

TO RISTS

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RABLE CTIMS

gry at little things that ordin... you. You feel nervous. You... appetite. You lose flesh—all run... the skin eruption that is stubborn... nervous condition which does not... lice? Are you going down hill?

IOUS AILMENTS nervousness, despondency, poor... irritable disposition, diminished... concentration, fear of impending... and tendency to sleep, unattracti... pimples on face, palpitation of... in back, lumbago, dyspepsia... practice in the treatment of all... eases. The above symptoms, and... plainly that something is wrong... at you need expert attention.

AUSTION there are numberless people who... they feel nervous, weak, languid... have no ambition or endurance to... an effort. Life to them appears... settles in poor and variable; they... aged. They have pains and achs... ere is often indigestion, belching... Sleepless, wakeful and restless... after meals and the brain tires

LING MAN well. Experimenting days long... the cause. No delays—no waiting... expected results. I make a fee... a fee of \$10.00 or \$25.00 it means... anation free.

m. Tues- DR. HERRICK... talo's Leading and Most... Successful Specialist... Niagara Sq. Buffalo, N. Y



LEO is Coming Wait!

Watch this paper for the good news THURSDAY, May 15th. He will be seen and heard on Falls Street, Niagara Falls, N. Y. 'Nuff sed.



"FLORENCE AUTOMATIC" OIL COOK STOVES

HAVE a cool kitchen this summer—save yourself the labor of attending to a coal or wood fire—use the cheapest of fuels—kerosene. And don't bother with wicks or slow heating burners. Let us show you this fine cook stove in actual operation.

"Full information about the Florence Oil stoves will be sent free upon request to our nearest branch office."



PRISONERS BURNED JAIL. in a daring attempt to gain their freedom. They endangered the lives of fifty-seven fellow-prisoners, thirty-three of whom were awaiting trial... on felony charges. None of the sixty... the ground early the other morning... prisoners escaped. The sheriff, with... the aid of twenty armed deputized... citizens and police. Used them... against the court house wall and gave... orders to shoot the first man who... tried to escape.

WAR SAVINGS STAMPS advertisement. Includes text: 'What Will You Do With The Interest?', 'When you cash in those Victory Bond coupons, exchange them for their par value in War Savings Stamps.', 'Your Country needs this money in those days of readjustment and reconstruction.', 'The purchase of War Savings Stamps is an easy way for you to save, as well as a patriotic duty.', 'BUY WAR SAVINGS STAMPS', 'JUDGE CAMPBELL, Chairman Lincoln County Committee', 'WAR SAVINGS STAMPS', 'A Saving For You and a Service to Your Country'.

WINTER DAIRYING PAYS Council Of Four On Austrian Treaty

A Few Very Simple Rules for Economical Feeding.

A Profitable and Efficient Station for Work Horses When Fall Work Closes—How to Feed Roughage to Live Stock to Best Advantage. (Continued from page 6.)

ONE great lesson which is being impressed on the people of Canada at the present time, and which cannot be emphasized too much is the need for thrift or economy, in this connection these in authority ought to set a worthy example to what Lincoln called "the Common People," or whom he is reported to have said, "The Lord must have loved them, because he made so many."

Farmers farm, "not for fun" as a man said to me one time, "but to make money." This may not be a high ideal for farmers or anyone else, but nevertheless it is a very necessary part in the lives of most farmers. The chief value of winter dairying from an economical viewpoint is, that prices for milk, butter, and cheese are always greater in winter than in summer, and if the product of milk can keep winter production costs down to the level of summer costs, the gain in price for the milk, cream and butter sold in winter, is clear profit. Some claim that this cannot be done and that the extra cost of feed in winter, more than counter-balances the extra prices received for winter dairy goods.

Simple Rules for Economical Feeding.

