then, soon will the time for helping be all over! This month will not seal up the passing year before the opportunities of multitudes, and perhaps of some who read these lines, will be for ever gone! And, oh! how sad to awake suddenly from and find you had all the while been trifling away your opportunities—living just for self, self, self! Then comes the account at the dread cribunal! and the sentence: "Depart! I was an lungered and ye gave Me no meat; I was thirsty, and ye gave Me no drink!" You lived for SELF, you cared not for Me or My poor ones on the earth. Depart!

Dear readers, shall we not hope better things of many of you? On! learn to reckon it your highest privilege and honour to sorrow and to suffer with Christ; to labour for Him; and, in your sphere, and according to your ability, out of a really deeply earnest heart, to make known throughout the wide world the glories and the riches of His highly exalted

name!

And now, our fervent prayer for you all will ever be, that you may receive abundantly and abidingly of the riches of God's pardoning and sanctifying grace, and that you may know the things that are freely given to you of God, believing, as we do, that all who have thus freely received, will feel inwardly constrained freely to give.

SABBATH EXERCISES

For February 22nd.

Prove the excellency and obligations of truth.

By this we understand a truthful spirit, the character in which is found the sincere, strict, severe love of truth. The human being in whom this sterling and undeviating regard is established has been regenerated by the Spirit of God, and has the basis of all moral advancement.

PROOF 1st—PSALM LI, 6. 2nd—PROVERBS III, 3, 4. 8rd—PROVERBS XII, 19. 4th—PROVERBS XXIII, 23. 5th—EPHESIANS VI. 14. 6th—1st John III, 18.

For March 1st.

Prove the same by examples.

EXAMPLE 1st—Samuel III, 17, 18. 2nd—Chronicles xvIII, 15, 16. 3rd—2nd Chronicles xxxI, 20. 4th—Provers vIII, 6, 7. 5th—Mark v, 38. oth—Aors xxvI, 25. 7th—1st Peter I, 22.