sacred flambeaux, communicating the divine light to the other Choirs. They are employed continually in contemplating the beauty and other perfections of their great Creator, and will share with us their admirable lights, if we but ask them, and show ourselves in earnest, by the practice of recollection and prayer, the channel of the divine communications.

Practice.—Spend this day in great recollection; be occupied with the consideration of the divine perfections; endeavour to "know God, and him whom he has sent, Jesus Christ."

Asp.—Ah! blessed Cherubim!—teach us to pray.

OCTOBER ELEVENTH.

The Seraphim—the ninth choir.

The Seraphim holds the first place among the celestial Hierarchies. Their characteristic is great and ardent love. Intoxicated with that torrest of delights "which runs with a strong stream from" the throne of the Divinity, these blessed Spirits are always exstasied—always in a species of rapture. We should often form acts of divine love, and beg of Jesus, the King of love, thro' Mary, the Mother of holy love, and the blessed Seraphim, the Spirits of love, never to let this sacred fire be extinguished in our souls.

Practice.—Try to become a Seraph in love; let this be your habitual disposition. "Love, and do what you will."

Asp.—Ah! blessed Seraphim! make us love.

OCTOBER TWELFTH.

The Angels of the Ancient People of God.

Let us this day venerate the Angels who guarded the Ancient People of God. Abraham, Isaac, Jacob, Moses, were often favoured with their visits.-It was one of these blessed Spirits who gave the law on Mount Sinai, and conducted the Israelites through the desert. in the pillar of a cloud. The Saints of those times were so convinced of their continual protection, that even when they gave no sensible proofs of their presence, they attributed to them the "It is the Ansuccess of their affairs. gel of the Lord," said they, " who hath done this."

Practice.—The "Benedicite," in thanksgiving for the protection of the Angels.

Asp.—Holy Angels! "leaders of the house of Israel," intercede for us.

OCTOBER THIRTEENTH.

The Angels who adored Jesus at the moment of his Incarnation and Nativity.

Let us this day venerate the Angels who adored Jesus at the moment of his Incarnation, and when he appeared in the flesh. No sooner did he assume our nature, at Mary's flat, than her chamber is filled with troops innumerable of these blessed Spirits, all vying with each other in adoring the Son, and in greeting the Mother; and on that ever blessed night, when he appeared wrapped in swaddling clothes and laid in a manger, they again descend and rend the air with "Glory be to God on high, and peace on earth to men of good will!"