

Helpful Hints About the Dairy

All dairy utensils should be exposed to the rays of the sun just as much as possible after being thoroughly cleaned and scalded. Sunlight is one of the best known enemies of bacteria. A rack on the south side of the dairy house, where the sun's rays strike most, is neither expensive nor unhandy.

The best way to properly cleanse the different dairy utensils is to first rinse with cold or lukewarm water and then wash with a stiff scrubbing brush in warm water, first dissolving some good washing powder. Afterwards rinse with boiling hot water and place on an incline on the "sun-bath" rack. Don't turn them upside down or the sun can't get in its work.

Cloth should not be used either in washing or wiping the different parts. If the rinse water used last is hot enough no wiping is required.

It's a poor plan to use hot water before the can is thoroughly cleaned. It should not be so hot that one can not bear one's hand in it. Hot water cooks the albumen in the milk and the result is a yellow deposit in the corners and seams.

The same rule for washing applies to all dairy utensils—cans, pails, separator parts, strainers, etc., and never use wooden ware about the dairy. It can't be kept clean. A wooden pail is all right for carrying shelled corn to the chickens, but it isn't all right for handling either milk, cream or skim milk. It is practically impossible to keep it clean.

Fly Poisons

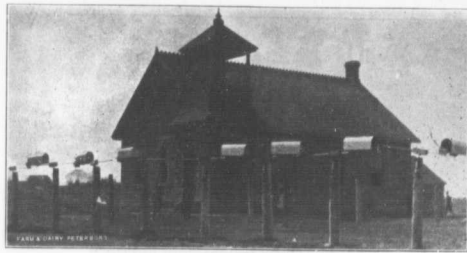
A cheap and reliable fly poison, which is not dangerous to human life, is bichromate of potash in solution. Dissolve one dram, which may be bought at any drug store, in two ounces of water; add a little sugar,

and place about the house in shallow dishes.

To clear rooms of flies use carbolic acid, heating a shovel and pouring on it 20 drops of the poison. The vapor will kill the flies. Another method: Burn pyrethrum powder in

Flies pass the winter hidden in cracks and holes in attics and cellars. Many of these may be killed in the spring by the two methods just described.

Be sure that all drugs and chemicals used are fresh and pure, otherwise re-



Rural Mail Delivery in Prince Edward County

The schoolhouse here illustrated is located in Prince Edward Co. near the Nottawasaga cheese factory. The farmers living on the side roads have the mail carrier leave their mail for them in their boxes. In some cases the children bring the mail home from school. There is no reason why Free Mail Delivery should not be extended through all the thickly settled farming districts in Canada.

Three years ago the Dominion Government were strongly opposed to the introduction of Free Rural Mail Delivery into Canada. About that time Farm and Dairy sent an editorial representative to the United States to investigate the working of the system there. The series of articles we published at that time attracted wide attention and in a few months the Dominion Government changed its attitude and announced that it was preparing to introduce Free Mail Delivery on a limited scale. Since then Free Rural Mail Delivery routes have been established in all parts of Canada.

—Photo by an Editor of Farm and Dairy.

the room. The flies will fall to the floor stupefied and may be swept up and burned. The powder should be moistened and molded into cones, and after drying, each cone should be placed upon a dish and lighted at the top. It will burn slowly, and the odor is not disagreeable.

sults may not be satisfactory.

Pour scalding water over oranges and let them stand five minutes, and the thick white skin that is so hard to get off will come off with the outside peeling and the fruit will be ready to slice.

Remedies for Minor Injuries

The very first thing to do for every wound, great or small, is to thoroughly cleanse it with boiled water, not hot water, remember, hot water that has been boiled and cooled. Blessed is the mother who keeps a kettle filled with boiling water at all hours of the day! Boiling water is necessary for so many things, but many householders feel that their white duty is not done unless they have the kettle emptied and turned upside down on its own particular shelf after each meal. Bathe the wound with water as hot as the sufferer can stand and let it bleed freely. This does not mean that a great deal of blood should escape with nothing done to stop it, but in the cases where a bit of glass, a nail, or some sharp instrument has made a little wound. Hot water is very soothing and also lessens the danger of blood poisoning.