- 1. Grow as much of your own feed as possible.
2. Utilize roughages to the greatest degree possible.
3. Keep feeding stalls and pens well lighted, dry, clean and well ventilated.
4. Feed regularly.
5. Make changes in rations gradually.
6. Feed only what is eaten up clean and quickly at each feed.
7. Have clean fresh water before the stock at all times.
8. Study the individuality of each animal.
9. Feed mixtures where possible, as a variety of food is more palatable, and palatability is a factor in digestibility.
10. Cut feed to avoid waste.
11. Make a wide use of cuts which should form the basis of all our grain rations.
12. Always be kind and quiet with the stock. It pays.
13. Study market values of feed, and compound balanced rations accordingly, in order that the cheapest available be used.
14. See that the stock gets regular and sufficient exercise.
15. Keep all feeding troughs, mangers and utensils clean.—Prof. Wade Toole, Ontario Agricultural College, Guelph.

The Proper Ration for Horses When the Fall Work Closes.

When the fall work is completed and the hard-worked horse is at the beginning of his long period of idleness, feeders naturally plan to change the ration and carry the horse through the winter as cheaply as possible. The horse should get exercise regularly. He should not be taken from regular hard work and tied up in a stall day in and day out. If possible, the work should gradually ease off and the feed, particularly the grain ration, should be cut down accordingly. The idle horse may be wintered almost wholly on roughages. Good clover hay, or better, a mixture of clover and timothy well cured will serve as the main winter feed. Roughages are always cheaper than grain, and where hay is available the grain ration of the idle horse should be very small, but it horses are fed straw in place of hay a small grain ration is required to keep them from losing in flesh. A few roots are beneficial, a good-sized turnip once a day or a few carrots will be found to aid digestion. If hay is not plentiful straw may be substituted at the noon feed and roots given with it. In feeding hay make the morning and noon rations smaller than the night feed, giving about as much at night as at the two other feeds. Idle horses should be fed three times daily. If any grain whatever is fed make it rolled out and it is not necessary to give more than a quarter the amount used when the horses are at hard work provided plenty of good hay is available.—Prof. Wade Toole, Ontario Agricultural College, Guelph.

Ed. Konechek executed three sacrifices in the Robins-Braves game of May 3, the most any big leaguer hit this year.

CASTORIA For Infants and Children.

CASTORIA advertisement. Includes text: 'Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Ayer & Co. In Use For Over Thirty Years CASTORIA'. Also includes an illustration of a bottle of Castoria.

Albert Leflar of Orangeville, prominent in church and Sunday School work, and an extensive money lender, is dead.

Miss Ellice McKinnon, a school teacher, while visiting her cousin, Mrs. A. McLennan, at Glencoe, drowned herself in the well.

SPORT NOTES Jack Dempsey is en route to Toledo, where he will start training for the big bout on July 4. In the opening game of the season at the Island stadium, yesterday R. J. mell of Newark pitched a no-hit game. Newark won by 1 to 0.

The Giants tallied fourteen runs on May 2 off the Phillies. This is the high score to date. The Pirates and Robins lead in most stats for one game, with five apiece.

"It has probably been a surprise to many to recognize that the signing of the armistice did not mean the normal resumption of trade in various European Countries, and that instead a period of economic transition should set in which would present its own complex problems," an apt American statement quoted by the Canadian Trade Commission.

Glen Ridge advertisement. Includes text: 'Glen Ridge The Ideal Residence Area of St. Catharines', 'Glen Ridge is by far the most desirable residential subsection in St. Catharines now on the market, and possesses the following enormous advantages:', '1. It is close to the heart of the city, all lots within one mile radius of the Post Office and City Buildings.', '2. There are building restrictions ensuring the erection of only the most desirable dwellings.', '3. Beautiful surroundings and park areas.', '4. Prices moderate and reasonable terms.', 'We expect a big movement in this property in the next two months. So act quickly and own a home in the most beautiful subdivision in the Niagara Peninsula. For particulars apply THE ST. CATHARINES IMPROVEMENT COR., (LIMITED) 49 Ontario Street Phone 1107'.