them to be applied singly to the person of an invalid lady. The two first crosses were applied without any effect, but they had scatcely applied the third Cross when she was cared, and she immediately arose from her bed in the full enjoyment of health and strength. Who can conceive the joy that must have thrilled the heart of the pious empress and other witnesses of this miracle?

The Cross of Christ, which for centuries had lain concealed in dishonor beneath a pagan temple, now came forth from its obscurity to be borne in honor and triumph before the eyes of the nations. And while St Macarius proclaimed the wondrous works of God, while the grateful empress and the principal personages of the empire knelt in devout adoration, a thrill of joyful gratitude ran through the hearts of the multitudes, who with one accord raised their voices in joyful praise and shouts of triumph.

S. Helena built a church on the spot and deposited therein the greatest part of her new treasure, she, likewise, sent a part to the emperor Constantine, and another to Rome.

We should justly glory in the Cross, because it is the outward badge and token of our intimate and sacred relations with our dear Redeemer, and of the glorious character we inwardly bear by being his disciples and chosen people. This signal memorial of God's mercy and of our dignity should be found and kept everywhere with great reverence. it should be in our fields and dwellings, on the way side and particularly on our own person. « Let us not blush at the Cross of Christ, says S. Cyril. If another conceals it, do you form and bear it openly on your forehead, that the devils, seeing the royal standard, may fly far from you and tremble. Make use of this sign when you eat, drink, sit, lie down, rise up, speak or walk , in a word, in every action. « And S. Ephrem . « Fail not, O Christian, to carry this armor about with thee in every place, all days and nights, every hour, every moment. Do nothing without it. »

Let others oast of garters, ribbons, medals and all the badges of worldly honors, but a true Catholic will think it the highest honor, and the greatest advantage and happiness, to wear the livery, and bear the holy ensign of the King of kings.

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