Echotional Service.

JULY 20 .- "MEANS OF GROWTH."

Phil. 3, 12-16; Col. 1, 10-14.

	Home Readings.
Tues., July 15. Wed., July 16. Thu., July 17. Fri., July 18.	Like a palm-tree Ps. 92, 10-1 Like a lily Hos. 14, 1- The growth of evil Ps. 90, 1- Builded in Him." Eph. 2, 18-2 Perfect Heb. 13, 15-2

Growth itself and means of growth are two very different things. There is growth in the apple-tree at this season of the year; but the means of its growth are sunlight, rain, atmosphere, and the nour-ishing properties of the soil. The believer has growth, or he is no true be-liever; but the means of his growth are various. The topic Scripture points out some of these means which should be carefully pondered, so that they may be appropriated.

A NEW CHANCE.

The idea of a new chance is the fundamental inducement offered in Philip 3. 12-16. The most of us long for other opportunities. Particularly if we have Particularly if we have squandered those already given, and lament it. The criminal, the debauchee, lament it. The criminal, the debauchee, the profligate, as well as the soul less culpable, all unite in longing for the chance to try again. World-life usually chance to try again. World-like declar, denies the plea; but—wonderful grace—God hears the prayer and offers a restored opportunity. God draws a line stored opportunity. God draws a line across the present hour and gives us all a new chance for immortal glory.

A NEW IMPULSE

A new chance is of little value without new impulse. "This one thing I do." Before it had been many things and all Before it had been many things and all unworthy. Now it is one thing only and that one exalted. The world's work has all been done by "one-idea" people. Not necessarily persons who were valueless in all but one direction, but those whom a pure ware all feasilized upon whose powers were all focalized upon one great effort worthy of all there was in them.

A NEW ATTITUDE.

A new chance and a new impulse account for the new attitude. count for the new attitude. "Forgetting those things which are behind, and reaching forth unto those things which are before." A few things behind us we would not forget—here and there a burning bush or a mount of transfiguration but the most of the past is not worth a second thought. It is well to forget the discreditable past of other people, our own wrongs, our own successes. It takes a big man to forget. Little men remember and do so with exact correctness, but only men made big by the grace given from above can forget. This new attifrom above can forget. This new atti-tude involves the forward look. Expectancy is the dominant element in this ancy is the down and the best things are all new attitude. The best things are all ahead. The past has been good, but the ahead. The pas future is better.

A NEW AMBITION. .

All this means a new ambition. There a prize ahead. There is a high calling fore us. God is beyond. Everything before us. God is beyond. Everything worth cataloguing is in front. That ac-That ac counts for the forgetting the past. Mendo not forget things by sheer force of will. We forget some things by being deeply absorbed in other things. Exalted aims cause us to ignore and forget less exalted aims. There is urgency about it all. I "press" toward the mark. No mere placid wish, but a consuming determination to reach the goal. That is the decisive element in the effective forward look. It seems to constitute Paul's idea of perfection. "Let us, therefore, as many as be perfect, be thus minded."

A RETROSPECT

We should not wholly and for ever for-We should not wholly and for ever for-get the past. The best way of judging and using the future is by the past. We must cherish its lessons and correct its mistakes. But we must not brood over it, nor live in it. "Let the dead past bury its dead." Yes, we should forget

bury its dead." Yes, we should forget much of what is past. 1. Past sorrows. God permitted them. We bore them in complaint or compla-We bore them in complaint or complacence. They marked us and are gone. God remembers them; that is enough.

2. Past mistakes. We did, it may be,

remembers them, Past mistakes. We did, it may Past mistakes. They are over. the best we knew. unduly regret them weakens us and may lead to remorse. Better watch and pray that you walk wisely to-day.

3. Past sins. We have condemned and repented of them. We have been or may now be forgiven. Where sin abounds, grace may much more abound

> "There is mercy with the Saviour, There is healing in his blood.

4. Past attainments. They may have 4. Past attainments. They may have been worthy or unworthy of us. No matter now. Let us climb to better things from where we are. The suc-cesses of yesterday will not suffice for the duties of to-day. Nor need the fail. the duties of to-day. Nor need the fail-ures of yesterday wholly prevent us from the accomplishment of new and larger conquests.

5. Forget the mistakes and sins of your neighbors. Our memory of them is sometimes more vivid than the memory of our own faults. How hard it would go with us if God dealt as severely with us as we sometimes do with our fellows.

