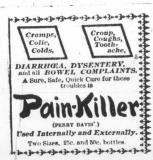
## We Would Like You

To Know More About Our Teas



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A VICTIM OF ASTHMA

HAD NOT SLEPT IN BED FOR TWENTY-FIVE YEARS. ual Misery-Father, Grandfather, and Great Grandfather Had Died From the Trouble Release Comes in Old Age—The Cure Looked Upon as a Miracle. Doomed to Torture and Con

WHAT HE DID. 20 CENTS es' Councillor Sheppard Gives an Lecount of His Stewardship. Secures a Good Liver And Good Health

From the Gananoque Journal.

To the Editor: Dear Sir,—Sin my return from the Counties C uncil meeting at Bro kville I have been harras ed by questions on all sides as to how I liked the Council, the new

THE PART AND THE THE PART AND T

DARDON STORMS

TO STOR

SLEEP. BALMY SLEEP.

IT IS NO WASTE OF TIME TO GET

Here Cleared Away - The Folly of

PLENTY OF IT.

caples of vegetable physiology. Anything which has a tendency to check or retard the flow of sap in trees meturally prevents the formation of new twally prevents the formation of new twood. This process of retarding wood growth is done in many ways. By pruning, to prevent leaves from forming and giving the tree health and vigor; by confining the roots in a small space, by withholding water, and by twisting the branches, and by a half-hundred other processes, all of which proceed from the same principle. When a tree has been chosen, which is usually one that is naturally stunted, its main stem and roots are twisted in zigzag form, which process is intended to check the flow of sap. The pots in which they are planted are narrow and shallow, so that they hold but a comparatively small quantity of soil compared with the wants of the plant, and no more water is given them than is necessary to sustain life. Nature generally struggles against this treatment, but eventually adapts itself to the new condition, and ere long the beautiful and curious dwarf tree of the Orient is produced.

their destiny in the case of experimental science.

"Hospital Schools." are in course of establishment at most stations of india. The commanding officer of the Infantry Battalion tried the experiment of providing, with the sanction and approval of the medical officer, instruction available in hospitals for the voluntary attendance of all patients whose allments do not render study undesirable or irksome. Thus a sprained ankle, or a broken arm in its convalescent stages, does not afford any impediment to study, and the few hours devoted to such work form a pleasant interlude in the monotony of life in hospitals. Young non-commissioned officers seeking promotion require a second-class certificate of education, and detention in hospitals, owing to minor allments, has often debarred such men from promotion, or, at least, caused great delay, but with the hospital school in existence their studies need not be interfered with. There seems no reason why the Home Service should not derive another lesson from India in this particular. Test for Canned Goods.

Like Pets in the Poultry Yard.

should be inspected carefully before eating.

When a can is bulged the contents should not be used, as the condition of the fin shows that air has reached the inside and decomposition has set in, which has caused gases to be generated. The gases thus formed, have forced the tin to bulge.

Cases of poisoning through eating canned fruit and meats are so common that the above method of detecting poisonous canned foods should be valuable to housekeepers.

Valuable to housekeepers.

Cold Metals Diffused.

Professor Roberts-Austen of London in a lecture before the Royal Society, recently spoke on "The Interdiffusibility of Solid Metals While Cold." It was then shown that solid metals may be made to mix themselves as if the atoms of which they are composed were living creatures. He showed that when clean sheets of lead and gold are held together in the absence of air at a temperature of 40 degrees they will unite firmly, and can only be separted by a force equal to one-eighth of the breaking strain of the lead. The professor has also proven that if a plate of gold be laid under one of lead about three-tenths of an inch thick, in three days the gold will have risen and diffused itself to the top of the other metal in very appreciable quantity.

New Method of Securing Rubber.

Appropos to the numerous articles which have appeared lately regarding the probability of the exhaustion of the future supply of rubber is the report of a United States consul at Nicargua, who reports that a method of securing the rubber less destructive to the trees have been cut down or the legid made to exud from incisions at the foot of the tree, but it has been found that the leaves of the rubber tree yield a purer and more abundant supply.

