

TEMPERANCE.

The liquor question is the subject which a committee of fifty men, representing different communities and occupations, under the presidency of President Seth Low, of Columbia College, has decided to take up and study in the hope of securing a body of facts relating to the medical, legislative, ethical, and economic aspects of the question, which will serve as a basis for intelligent public and private action. It is the purpose of this committee to discuss with absolute impartiality all the facts which it is able to collect, and thus to secure for the evidence which it shall present, a measure of confidence on the part of the public which is not accorded to partisan statements. The officers of the committee, besides President Low, are Mr. Chas. Dudley Warner, vice president; Prop. Francis G. Peabody, secretary; Mr. W. E. Dodge, treasurer. The executive board includes, also, Dr. J. S. Billings, of Washington; President C. W. Eliot of Harvard; Mr. Jacob L. Greene, and Gen. Francis A. Walker. The membership of the committee includes Bishop Gailor, of Tennessee; Bishop Potter, of New York; the Rev. Drs. Wm. R. Huntington, Wm. S. Rainsford, Alexander McKay-Smith; Mr. Wm. Bayard Cutting, Prof. Richard T. Ely, LL.D., the Rev. Dr. Wm. Channock Langdon; Messrs. David A. Wells, Carroll D. Wright, Jas. C. Carter, Henry Hitchcock; President Daniel C. Gilman, of Johns Hopkins University, Prof. H. P. Bowditch, Prof. R. H. Chittenden, and other persons of prominence in different parts of the country. The committee has sent out a letter, from which the following are extracts.

1. Is the regular consumption of a moderate quantity of whiskey, wine, or beer conducive to the maintenance of health and working power in any class of men? If so, in what class, and what is the average quantity thus useful?

2. What is the quantity of whiskey, wine, or beer which the average man in good health may consume daily without special risk of injuring his health? Does this vary in connection with variations of age, of climate, or of occupation, and what are those variations.

The committee is fully aware of the difficulty of securing trustworthy evidence with regard to these questions, but still ventures to hope that, if the objects and methods commend themselves to the intelligence of the community, an attempt to collect statistical information will not be wholly fruitless. With this object in view, the questions are addressed to a large number of men in various parts of the country who are above forty years of age, and are engaged in mental work of a high class. The list includes the names of judges, lawyers, scientific and medical men, bankers, financiers, managers of corporations, etc.—*The Living Church*

PREACHING in Westminster Abbey, recently, Dr. Farrar addressed the boys of Westminster school, exhorting them to strive after true manli-

ness, which means self-respect, resistance and self mastery. Shall I tell you, he asked, what two Eton boys did? One, present at the annual supper at the Christopher, at Eton, when, as was the evil custom at that time, a coarse toast was proposed, remained seated and turned his glass upside down. That boy was William Ewart Gladstone. The other, captain of the boats, refused to row if the others swore or used vicious language. That boy was Bishop Coleridge Paterson.

A WISE WOMAN.

She Was Weak, Nervous and Dispirited, and Found no Benefit From Doctor's Treatment—She Was Induced to Give Pink Pills a Trial, and is Again Enjoying Health.

From Canadian Evangelist, Hamilton.

We are often asked: "Do you think Dr. William's Pink Pills are any good? Do you think it is right to publish those glowing accounts of cures said to be effected by the Pink Pills?" Of course, we think the Pink Pills are good, and if we did not think it right to publish the testimonials we would not do it. Perhaps it is not to be wondered at that people ask such questions, when they hear stories of clerks being employed to write up fictitious testimonials to the efficacy of some cheap and nasty patent medicines. The Dr. Williams' Medicine Company do not follow that dishonest practice, as there are few places in the Dominion where the marvellous efficacy of Pink Pills has not been proved. Their method, as our readers may have observed, is to publish interviews which representatives of reputable and well-known journals have had with persons who have been benefitted by a course of Pink Pills, thus giving absolute assurance that every case published is genuine. Several such cases have come under the notice of the *Canadian Evangelist*, the latest being that of Mrs. T. Stephens, of 215 Hunter street west, Hamilton. Mrs. Stephens is quite enthusiastic in her praise of Dr. William's Pink Pills, and is very positive that they have done her a great amount of good. Her trouble was indigestion and general debility. For about a year she was under a physician's care, without deriving any benefit therefrom. About three years ago she was induced by a friend to give Pink Pills a trial. When she began their use, she says, she felt dreadfully tired all the time, was weak and nervous, had a pain in her chest, and was very downhearted. Her father told her she looked as though she was going in "a decline." She replied that she felt that way, whether she looked it or not. It was not long after she began to take the Pink Pills before she experienced an improvement in her health and spirits. The tired feeling wore away and her strength returned, the extreme nervousness vanished and her spirits revived. It is now about two years since Mrs. Stephens ceased taking the Pills. She has had no return of her former troubles during all that time. She is now strong, healthy and cheerful,

and is very emphatic in declaring that she owes to the Pink Pills her present satisfactory state of health, and has, therefore, no hesitation in recommending them to those afflicted as she was.

COLD IN THE HEAD AND HOW TO CURE IT.

One of the most unpleasant and dangerous maladies that afflicts Canadians at this season is cold in the head. Unpleasant, because of the dull, heavy headache, inflamed nostrils, and other disagreeable symptoms accompanying it; and dangerous because, if neglected, it develops into catarrh, with its disagreeable hawking and spitting, foul breath, frequent loss of taste and smell, and in many cases ultimately developing into consumption. Nasal Balm is the only remedy yet discovered that will instantly relieve cold in the head and cure in a few applications, while its faithful use will effectually eradicate the worse case of catarrh. Capt. D. H. Lyon, president of the C.P.R. Car Ferry, Prescott, Ont., says: "I used Nasal Balm for a prolonged case of cold in the head. Two applications effected a cure in less than 24 hours. I would not take \$100 for my bottle of Nasal Balm if I could not replace it." Sold by all dealers or sent by mail post-paid at 50c per bottle, by addressing G. T. Fulford & Co., Brockville, Ont.

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