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**BLACK HARE THROW-OVERS**, fine and full. Silky Fur, very fashionable; an imitation of Black Fox, @ \$3.00, \$3.60, \$4.00, \$4.50, \$5.50 each upwards.

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**PIECED MARMOT THROW-OVERS, NECKLETS and MUFFS**, at low prices.

**SABLE HARE NECKLETS and RUSSIAN (or Dark Brown) HARE NECKLETS**, in large full shapes; fur, fine and silky, @ \$2.10, \$3.00, \$3.60 and \$4.30 each.

(These are splendid value for a large cheap fur.)

**SABLE and RUSSIAN HARE MUFFS** @ \$1.65, \$2.00, \$2.50, \$3.00 and \$3.50 each.

**SABLE and RUSSIAN HARE SCARVES** @ \$1.10, \$1.45, \$1.75 and \$2.00 each.

We have a large selection of other Furs, of which it would be impossible to give a full category or list of prices here.

These comprise Pointed Hares and Opposums, Black Skunk Opposums, Foxlines, Fitches, Pieced Hares, Grebes and a lot of Velvet, Push or Imitation Furs for ladies.

We have of course our usual full stock of Children's Imitation Furs at small prices.

Now is the best time to make a selection or get a match to any furs you have.

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## Apples, Apples, Etc.

Now in Stock:

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The Spinster, by Hubert Wales.

Maid in a Market Garden, by Clo Graves.

GARLAND'S BOOKSTORE, 177 & 179 Water St. St. John's.

## ECONOMY OR—?

BY RUTH CAMERON.



It doesn't mean parsimony; it doesn't mean meanness; above all things it doesn't mean a short-sighted and self-defeating policy of doing—without those things which can be most easily dispensed with, regardless of consequences.

A neighbour of mine has pretty hard work to make both ends meet. She has three young children in her household, and it is not possible for her to leave home for an afternoon without having someone to take her place. Once in a while when the errands which she cannot ask anyone and goes to town. She had just come else to do have accumulated, she hires a woman to stay with the children back from such a trip the other evening when I went over to call and found her stretched out on the couch, pale and evidently completely exhausted.

"Does it tire you so much to shop?" I asked.

"It isn't just the shopping," she said, "but I walked all over town. I had an errand at A's and one at R's. (naming two points over a mile apart), and walking tires me so."

"Why on earth didn't you take a

car?" I asked in wonder. I actually never thought of the economy (?) motive. It seemed too absurd.

"I thought it would be extravagant," she said. Think of it! She was paying a woman for the time she was using; she knows that if she overdraws her strength, as she often does, she will have to pay a woman to help her with the work; and yet she spent lavishly of both time and strength to save five cents.

Economy, economy, what extravagances are committed in thy name! Another woman in our neighbourhood frequently boasts of the infinitesimal sum on which she contrives to feed her family. She is always criticising her next-door neighbour's bountiful board as being fearfully extravagant in view of her husband's modest salary.

Her neighbour on being acquainted with these charges retorted, "If she will add the doctor's bills she is always paying for those sickly, anaemic, under-fed children, to her household bills, I guess she will find that it costs her just as much to live as it does me, if not more."

Her neighbour was right. Nor do the doctor's bills alone represent all the cost of this woman's economy. She must also charge up against it the loss of efficiency which these children will probably suffer later from their under-fed childhood.

Under-economy is as common as poverty.

Real economy is as rare as brains. False economy is a thankless task. Real economy is a fine art.

Which do you practice?

*Ruth Cameron.*

## MAN AND THE SOIL.

Dr. R. V. Pierce of Buffalo, author of the Common Sense Medical Adviser, says "why does not the farmer treat his own body as he treats the land he cultivates. He puts back in phosphate what he takes out in crops, or the land would grow poor. The farmer should put back into his body the vital elements exhausted by labor, or by ill-health induced by some chronic disease." Further, he says, "the great value of my Doctor Pierce's Golden Medical Discovery is in its vitalizing power. It gives strength to the stomach and purity to the blood. It is like the phosphates which supply nature with the substances that build up the crops. The far-reaching action of Doctor Pierce's Golden Medical Discovery is due to its effect on the stomach and organs of digestion and nutrition. Diseases that begin in the stomach are cured through the stomach. A bilious spell is simply the result of an effort made by the liver to catch up when over-worked and exhausted. I have found the 'Discovery' to be unsurpassed as a liver regulator and rich blood-maker."

