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ATTENDANCE FOR YEAR 1147 AT CITY TUBERCULOSIS CLINIC

Bi-Weekly Institution Under the Sanatorium Aid Society
Accomplishes Much Good Work,
Report Shows.

Another year has closed in our city
work among the tuberculosis patients.
Our usual bi-weekly clinics have
been held and well attended. The
attendance during the year was 1,147.
Among this number were 181 new
cases, diagnosed as follows:

Infected 35
Moderately advanced 11
Far advanced 10
Under observation 67
Bronchiectasis 5
T. B. kidney 1
Nontuberculous 51

We have had 35 contact cases ex-
amined during the year. These cases
have been exposed to tuberculosis,
and on the advice of doctor or nurses
came to the dispensary for examina-
tion. The result was that out of 35
cases, 23 showed that they had been

infected, and will report at clinic
as advised by the physician—eight
are kept under observation—and five
were nontuberculous.
All patients receive instructions re-
garding precautions, etc., and are
supplied with literature regarding the
protection of others, also supplied
with necessary sanitary supplies, in
order that they may not become a
source of infection to other mem-
bers of the family.

At the dispensary every new case
is examined and the history taken;
also X-ray when necessary and tuber-
culin tests and sputum tests, etc.
Tuberculin tests are done on 100—
showing 66 positive tests and 40 nega-
tive ones.

The nurses made 4,791 visits to
homes during the year. The total
number of patients visited was 714.
This number includes ex-patients of
the sanatorium, patients treating at
home, suspects and contact cases.

Our death list during the year was
13, this being nine less than last
year.

The number of patients sent to
Queen Alexandra sanatorium or Pre-
ventorium through the dispensary was
45. This number includes 29 adults
and 16 children.

Fumigation in homes where a few
cases have been removed has been
done by local board of health, whose
splendid co-operation in every way
has been much appreciated.

The relief work has continued to
be very heavy during the past year,
owing to the employment situation,
also the fact that many of our pa-
tients are the bread-winners in their
homes, and when illness requires them
to take a rest, arrangements are
made through funds supplied by the
Sanatorium Aid society, where gro-
ceries can be supplied and assistance
given in many other ways.

We have had 55 families receiving
milk daily during the past year, also
36 families on grocery list, 356 orders
being sent out, also 73 meat orders,
65 families were supplied with Christ-
mas cheer.

Many patients have been supplied
with clothing, also bedding supplied
by the Sanatorium Aid society, and
many have been grateful to friends
who have contributed clothing, etc.,
and appreciate very much the kindly
interest that has been taken in our
work.

We were also pleased again to be
able to place some of the children
(ex-patients of preventorium) with
families going to summer resorts and
also a number to the summer camps.
Respectfully submitted,
(Signed) MENA HANSON.

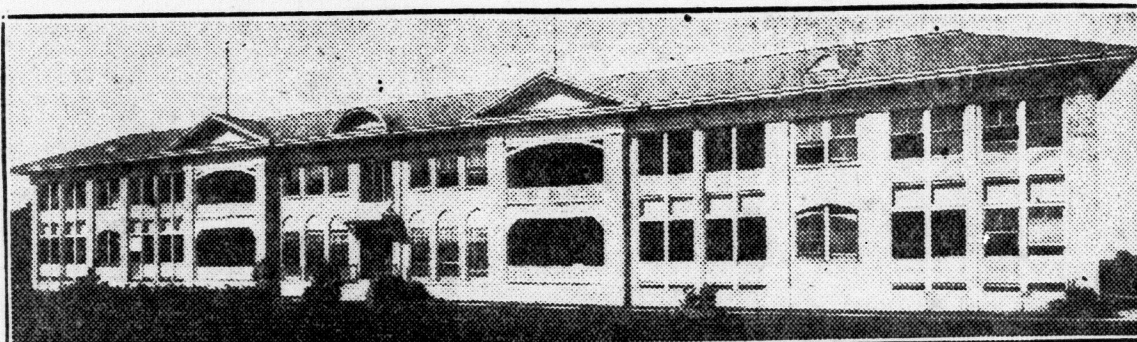
"Everyone should do their
best to help this worthy
cause."



Poultry is a very important item
in the diet of patients of the
Queen Alexandra sanatorium,
Byron. Only the very best is used.
It is supplied by

C. A. Mann & Co.
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Largest of Sanatorium Buildings



THE INFIRMARY, A ROOMY AND HANDSOME BUILDING.

BYRON SANATORIUM GROWS INTO MILLION-DOLLAR SERVICE PLANT

Lasting Achievements of London-Sponsored Institution in Fif-
teen Years Rank It as One of the Leading
Hospitals of Its Kind in America.

In the space of fifteen years since
it was first established by the Lon-
don Health association to combat the
prevalence of the dread "white
plague" the Queen Alexandra Sana-
torium has grown from a small group
of buildings to an extensive plant
with an actual value of a million
dollars.