A Circus Farm. Cold Metals Diffused.

to see that the med'cal profession is discarding the maxims of Solomon and Benjamin Franklin, and meulcating more sensible views on this subject.

Growing children in parficular of their proper hours of rest. They people, yet often, with a view to meulcating this people may grow the action of sound slumber and set to work. An instance came under my observation in this city which illigation with the class has periclous results may follow curtailing the hours of sleep of growing children. The son of a once extensive florist. They people of growing children. The son of a once extensive florist arrowing lad, in his early teens, was an exceptionally dull boy in school. Always at the foot of the class, he failed time after time to hass his examinations for the next practical properties of the class, he failed time after time to hass his examinations for the next practical properties. His design is to obtain the conditions suited to every sort of animal boy in school. Always at the foot of the class, he failed time after time to hass his examinations for the next practical properties. His design is to obtain the conditions suited to every sort of animal was formed that he was a semil-diot by circums and finally one teacher, who was a semil-diot by circumstance and environment. She found that he was conditions and environment. She found that he was a more properties of the provided for them. Sections of the jungle will be fenced off with a wire barrier 18 feet high for the tigers, which, with their off of indoors when it is too after; he was growing fast and did not get the same provided for them. Sections of the jungle will be fenced off with a wire barrier 18 feet high for the tigers, which, with their of the tigers, which, with their off or indoors when it is too and for the tigers, which, with their off or indoors when it is too and the too close or after; he was growing fast and did not get the same provided for them. Sections of the jungle will be formed to the fall of the provided for them. Sections of the jungl

The Latest Chatter THE REAL PROPERTY OF THE PARTY OF THE PARTY

CHOOSING A DOCTOR.

A medical authority who may be pre A medical authority who may be pre-sumed to understand the true inward-ness of the profession has lately pub-lished some advice about the selection of a family phylcian, declaring such a choice to be a very important matter, often undertaken in the most hap-hazard way.

The following "donts" are given: Don't choose one who has not the re-spect of his colleagues; don't tolerate one who is constantly slinging mud at

Like Pets in the Poultry Yard.

Bacteriology is a science that gives the greatest pleasure to students, and they are invariably keenly enthusiastic, says an English journal. To have a fine colony of diphtheria or cholera germs in a flourishing condition is a source of great pride to experts, and they inspect the various germ families in their possession with more than the pride of a poultry fancier making a round of his yard. Just now it is a very distinguished thing among bacteriologists to have specimens of the bubonic plague bacillus. Of course, they are expensive, and difficult—at present to obtain in England at all, while in the United States there is said to be only one man who has the bacilli. They may, of course, become as easily procurable as cholera or typhoid microbes, but that will not be yet; and many people will pray—never. It is not pleasant to think that a slight accident may result in the implanting of the bacteriologist's germs in the most fruitful soil, instead of their remaining in his laboratory to work out their destiny in the case of experimental science.

SIZES OF THINGS. A span is 9 inches.
A hand is 4 inches.
A size in collars is 1 inch.
A quarter of cloth is 9 inches.
A nautical knot is 6100 feet.
A size of cuffs is half an inch.
The nall is 2 1-2 inches long.
A hedgehog is 10 inches in lengtl
One hundred quarts make a cas
The royal 32 mo.page is 5 by 3 inch
The royal 24 mo. page is 5 1-2 by 3
A square 16 mo. page is 4 1-2
11-2.

royal octavo volume is 10 1-2 b; ordinary octavo is 9 1-2 by feet.
A bushel is equal to 2150.42 cubic

The ordinary human nose is 2 inches long.
A demy folio volume is 18 by 11 Desks are from 26 to 30 inches in

SOME OLD BOOKS,

The first anthology was a collection of Greek poems, epigrams and other small pleces by Archilochus, Sappho, Somonides, Meleager, Plato, and others between 680 and 95 B.C.

