

practical and beneficent works of women for women that the past 10 years has brought forth. The work of the Travellers' Aid agent in Winnipeg is very heavy and very important. Fancy what it must be to meet three immigrant trains of 12 or 14 coaches in a single day, besides all the regular transcontinental and branch line trains. Winnipeg has so far been exceptionally fortunate in the women who have undertaken this work. They have all been trained nurses and devotedly enthusiastic in their calling. Imagine what it means to a woman arriving ill in a strange city to have a friendly hand extended to her, and how the value of that hand is increased when it is trained to minister to the sick. All over this broad west of ours, no young girl or timid woman of riper years need hesitate to come to the city because they are strangers. Let them look out for a sweet faced woman with the big silver badge bearing the word "Travellers' Aid Agent" round the brim and they will be quite safe and well cared for.

Family Pets.

A great deal of quiet fun is missed if you do not have pet animals about the house and watch their games and antics. A cat and her kittens will furnish many a hearty laugh if you cultivate the habit of watching them. The other day I was waiting for a friend



FIRST WHITE BARY BORN AT MELFORT, SASK.

James Melfort McCullough.

and her pet tabby with a lovely two month old kitten was on the sofa. Mistress puss was sitting on the top of the sofa with her tail hanging down temptingly over the seat where General Togo (the kitten) was lying on his shapely back playing with his fore paws. The waving of his mother's tail gave him an idea and in a moment he made a spring, caught it in his teeth and began to swing back and forward. His joy was shortlived. Mistress puss turned, without releasing her tail, sprang down upon him and rolling him over, boxed his ears most scientifically, first with one paw and then with the other. How he did mew and try to make his peace. No mother, able to speak three languages, could have made her authority more sternly felt.

No Breakfast Table complete without

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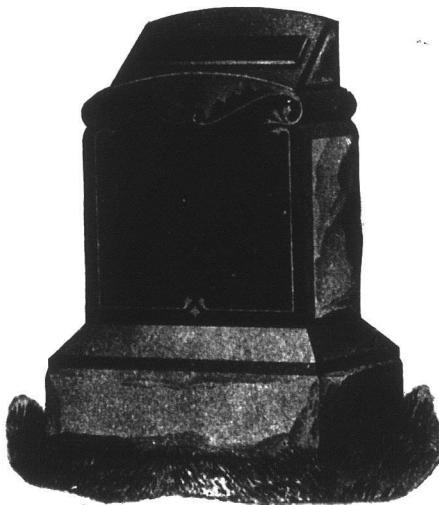
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A 50c. Bottle of Liquozone and Give it to You to Try.

We want you to know about Liquozone, and the product itself can tell you more than we. So we ask you to let us buy you a bottle—a full-size bottle—to try. Let it prove that it does what medicine cannot do. See what a tonic it is. Learn that it does kill germs. Then you will use it always, as we do, and as millions of others do.

This offer itself should convince you that Liquozone does as we claim. We would certainly not buy a bottle and give it to you if there was any doubt of results. You want those results; you want to be well and to keep well. And you can't do that—nobody can—without Liquozone.

We Paid \$100,000

For the American rights to Liquozone. We did this after testing the product for two years, through physicians and hospitals, after proving, in thousands of different cases, that Liquozone destroys the cause of any germ disease.

Liquozone has for more than 20 years been the constant subject of scientific and chemical research. It is not made by compounding drugs, nor with alcohol. Its virtues are derived solely from gas, largely oxygen gas—by a process requiring immense apparatus and 11 1/2 hours time. The result is a liquid that does what oxygen does. It is a nerve food and blood food—the most helpful thing in the world to you. Its effects are exhilarating and

purifying. Yet it is a germicide so certain that we publish on every bottle an offer of \$1,000 for a disease germ that it cannot kill. The reason is that germs are vegetables; and Liquozone—like an excess of oxygen—is deadly to vegetable matter.

There lies the great value of Liquozone. It is the only way known to kill germs in the body without killing the tissue, too. Any drug that kills germs is a poison, and it cannot be taken internally. Every physician knows that medicine is almost helpless in any germ disease.

Germ Diseases.

These are the known germ diseases. All that medicine can do for these troubles is to help Nature overcome the germs, and such results are indirect and uncertain. Liquozone attacks the germs, wherever they are. And when the germs which cause a disease are destroyed, the disease must end, and forever. That is inevitable.

- Asthma
- Abcess—Anæmia
- Bronchitis
- Blood Poison
- Bright's Disease
- Bowel Troubles
- Coughs—Colds
- Consumption
- Colic—Croup
- Constipation
- Catarrh—Cancer
- Dysentery—Diarrhea
- Dandruff—Dropsy
- Dyspepsia
- Eczema—Erysipelas
- Hay Fever—Influenza
- Kidney Diseases
- La Grippe
- Leucorrhœa
- Liver Troubles
- Malaria—Neuralgia
- Many Heart Troubles
- Piles—Phorriasis
- Pleurisy—Quinsy
- Rheumatism
- Serofitis—Syphilis
- Skin Diseases
- Stomach Troubles
- Throat Troubles
- Tuberculosis

Goitre—Gout Varicocele Gonorrhœa—Gleet Women's Diseases All diseases that begin with fever—all inflammation—all catarrh—all contagious diseases—all the results of impure or poisoned blood.

In nervous debility Liquozone acts as a vitalizer, accomplishing what no drugs can do.

50c. Bottle Free.

If you need Liquozone, and have never tried it, please send us this coupon. We will then mail you an order on a local druggist for a full-size bottle, and we will pay the druggist ourselves for it. This is our free gift, made to convince you; to show you what Liquozone is, and what it can do. In justice to yourself, please, accept it to-day, for it places you under no obligation whatever.

Liquozone costs 50c. and \$1.

CUT OUT THIS COUPON

for this offer may not appear again. Fill out the blanks and mail it to the Liquozone Company, 458-464 Wabash Ave., Chicago.

My disease is _____ I have never tried Liquozone, but if you will supply me a 50c. bottle free I will take it.

WHEN WRITING ADVERTISERS PLEASE MENTION THE WESTERN HOME MONTHLY.

HOUSE SUPERVISOR

Take some lightly, do not sauce; then cut in slices and place in gratin; sprinkle over and place on butter; brown. Eggs a la

Prepare so them warm; some nice par slices, pour garnish, place end of the di

Eggs a la Take hard ly; chop bot mushrooms a into a cream garnish with one covered the other wit

Arrange n water cress; sliced hard vies; serve of four part oll (obtainab to one par vinegar, a l ley, pepper

Make a chovy past

poached e (Melba) and toma

Mince one quarter of a pound of beef; add to it a little parsley then mix fry a li matoes on about until it stove; 1 ters of add a l use as

Take whites thin st sauce. be sent used), through place t then pu slightly

One a little quarter of a pound of beef; add to it a little parsley then mix fry a li matoes on about until it stove; 1 ters of add a l use as

Har with mus' r choy then a list