For sprains and bruises hot water is also very helpful. If the skin is not broken the water need not be boiled and cooled, but ordinary hot water as hot as the patient can stand should be applied. Many times the inflammation is reduced at once and the pain eased as if by magic by the simple application of hot water, when cold would only annoy.

For burns, cool applications give relief, and some sort of remedy like soda or apple butter or starch should be applied, to keep the air from the skin. If a child is burned, the best thing is to wrap up the place, to exclude the air, and put the sufferer to sleep. Rest and quiet and the soothing lotion will do wonders even to a little baby.

Wrought iron articles should be cleaned with a cloth dipped in sweet oil and afterwards polished with a flannel.

THE COOK

Recipes for public use. Regularly answered. The Household Cook. Peterboro, Ont.

DATE S

Delicious salad. Dates chopped and mixed with cream, sprigs of graham leaves, buttered or not.

GRAND AN

Remove the p... from six oranges and break the mix... tions; mix with... dressed and cut... blanched lettuce... joring dressing.

SALAD

To the yolks... very light and... shed sugar and... orange juice l... lemon or grape

PINEAPPLE WIT

A simple and d... with pineapple... has been well dr... in small pic... with whipped cre... be used and keep... served very cool... H. C. T.

BOULEARS

One half pint... one half pint of... tablespoons of... spoonful each of... cinnamon, one te... cupful of flour... into minceless... flour, dissolve so... and pour it in... lumpy. Bake in... This is fine put... and eaten

AMPLE REWARDS FOR LITTLE LABOR

FARM AND DAIRY'S LIBERAL PREMIUM OFFERS

DURING the next few weeks while our campaign is under way to increase the circulation of Farm and Dairy to 10,500 by October 15, we are making some unusually liberal premium offers. For instance, instead of asking for Nine new subscriptions to win a pure-bred young pig,

A PURE-BRED PIG FOR ONLY SIX NEW SUBSCRIPTIONS
More complete details of this offer are given elsewhere in this issue. We will also give
A PAIR OF PURE-BRED FOWL FOR ONLY THREE NEW SUBSCRIPTIONS

Premiums that hitherto we have offered for Two new subscriptions, we now offer for only One. Here are some of our great offers:

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WE WILL GIVE

- A Buck Saw.
- A Fountain Pen, 14 Kt. Gold Point (worth \$1.00)
- Gardener's Knife (Extra Heavy).
- Pruning Shears (Eleven-Inch).
- Books on Agriculture, Horticulture and Dairying (Your Choice of 40).
- Embroidery Stamping Outfit.
- ANY FIVE PATTERNS Shown in Farm and Dairy.

The Canadian Horticulturist for One Year (Published Monthly, 60 cents a year).

FOR ONLY TWO NEW SUBSCRIPTIONS

- A Repeating Alarm Clock.
- Boy's Nickel Plated Watch.
- Ten-Inch Tested Dairy Thermometer.
- Woman's Kitchen Friend.

FOR ONLY THREE NEW SUBSCRIPTIONS

- Roll Film Camera (See Illustration).
- Combination Repair Outfit.
- Bissell's Brunswick Carpet Sweeper.
- 10-Piece Toilet Set.
- Fish Net Lace Curtains, 52 Inches Wide, 3½ Yds. Long.

FOR ONLY SIX NEW SUBSCRIPTIONS

- English Semi-Porcelain Dinner Set of 25 Pieces.
- (Hitherto we have asked 9 subscriptions for this set.)

EXTRA SPECIAL—\$15.00 Cash for 25 New Subscriptions each taken at only \$1.00 a year.

Many other premiums, including Books, Household Utensils, Furniture and Live Stock, will be given to you in consideration of the help you render us between now and Oct. 15th.

Start in right away; others will start To-day.

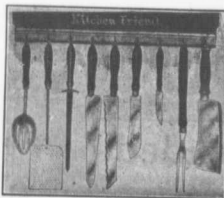
Subscriptions may commence with our Special Exhibition Number and Illustrated Supplement out next week.

FARM AND DAIRY, Peterboro, Ont.



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