

ON THE DEFENSIVE!

During the aftermath of influenza or its debilitating complications, there is more than ordinary need that you nourish and protect every avenue of your strength.

SCOTT'S EMULSION

because of its efficient tonic-nutrient properties, daily helps tens of thousands to renewed strength. Those who are fearful or rundown in vitality should use the means that help build up a healthy resistance. What SCOTT'S does for others it will do for you.—Try it!



Scott & Bowne, Toronto, Ont.

Keeping the Home Fires Burning

THERE ARE MANY MEN YET LIVING who can tell about going to the neighbor's miles away perhaps, to "borrow" a chunk of fire. Until it arrived, no warmth, no light could be kindled. Whole families have shivered for hours until the messenger could return with the precious spark from a neighbor's fireplace.

Today, with a box of

Eddy's Matches

on the shelf, you need not worry least the fire die down in the night, and you can leave your hours for weeks without making elaborate plans for getting a fire started when you return.

A match is a little thing, perhaps, but it has made a big difference in the world. And it makes a difference whether you get good matches or poor ones.

The best assurance of match satisfaction you can have is to see that Eddy's name is on the box.

The E. B. EDDY CO. Limited
HULL, Canada
Also makers of Indurated Fibreware and Paper Specialties

Relieve Your Rheumatism For 25c.

NR does it by improving digestion, assimilation and elimination—the logical way.

NR Today—Relief or No Pay

There are three vital processes of human existence—the digestion of food, the extraction of nourishment from it and the elimination of the waste.

Let anything interfere with these processes—let them be interrupted or improperly carried on, and sickness of some kind follows.

Poor digestion and assimilation means failure to derive full nourishment from food and that in turn often means impoverished blood, weakness, anemia, etc. Poor elimination means an accumulation of waste matter which poisons the body, lowers vitality, decreases the power of resistance to disease and leads to the development of many serious ills.

Rheumatism, due to some interference with the process of elimination, failure to get rid of certain body poisons—cannot be expected to yield to any medicine that fails to correct the condition responsible for it. Could any reasonable person expect to rid himself of rheumatic pain as long as

rheumatic poisons is allowed to remain in the body.

Think of this. It explains the success of Nature's Remedy (NR Tablets) in so many cases where other medicines have failed. Thousands are using NR Tablets every day and getting relief. Why pay five or ten times as much for uncertain things? A 25c box of Nature's Remedy (NR Tablets), containing enough to last twenty-five days—must help you, must give you prompt relief and satisfactory benefit—or cost you nothing.

And Nature's Remedy is not only for the relief of rheumatism. It improves digestion, tones the liver, regulates kidney and bowels, improves the blood and cleanses the whole system. You will make a new person when you've used NR Tablets a week. You've tried the expensive medicines and doctors, now make the real test. You'll get results this time. Nature's Remedy (NR Tablets) is sold, guaranteed and recommended by your druggist.

DICKISON & TROY Newcastle, N. B.

NR Tonight—Tomorrow Feel Right
Get a 25c Box

EASTERN STEAMSHIP LINES, INC.

INTERNATIONAL LINE
Resumption of Freight and Passenger Service
ST. JOHN and BOSTON

S. S. GOVERNOR DINGLEY will leave St. John every Wednesday at 9 a. m., and every Saturday at 6 p. m. (Atlantic Time)

The Wednesday trips are via Eastport and Lubec, due Boston 10 a. m. Thursdays. The Saturday trips are direct to Boston, due there Sundays at 1 p. m.

Fare \$9.00. Stateroom \$2.50 up. Direct connection will Metropolitan steamers for New York via Cape Cod Canal.

For Freight Rates and full information apply to,
A. C. CURRIE, Agent, St. John, N. B.

FIREBRICK AND FIRECLAY

Geo. Burchill & Sons,
NELSON, N. B.
Phone 226-4

Report of Ford Line To Ireland Is Confirmed

Detroit, Mich., Oct. 8.—A report from London that Henry Ford is considering the establishment of a steamship line to Ireland was corroborated here this afternoon by Charles E. Soren, senior superintendent of the Ford Tractor Company.

Mr. Sorensen declared that a number of American industrial concerns, having Irish branches, have been asked to provide means of shipping to and from Ireland. The Ford interest with a branch at Cork, he said, were asked to do so and Mr. Ford promised to consider the request.

Cablegrams to that effect, he said, had been sent to Cork.

Royal Bank of Canada Expansion

Announcement is made that the Royal Bank of Canada in its policy of expansion has opened a branch in Rio de Janeiro and will shortly open branches in Buenos Aires, Argentina; Montevideo, Uruguay; Barranquilla, Colombia, and San Paulo and Santos, Brazil. The Royal Bank of Canada was the pioneer Canadian financial institution to develop a connection with Cuba and now is taking the lead in getting into the South American field.

School Teachers And Salaries

A meeting of the Commission appointed under an act of the last session of the Legislature to consider the question of teachers' salaries was held in the Government rooms yesterday.

The commission has several propositions before it in regard to the pay of teachers, and is making progress in working out a schedule which it is hoped will be satisfactory to the teachers of the province. The members of the commission are Hon. W. E. Foster, Hon. Peter Veniot, W. S. Carter, the Chief Superintendent of Education; W. S. Sutton, M. P. P. for Carleton County; William Barker, Principal of the Moncton High School representing the teachers, and W. H. Fiewelling, of Hampton, representing the School Trustees.

STRUCK OFF STRENGTH.

The undermentioned officers are struck off the strength of the C. E. F. on general demobilization, unless otherwise stated:

Major George Harris Willett, June 30, 1919.

Major Roderick French MacLaughlan, M. C., medically unfit, July 7, 1919.