Miss LOTTIE KNESELY of Perth, Kansas, says: "I will here add my testimony of the effectiveness of your remedy upon myself. I was troubled with indigestion for two years or more. Doctored with three different doctors besides taking numerous kinds of so-called 'stomach cures' but received no permanent relief. I was run down, could not sleep at night with the pain in my chest, caused by gas on the stomach. Was weak, could not eat scarcely anything, although I was hungry nearly all the time. About one year and a half ago I began taking your 'Golden Medical Discovery,' and after having taken several bottles am nearly cured of stomach trouble. Can now eat without distress and have gained fifteen pounds in weight. I thank you for your remedy and wish you all success in your good work."

## Household Notes.

A square piece of cotton, pasted at each corner of the table oilcloth before using it, will prevent the corners from wearing out as soon as they otherwise would.

If you wish the contents of a saucepan to boil quickly, do not allow a metal spoon to remain in the pan, because a spoon carries off a great deal of the heat.

The best effect in polishing floors is gained by having them finished to the point of a soft glow and not a shine. They will then harmonize with the furnishings.

Soak a common floor mop in coal oil, it will make a good dust absorber. Soak the mop thoroughly, then hang it out in the air for a few days. It will then be ready for use.

After making sandwiches, place them in an earthen vessel and cover tightly. Set the vessel in a pan of cold water and the sandwiches will keep moist for hours.

When you are cooking a chicken, try the wing to find out if it is properly done. If the fork finds the wing tender, you can be sure of the entire chicken being well cooked.

A muddy skirt can be washed easily and white, if you will take some sour milk, dilute it with water and soak the skirt in it over night. Then wash in the usual way.

Sometimes hamburger steak is dry and tasteless. Put two of three table-

spoons of fresh cream or milk and a few bread crumbs in with it. You will find it juicy and delicious.

Plaster casts can be cleaned without injuring their outline by brushing them with an application of dry powdered whiting, which will penetrate the creases of the design.

When a garment is to be dipped into gasoline, it is a good idea to mark grease spots by running a thread around them; after the article is wet, it is difficult to detect the spots.

A very useful thing to keep in the sewing basket is a pair of tweezers to pull out stubborn threads left in the basting, especially those that the sewing machine has gone over.

When burning table scraps containing grease or powder substance, the unpleasant cloud of smoke can be avoided by placing the scraps in a bag or piece of old newspaper.

The first necessity in keeping food of any kind sweet and fresh is clean, dry and airy cupboards and closets. The next greatest necessity is a good well-cared for refrigerator of ample capacity.

In closets or rooms where it is difficult to keep things dry, because the air does not move freely, bowls or unslacked lime should be kept on the shelves near the food. It will absorb the moisture.

It is a good idea to have a good sized bowl in the ice chest. This you can use as a receptacle for odd bits of meat, that you wish to keep for croquettes or hash. The bowl should be kept covered.

When preparing oranges, pour boiling water over them and let them stand for about five minutes. The peeling will then come off easily and the bitter white lining will come off with the peeling.

It is best not to allow the marrow to remain on the backbone of your mutton or lamb or the thin membrane on your steaks, as these are the parts which decay quickly and taint the rest of the meat.

Pieces of dry bread and toast should be kept in a covered jar until you are ready to use them. Dry bread and toast can be used for a score of things, and odd bits should never be thrown away.

Try whipping the cream in the upper part of a double boiler, with fine ice or cold water placed in the lower part. The cream will not

## The Quickest, Simplest Cough Cure

Easily and Cheaply Made at Home. Saves You \$2.

This recipe makes 16 ounces of cough syrup—enough to last a family a long time. You couldn't buy as much or as good cough syrup for \$2.50.

Simple as it is, it gives almost instant relief and usually stops the most obstinate cough in 24 hours. This is partly due to the fact that it is slightly laxative, stimulates the appetite and has an excellent tonic effect. It is pleasant to take—children like it. An excellent remedy, too, for whooping cough, croup, sore lungs, asthma, throat troubles, etc.

