for obvious reaions Tabby could not answer him,

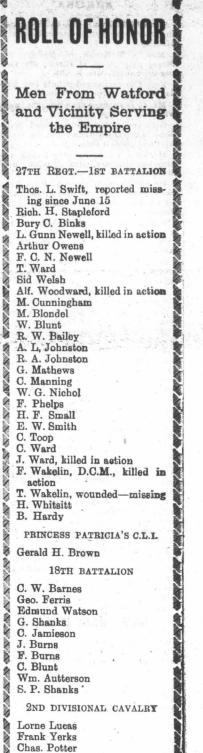
Tree Leaves and Water.

Ash leaves are capable of taking up more water than those of most other trees. In a hundred pounds of ash leaves are eighty-five of water, in the same weight of beech leaves seventyfive, of maple sixty, of pine fourteen and of fir ten.

Naturally So.

"She's been so conceited since they managed to get a player piano.". "Well, dear, player piano owners de as a general thing put on airs."-Rol timore American.

dispersed to their homes and the preptilted to and fro on a twig. "Tabby Trotter crying?" they all The Sense of Taste. aration of supper excepting Miss Fan-ny Bond. Miss Bond turned in at Tabby Trotter's gate and went around Scientists say that the flavor of food Gordon H. Patterson, died in A.D. HONE and drink does not come to us through Victoria Hospital, London. the sense of taste. The latter can only Geo. Fountain to the side door. furnish sensations corresponding to the "I'm telling you as a friend," said 34TH BATTALION



SA STATA NAVANA

Rus. G. Clark. 33RD BATTALION Percy Mitchell Lloyd Howden