Captain Charles Benjamin Bate, M. C., July 16, 1919.

Captain Albert Edward Logie, August 1, 1919.

Captain Charles Potter McCulley, August 7, 1919.



"My Back Is So Bad"

PAINS in the small of the back, lumbago, rheumatism, pains in the limbs all tell of defective kidneys.

Poisons are being left in the blood which cause pains and aches.

The kidneys, liver and bowels must be aroused to action by such treatment as Dr. Chase's Kidney-Liver Pills.

There is no time for delay when the kidneys go wrong, for such developments as hardening of the arteries and Bright's disease are the natural result.

One pill a dose, 25 cents a box, all druggists, or Edmaness, Balpe & Co., Ltd., Toronto.

Dr. Chase's Kidney-Liver Pills

The Feeding Value of Tankage And Meat Scraps

Leghorn pullets, if heavy layers, consume about 82 pounds of feed per year.

Pullets that were poor layers used within 18 pounds as much feed as the good layers. This amount of feed, if of the proper kind, may increase egg production over 100 eggs per bird.

When given an opportunity, pullets ate eight to ten times as much oyster shell as grit.

Results indicate that the presence of animal protein in a ration increased the efficiency of the other feeds given.

Although the egg production varied from year to year, the general tendency was for meat scraps and tankage to be equally efficient.

The pullets in the pen fed tankage laid an average of 183.5 eggs; in the meat scraps pen, 179 eggs; and in the no meat-fed pen, 59.35 eggs per year.

Under war time conditions, it cost slightly over \$2.00 to feed a laying Leghorn pullet for 12 months.

It cost an average of \$0.123 for feed to produce one dozen eggs in tankage pen, \$0.136 in the meat scraps pen, and \$0.33 in the no meat feed pen.

It cost less to feed a pullet when no tankage or meat scraps were fed, but it cost more to produce one dozen eggs.

The amount of feed required to produce one pound of eggs was 3.6 pounds in the tankage pen, 3.77 pounds in the meat scraps pen and 9.32 pounds in the no meat-fed pen.

Sudden severe lowering of temperature in the winter retarded egg production of Leghorns.

The profit over feed costs was \$4.17 in the tankage pen, \$4.60 in the meat scraps pen and \$0.43 in the no meat-fed pen.

A Leghorn pullet produces about 25 pounds of manure on the roosts each year.

There was nothing to indicate that the rations given had any influence on the mortality of the flocks.

—Purdue Experimental Station, Bulletin.

GET YOUR NAME ON HONOR ROLL

When the light is flashed upon Victory's Honor Roll—upon the names of those who served—will your name be there?

Heaven: Long years from now, when the infants of today have become men and women, when the Great War is only a memory and tall trees are waving over the graves on Vimy Ridge, in the Somme Valley and in countless other places on the old battlefields of France, you will still be pointed to and spoken of as a Canadian who did or did not do his duty.

Place your name where the torch of victory will illuminate it in a queenless, deathless glow. Place it with those who pledged their last dollar in the purchase of Victory Bonds, 1919.

His First Shave—Nearly.—For some time young Jones had suspected when he stroked his chin, that there was something there, and now he was certain of it, so fearfully he hid himself to the barber's shop, and braced again when he found he was the only customer. Calmly he took possession of the operating chair, and the towel had just been placed below his chin when—horror!—the door opened, and in stalked three of his office colleagues. "Shave sir!" said the barber to the horror-stricken Jones. "N-n-no," blurted out the unfortunate youth in desperation; "Face washed, please."

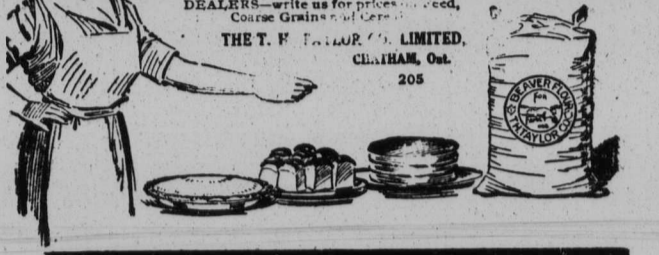
Don't Bother with "Special Pastry Flour"

You can get the same flaky lightness in your Pie Crusts, Tarts and Cookies, with

BEAVER FLOUR

as you can with any pastry flour. Beaver Flour is milled of the famous Ontario fall wheat, strengthened with western spring wheat.

And more than that—Beaver Flour makes a loaf of bread that is a joy to eat—with fine, even texture and a delicious, "homey" nutlike flavor, unknown to those who still use the tough, tasteless, western spring wheat flour. Make the change today—order a barrel of Beaver Flour at your grocer's and have really delicious bread and Pastry.



STRENGTHEN YOUR LUNGS and preserve yourself from la Grippe, Bronchitis, Colds, by taking

VIN MORIN

CRESO-PHATES
It is the best tonic for all those suffering from Weak Lungs and subject to Colds.

On Sale Everywhere. DR. ED. MORIN & CO., Limited, Quebec, Canada.

MARVEN'S WHITE LILY CAKE

Devon Pound Cake, Devon Genoa Cake, Devon Sultanah Cake, Devon Fruit Cake.

THE CAKE THAT LOOKS GOOD AND IS GOOD

J. A. MARVEN, LTD.
BINGO MANUFACTURERS
MONCTON HALIFAX ST. JOHN

HELP THE CHILD TO HELP HIMSELF

It is difficult for a child to realize the value of money. Make him a present of a Savings pass book. The Savings Account will mean far more than the amount deposited. It will mark the commencement of THE HABIT OF THRIFT.

OPEN AN ACCOUNT FOR EACH CHILD IN THE ROYAL BANK OF CANADA



The Prince Shaking Han's with Indian Chief.