Mix two cups of granulated sugar with one cup of warm water and stir for two minutes. Put 2 1/2 ounces of Pinex (fifty cents' worth) in a 16-ounce bottle, and add the Sugar Syrup. It keeps perfectly. Take a teaspoonful every one, two or three hours.

Pinex is one of the oldest and best-known remedial agents for the throat membranes. Pinex is the most valuable concentrated compound of Norway white pine extract, and is rich in quinine and all the other natural healing elements. Other preparations will not work in this formula.

The prompt results from this recipe have endeared it to thousands of housewives in the United States and Canada, which explains why the plan has been imitated often, but never successfully.

A guaranty of absolute satisfaction, or money promptly refunded, goes with this recipe. Your druggist has Pinex, or will get it for you. If not, send to The Pinex Co., Toronto, Ont.

spatter so much and will be kept cool and will whip much more quickly.

When finishing off a machine seam, turn the material and stitch back for an inch, this does away with the necessity of tying the thread, which if forgotten often causes trouble in the finished article.

## Ottawa Ladies are Smoking.

Chateau Palm Room Sees the Continental Fashion.

Is it "the thing" for Ottawa society women to smoke? Whether it is or not there is no doubt they do, and in public too, a fact which has been brought somewhat emphatically to the notice of the proprietors of Ottawa's new hotel, the Chateau Laurier, recently.

For certain members of the Capital's four hundred, or whatever the mystic number be, which is supposed to circumscribe the little band of the social elect, have been detected deliberately, calmly and with every appearance of sang froid, savouring fair and other things like that, wooing the weed in the palm room of the Chateau. (The palm room is where you go for five o'clock tea these days if you have any pretensions at all). No, dear friends, not hitting the pipe, just puffing a cigarette or two.—Ottawa Citizen.

## Boys in Parliament.

It is contended that the British House of Commons is the most widely representative legislative body in the world, since it includes not only all social grades, from the miner and artisan to the scions of ducal houses, but numbers amongst its members men of all ages, from the youth in his 20's to the veteran of 80 years.

So long ago as the year 1613 there were 40 legislators in the Commons who had not attained their 20th year, and, incredible as it may seem, certain of them were only 16 years of age.

Edmund Waller, the poet and courtier of Stuart days, was a school boy of 16 when he qualified as a member of Parliament. He was, as Clarendon says, "nursed in Parliament," and probably was the only man that ever lived who could look back two-thirds of a century to his debut as a legislator.

## If a Laxative is Needed—"Cascarets"

Salts, Calomel and Cathartic Pills are violent—they act on bowels as pepper acts in nostrils.

Take a Cascaret tonight and thoroughly cleanse your Liver, Stomach and Bowels, and you will surely feel great by morning. You men and women who have headache, coated tongue, can't sleep, are bilious, nervous and upset, bothered with a sick, gassy, disordered stomach, or have backache and feel all worn out.

Are you keeping clean inside with Cascarets—or merely forcing a passage-way every few days with salts, cathartic pills or castor oil? This is important.

Cascarets immediately cleanse and regulate the stomach, remove the sour, undigested and fermenting food and foul gasses; take the excess bile from the liver and carry off the decomposed waste matter and poison from the intestines and bowels.

Remember, a Cascaret to-night will straighten you out by morning. A 10-cent box from your druggist means a clear head and cheerfulness for months. Don't forget the children.

The Ark wasn't much to brag on in other respects, but Noah's wife had the satisfaction of knowing there were only two cockroaches in the house.

Minard's Liniment Cures Diphtheria.

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Crisco is an absolutely wholesome and delicious material made under hygienic conditions from vegetable oils, and contains no animal fats.

It is crisp, flaky—just the proper consistency to make it ideal for creaming in cake or for working into pastry.

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BUY A TIN TO-DAY.

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Lace and Button Vici Kid, Tan and Patent Leather.

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## BOVRIL

Comprises all that is good in beef, and that only. It has for very many years been used as a beverage or pick-me-up by the traveller, the athlete, the business man and the housewife, on the principle that it is wise to take it and keep well rather than to wait until you are ill.

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