In 1471 a French baron offered a pledge of ten marks of silver that a copy of Avincenna, which he desired to read, would be returned, and even with this security, equal in our money to over 860, his request was refused.

It is asserted by typographical authority that the first Bible printed in America was "John Eliot's Indian Bible," in 1663. The language into which this bible was translated is extinct, and it is said only one or two persons are able to read it.

The "Book of Common Prayer," was prepared by the command of Henry VIII. in 1546. It underwent several revisions, but the second, made in the reign of Edward VI., very nearly approached, the prayer book as used today in the Church of Enegland. The most of the chapters of Livy, as well as some of the entire compositions of Cleero and other ancient authors, have been recovered from the palimpsests, how dish the parchalle of the parchalle of the partially effaced in order that the monthsh transcribe homelies.

been recovered from the palimpsests, the original writing having been par-tially effaced in order that the mon-kish transcribers might use the parch-ment for their homilles.

ODD AND CURIOUS.

Mississippi River at the point it flows out of Lake Itaska, is The Mississippi River at the point where it flows out of Lake Itasku, is ten feet wide and eighteen inches deep. The loftiest inhabited place in the world is the Buddhist monastery of Haine, in Thibet, It is about 17,000 feet above the sea.

On the summit of Ben Lomond may be seen the smallest tree that grows in Great Britain; it is known as the dwarf willow, and is, when mature, only about two inches in height.

The sea has no herbivorous inhabitant, Its population live on each other, and the whole of this immense expanse of water is one great slaughter house, where the strong forever prey upon the weak.

Many savage nations worshiped only the malevolent deities on the principle

tion.

A bird of immense wing power is the tiny stormy petrel; it belongs to every sea, and, although so seeming frail, it breasts the utmost fury of the storm; skimming with incredible velocity the trough of the waves and gliding rapidly over their snowy crests. Petrels have been observed 2000 miles from nearest land.

Pneumatic car fenders have recently been patented, consisting of a number of elastic tubes set in metal frames shaped like ordinary fenders.

A handy little coin package is made of metal and is fitted with a sliding section around the barrel portion, which can be closed and fastened with a loop when the package is full.

A new folding table has a drawer set in the under portion of the table top in such a manner that it cannot be removed when the legs are folded up, the legs covering the front of the drawer.

An adjustable handle for carrying An adjustable handle for carrying An adjustable handle for carrying traveling bags is arranged so that it can be fastened to either side of the bag by riveting a pair of brackets in which the ends of the handle lock to each side of the bag, thus allowing the bag to be carried either flat or edgewise as desired.

A recent improvement in monkey wrenches consists of a lever lying parallel with the handle to tighten the grip of the Jaws. To operate it the tever is raised and the jaws screwed as tight as possible by means of the usual thumb-crew, when the lever is forced downward, thus closing the jaws more tightly together.

at home in California than in Australia, as the eucalyptus-tree has done, and that they will scatter themselves through the state.

The hippopotami are to have a lake of their own, where they will be entirely undisturbed for months at a time.

An Ant Fifteen Years Old.

Sir John Lubbock, the naturalist, has been experimenting to flad out how long the common ant would live if k:pt cut of harm's way, says the Scientific American on August 8, 18%, an ant which had been thus kept and tenderly cared for died at the age of 15 years, which is the greatest age any species of insect has yet been known to attain. Another individual of the advanced age of 13 years.

Animal Instinct at Fault.

Many persons still believe that the instinct of animals preserves them from certain accidents, and that they never eat anything that is injurious to them. Well-instructed persons have long known that in this regard animals are no better off than men. A chicken does, not hesitate to drink paint; a cow partakes of water in which bags containing nitrate of soda have been washed dwish was once the home of the ancestois of George Washington has been sold for the purpose of making a cemetery out of the home of the ancestois of it. It is situated in the county, of Durham and is called Washington Hall.

The historic mansion is now divided up and used as a tenement hoose.

LiverIlls

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