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o be found. but it may me. -E. M.

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l two large , mix in egg

put in cold g salt water ful of sugar. l pour over ad salt.

en peas in cepan with ites. Have a colander. a, three or

green fruits worst forms complaints Extract of house. For medy.

Children's Department.

Grandma

When grandma puts her glasses on, And looks at me-just so-If I have done a naughty thing She's sure somehow to know How is it she can always tell So very, very, very well?

She says to me: "Yes, little one, Tis written in your eye! And if I look the other way, And turn and seem to try To hunt for something on the floor, She's sure to know it all the more.

If I should put the glasses on, And look in grandma's eyes, Do you suppose that I should be So very, very wise Now, what if I should find it true That grandma had been naughty, too?

But ah! what am I thinking of? To dream that grandma could Be anything in all her life But sweet and kind and good! I'd better try myself to be So good that when she looks at me With eyes so loving all the day, I'll never want to turn away. -Our Little Onex.

For Choir Boys.

RESPONDING,

It will help you much to be careful and attentive if you will make your responses right through the Service; make every response, not one here and one there; do not be silent half pleasant ways.' through Litany, and then think it sufficient to join in at the Lord's Prayer or the final suffrages.

Do not be thinking too much of your voice, but think enough of it to use it

well and always. If you have a good voice, thank God for it. Be proud of it, but only that you may use it in the best way in the

service of God. If you have a loud voice, be careful to moderate it, or it will only spoil instead of help the singing.

Exnaustion

HORSFORD'S

PHOSPHATE,

The phosphates of the system are consumed with every effort, and exhaustion usually indicates a lack of supply. The Acid Phosphate supplies the phosphates, thereby relieving exhaustion, and increasing the capacity for labor. Pleasant to the taste.

Dr. A. N. Krout, Van Wert, O., says: "Decidedly beneficial in nervous exhaus-

Dr. S. T. Newman, St. Louis, Mo., says: "A remedy of great service in many forms of exhaustion."

Descriptive pamphlet free.

Rumford Chemical Works, Providence,

Beware of Substitutes and Imitations.

OAUTION.—Be sure the word "Horsford's" is printed on the label. All others are spurious. Never sold in bulk,

Three Classes.

Charles Kingsley, writing to some young friends who were addicted to gambling, says

My dear boys, the human race may, for all practical purposes, be divided into three parts

(1) Honest men, who intend to do right, and do it. (2) Knaves, who mean to do wrong, and do it. (3) Fools, who aim to do whichever is the pleasanter.

This latter class may be subdivided thus: 1. Black fools, who would rather do wrong, but dare not unless with the crowd. 2. White fools, who would rather do right, but lack courage unless it is the fashion.

A Good Reference.

John was fifteen, and very anxious to get a desirable place in the office of a well-known lawyer, who had advertised for a boy, but doubted his success | \$14. because, being a stranger in the city, he had no references to present.

"I'm afraid I'll stand a poor chance," he thought, despondently; "however, I'll try and appear as well as I can, for that may help me a little."

So he was careful to have his dress and person neat, and when he took his turn to be interviewed, went in with his hat in his hand, and a smile on his

The keen-eyed lawyer glanced him over from head to foot.

"Good face," he thought, "and

Then he noted the neat suit—but other boys had appeared in new clothes -saw the well-brushed hair, and cleanlooking skin. Very well, but there had been others here quite as cleanly; another glance, however, showed the finger-nails free from soil.

"Ah! that looks like thoroughness," thought the lawyer.

Then he asked a few direct, rapid questions, which John answered as directly,

"Prompt," was his mental comment: 'can speak up when necessary. Let's

see your writing," he added, aloud. John took the pen and wrote his

"Very well, easy to read, and no flourishes. Now, what references have you?"

The dreaded question, at last!

John's face fell. He had begun to feel some hope of success, but this dashed it again.

"I haven't any," he said, slowly, "I'm almost a stranger in the city."

"Can't take a boy without references," was the brusque rejoinder, and as he spoke a sudden thought sent a flush to John's cheek.

"I haven't any references," he said, with hesitation, "but here's a letter from mother I just received. I wish you would read it."

The lawyer took it. It was a short

My Dear John,—I want to remind you that wherever you find work you must consider that work your own. Don't go into it, as some boys do, with the feeling that you will do as little as you can, and get something better soon: but make up your mind you will do as much as possible, and make yourself so necessary to your employer that he will never let you go!

"You have been a good son to me, and I can truly say I have never known you to shirk. Be as good in business, and I am sure God will bless your



- SPRING -

Clearance Sale.

SOLDEN LION

MEN'S SUITS.

All Wool Tweed Suits, \$5.75, worth \$8.

All Wool Fine Tweed Suits, \$7.75. Regular prices of these suits were from \$11 to \$13.

Blue Serge Suits, great value, \$5.

Black Worsted Suits, \$10, same as sold elsewhere for

CLERICAL CLOTHING.

Alpaca Coat and Vest, black and colors, \$2.50. Blue Serge Coats, unlined, \$3.50. Silk-finished Lustre Coats and Vests, \$5.50. Clerical Summer Coats, fine diagonal worsted, unlined, \$5.50.

R. WALKER & SONS,

33, 35 AND 37 KING STREET E., 18, 20 AND 22 COLBORNE STREET.

"H'm!" said the lawyer, reading it over the second time, "that's pretty good advice, John-excellent advice! rather think I'll try you, even without the references.'

John had been with him five years, and last spring was admitted to the Bar.

"Do you intend taking that young man into partnership?" asked a friend, lately.

"Yes, I do. I couldn't get along without John; he is my right-hand standing, Inward Tumors, and man!" exclaimed the employer heartily.

And John always says the best reference he ever had was a mother's good advice and honest praise.

Before Starting

On a journey place a bottle of Clark's Lightning Liniment in your satchel. A few drops in water will prevent sickness or pain from change of water. It is better than spirits or bitters as a stimulant. Miners and lumbermen should always be provided with it. All druggists sell it; price fifty cents. If the druggist has not got it ask him to get it for you. It will pay you to wait. Clark Chemical Co., Toronto, New York.

The Lion Story, or Seized and Saved.

The hot night was over, and it was just time to rise for the day's work. A black figure might have been seen running across the parched ground to a house rather neater and better than the mud huts which formed the African village. This was the home of a missionary, and the African was urgent that the white man should come with him quickly. He said he lived on a hill called Mlima wa Riali-Dollarmountain, near the C.M.S. station of Rabai, and wanted the missionary to No Duty on Church Bells. Mention this P

DONALD KENNEDY Of Roxbury, Mass., says

Kennedy's Medical Discovery cures Horrid Old Sores, Deep Seated Ulcers of 40 years every disease of the skin, except Thunder Humor, and Cancer that has taken root. Price \$1.50. Sold by every Druggist in the U.S. and Canada.

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