The progress of this institution up
to the present day, when it has
achieved the status of one of the out-
standing sanatoriums in America, is
terse told in the records of the local
health association as follows:

April 5, 1910—Administration build-
ing and first group of buildings of-
ficially opened by His Excellency Earl
Grey, then governor-general of Can-
ada.

June 4, 1914—The Preventorium,
with accommodation for thirty chil-
dren, officially opened by Sir John
Gibson, then lieutenant-governor of
Ontario. Approximate cost \$30,000.

January 21, 1918—Reception hospi-
tal officially opened by His Ex-
cellency the Duke of Devonshire, then
governor-general of Canada. Ap-
proximate cost, including furniture
and equipment, \$200,000.

July 10, 1918—Marion Beck nurses'
residence, the gift of Sir Adam and
the late Lady Beck, officially opened
by Sir William Hearst, then premier
of Ontario. Approximate cost \$30-
000.

July 10, 1918—Vocational training
school and auditorium officially open-
ed by Sir James Loughheed, minister
of the department of soldiers' civil
re-establishment. Approximate cost
\$20,000.

1918—New pavilion erected by the
department of soldiers' civil re-es-
tablishment. No official opening. Ap-
proximate cost \$40,000.

255 Acres Now.
To accommodate the increasing de-
mands made upon the sanatorium, the
site itself has been several times
enlarged by the purchase of adjoin-

ing farms, until today the property
includes 255 acres.

The farm has an accredited herd
of 33 pure-bred Jersey and Holstein
cows, a henry of over 1,000 fowl,
and the gardens supply a large part
of the fresh vegetables required by
the institution.

Surroundings better calculated to
inspire that sense of peace and cheer-
ful confidence, so conducive to good
health, could scarcely have been
found than the sunlit acres of the
sanatorium farm, where every build-
ing is a vantage point from which
to view the ever-changing panoramas
of the verdant valley of the Thames.

There in the fruitful heart of the
garden of Canada, the river traces its
winding course, touching the rugged
base of the sanatorium heights and
flowing on past meadowland and
shady woods to lose itself in the
western ridge of hills that rim and
shelter the nestling region from ex-
tremes of weather.

To return a moment to the ques-
tion of heredity and the curability
of tuberculosis, the London Health
association has published a little
booklet on its work, Health's Para-
dise Regained, a serious discussion
of the subject intended for the con-
sideration of those who find them-
selves confronted with the very sit-
uation that gave rise to the forma-
tion of the London Health associa-
tion fifteen years ago.

The Message.
"Have courage," is the message on
the fly leaf of the work, and back
of it the double-barred red cross of
the anti-tuberculosis crusaders, bring-
ing alive to all afflicted, the hope
of tuberculosis, says this official
spokesman for the sanatorium, "un-
like many other ailments which
trouble mankind, is not a disease
that responds to medicines."

"There is no medicine which by
itself cures tuberculosis, while the
patient keeps on living the old kind
of life," is the warning of the Cana-
dian association for the prevention
of tuberculosis and the National as-
sociation for the study and preven-
tion of tuberculosis, U. S. A. "Not-
ing has done more harm in this
disease than the habit of taking
patent medicines, which make lying
claims to cure the trouble, when, in
fact, they only stop the cough and
pain by the opiates in them, which
makes death easier, but none the less
sure and quick. Hence any medicine
which claims to cure tuberculosis,
on the face of it is a fake and its
maker is not to be trusted. Avoid
all such if you value your life."

"The same authority cites the fact
that it is now known that tubercu-
losis is not hereditary, and that it is
practically never handed on from
parents to the child before birth. We

recognize, on the contrary, that the
infection comes from tuberculosis
parents or relatives, who usually in-
fect the healthy-born child a short
time after birth, if their habits are
careless. When we see a whole family
die of the disease one after another,
it does not mean they inherited it
from their parents, but that there
was carelessness in the family, and
that each child in turn acquired the
disease from the careless parent,
brother or sister.

A House Disease.
"Tuberculosis is a house disease or
indoor infection, and is rarely or
never caught outdoors, where the
sunlight, which is our best disinfect-
ant, quickly kills the germ."
"Efforts at treatment," science tells
us, "must be chiefly directed to
strengthening the patient's body, for
whatever strengthens this, strength-
ens the cells which compose it, and
enables them to build up a strong
wall around the disease. The disease
then can be compared to a battle
between the germs which have gotten
into the body and the cells which
make it up. If the cells are well
nourished and cared for they will
win and will shut out and finally
kill the germ; if not the germs will
by degrees kill them and cause the
patient's death. As an ample ex-
perience has shown, it can be suc-
cessfully walled in that all symptoms
of its presence may be lost and the
patient can resume a normal and use-
ful life. The examination of the
lungs of those who have been healthy
and have died of some other cause
will show that a very much larger
number of people have had active
trouble at some time in their lives
than ever die of it, the scars of old
healed disease being found in such
cases."

"This disease, science has proven,
can be cured in the majority of cases,
if it is discovered early, while it is
not found out until it is advanced,
it is hard to cure at all."

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