6. Forget the methods and conditions of other days. We cannot live in the days and environment of our fathers. Cease sighing for them, and face the here and now with faith and courage.

A PROSPECT

While it is wise to learn lessons from the past, yet we must with hope and en-thusiasm look into the future. The prudent man will

"Act, act in living present. Heart within and God o'erhead."

"Lives of great men all remind us, We can make our lives sublime."

The future looms up before us with bright visions of noble achievement.

1. There must be vision and purpose. "Reaching forth" as the racer. The propulsion of life is ever onward.

2. There must be strenuous exertion to attain. "I press toward the mark." Wishing, longing, sighing will not suffice. must seek diligently. We must seek persistently.

eek persistently.
3. There must be singleness of purpose and concentration of effort. "Toward the mark." Take aim. Be definite Narrow down. Be a specialist. Do fewer things and do them better.

4. Glowing helpfulness. "For the prize," etc. Mr. Barrie makes sentimental Tommy say: "I wouldn't mind working if I could only find some way of making work seem like play." Here is the secret of easy and successful effort of any kind-relish for and joy in the work. And in what do you find such a splendid inspiration as in Christian liv-

HIGHER! HIGHER!

Every attainment I make in the Christian life, says Abbott, every victory I win, every result I have achieved, is but the call of God to go on, on, ever on. I set before you, then, to-day, Paul's

ideal and God's call. Whatever ethical standard of righteousness has been wrought in the community, God's voice says, "Higher! higher!" Whatever says, "Higher! higher!" Whatever spiritual attainment has been wrought in the church, God's voice to every church is still, "Higher! higher!" Whatever you have achieved in yourself, in victory over your passion, over your pride, over your lower nature, God says. "There is no time to sit down and recount the vicno time to sit down and recount the vic-tories that are past; no time to write bulletins, higher! higher!" And this voice calls us higher, yet higher, as the sun calls the lark, whose song drops down to earth from his winged flight, and the end of the ascending is the bosom of our God

FLASHES FROM ANOTHER FIRE.

A satisfied soul is always a soul that

A satisfied soul is always a soul that does not deserve satisfaction. To be contented ever, satisfied never, always resting in Christ, always reach-ing forward in Christ—this is the Christian paradov

The Christian's goal moves forward as he moves forward, since it is nothing less than perfection.

Every unworthy goal we turn toward is a barrier in our progress toward the

is a parrier in our progress toward the true goal.

If a Christian is not finding hard things all the time easier, he is finding easy things all the time harder.

God's providences are moving so rapid-

ly onward that to stand still is to fall far behind.

If the gardener wants to obtain fine fruit he cuts off branches and buds and blossoms and throws all the force of the plant into a few twigs. "This one thing

The leaves are all for the blossoms, and the blossoms are all for the fruit. Look to the show of your life only as it forwards the substance.

A fruitful tree is not one with half a dozen apples on it, but a truit-full tree, a tree with branches loaded.

A sound tree will bear sound fruit.

Do not look to the fruit, then, but to the

tree.

The time to plan for good fruit is before the tree has a blossom or a leaf.

POINTS FOR THE PRESIDENT.

You might arrange to have three brief addresses or papers in addition to a short general exposition of the topic. The subjects of these addresses might be: The duty and beauty of the present.
The hope and power of the future. you have a botanist in your League, ask him to give a brief talk on vegetable growth and its application to spiritual growth

JULY 27.-MISSIONS: A MEETING IN THE INTEREST OF MEDICAL MIS-SIONS. "PREACH-HEAL."

Matt. 7, 8,

	AIOME IVEADINGS.
Mon., July 21.	
Tues. July 22. Wed. July 23.	The palsied
Thur., July 24.	The lepers Luke 17, 11-19
Fri., July 25,	The blind man John 9, 1-41
Sat., July 26.	Lazarus raised John 11 29.45

Christ in performing his wonderful miracles of healing had at least two objects in view,—to authenticate his claims as the Son of God, and to show mercy and help to men. All through its bene-ficent history, Christianity has been acwe and earnest in bringing relief to the woes of humanity. And the modern idea of medical missions is but the Saviour's idea revived; and Christianity's purpose exemplified. Preach and heal: or heal to tive and earnest in bringing relief to the you cannot preach, and the very healing done in the name of Christ will be a Gospel sermon.