

CANADIAN NATIONAL RAILWAYS

TIME TABLE
Trains leave Watford station as follows:
GOING WEST
Accommodation, 111.....8.42 a.m.
Chicago Express, 17.....11.59 a.m.
Detroit Express, 83.....6.51 p.m.
Chicago Express.....9.11 p.m.
GOING EAST
Ontario Limited, 89.....7.48 a.m.
Chicago Express, 6.....11.22 a.m.
Express.....2.50 p.m.
Accommodation, No. 112.....6.08 p.m.
J.E. McTAGGART, Agent, Watford.

MEDICAL
DR. A. C. JOHNSTON M.D., C.M.
(Successor to Dr. Jas. Newell)
Office—Dr. Newell's former office, corner Main and Front sts., Watford. Postgraduate of New York and Chicago postgraduate hospitals. Phone 35v.

C. W. SAWERS, M.D., Phone 13.
Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DR. G. N. URIE, B.A.
Licentiate General Medical Council United Kingdom. Member College Physicians and Surgeons of Ontario.
Successor to Dr. W. G. Siddall
Hours: 8.30 to 9.30 a.m.; 2 to 4 p.m. 7 to 8 p.m. Sunday by appointment. Office, Residence Main St., Watford Phone 32.

DENTAL
GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON
J. McGILLICUDDY, Veterinary Surgeon, Honor Graduate Ontario Veterinary College, Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

INSURANCE
THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY
(Established in 1875)
JOHN W. KINGSTON, President
JAMES SMITH, Vice President
ALBERT G. MINIELLY, Director
THOMAS LITHGOW, Director
GUILFORD BUTLER, Director
JOHN PETER McVICAR, Director
JOHN COWAN K.C., Solicitor
J. F. ELLIOT
ROBERT J. WHITE, Fire Inspectors
ALEX. JAMIESON
F. J. McEWEN, Auditors
W. G. WILLOUGHBY, Manager and Watford Sec.-Treasurer
ROY E. McFHEDRAN, Wanstead Agent for Warwick and Plympton

Praises this Asthma Remedy. A grateful user of Dr. J. D. Kellogg's Asthma Remedy finds it the only remedy that will give relief, though for thirteen years he had sought other help. Years of needless suffering may be prevented by using this wonderful remedy at the first warning of trouble. Its use is simple, its cost is slight, and it can be purchased almost anywhere.

WE SELL
Counter Check Books
AT LESS THAN THE COST OF Postage Stamps!
Phone Us Your Orders
The Guide-Advocate

An Oil for All Men.—The sailor, the soldier, the fisherman, the lumberman, the out-door laborer and all who are exposed to injury and the elements will find in Dr. Thomas' Electric Oil a true and faithful friend. To ease pain, relieve colds, dress wounds, subdue lumbago and overcome rheumatism, it is excellent. Therefore, it should have a place in all home medicines and be amongst those taken on a journey.



When customers go to the country

many grocers and butchers continue to supply them by calling up out-of-town prospects in a circle of 30, 40, or 50 miles on an appointed day and hour, and getting their orders.

Grocers say they can well afford to do so on weekly orders. Deliveries are made by truck or express.

Visitors renting cottages at nearby points readily respond to offers to supply them, and this is usually profitable business.

We would be glad to help you work out a plan for reaching this trade.



A. C. Anderson
(Drugless Practitioner)
(Chiropractor)
Nervous, Chronic and Long Standing Ailments. Consultation and Spinal Examination Free at Office. Office over Cameron's Store Hours: Monday, Wednesday, Friday morning, 9 to 11.

CAR TOPS AND CURTAINS
Repaired or Re-Covered
We can put a New Top on your car or Repair the old one; also the Side Curtains with new lights. Your neighbor has had his re-conditioned at small cost, why not get yours now? New Curtains also made to open with the doors like a closed car. Have closed car comfort at open car cost. Drop in and talk it over. Satisfaction guaranteed. Prices Reasonable.
J. W. COUPLAND
Harness and Leather Goods
Watford, Ont.

Off to the Lake!
Warm day, tired, sticky; Off to the Lake.
DON'T forget a good sized basket of Sandwiches—you'll need stacks and stacks of them when you make 'em from our ideal
Sandwich Loaf
—Firm, even, perfect-cutting and so rich in food-value.
LOVELL'S BREAD
Phone 73

India Wants Swaraj

"Swaraj" is a word heard from one end of India to another, and may portend some such change in the status of that Empire as has been brought about in Ireland. The desire in India for self-government is probably as great as was the desire in Ireland, and the tactics to bring it about will be the same as those employed in the green island. Indeed there is practically universal acceptance of the idea that India should be a self-governing dominion. The only difference of opinion is to when the self-governing shall begin. The spokesmen for the British Government and the British classes in India say that the independence should be slowly established and by degrees. A writer in the Toronto Mail and Empire. The young Indian patriots say that it should come at once. The moderate admit that it should not arrive too suddenly, but that a beginning should be made at once. In other words the theory of self-government for India has universal acceptance, and on that account it may be taken for granted that sooner or later India will have the same sort of government that Canada has. If not, it will become absolutely independent, at least for a time. Whether it would like absolute independence once secured is another question.

While Gandhi is not the leader of the Swaraj party, that post being filled by Mr. C. R. Das, he is by far the greatest influence in India to-day. Indeed, it is perhaps no exaggeration to say, considering the populations involved, he is the most influential man in the world to-day. Gandhi is head of the Non-Co-operationist party, the largest and most powerful of Indian national political parties. He does not accept the British rule. He protests against it, but he does not counsel violence. He says that British rule in India can only succeed if the Indian people co-operate to make it possible. When their co-operation is withdrawn, the British, too, must withdraw. The Swarajists have the same ultimate object as the Non-Co-operationists, but they believe in taking a hand in affairs. They are in favor of electing their members to office for the purpose of obstructing government. They take as their model the campaign that Parnell carried on with his Nationalists in the British House of Parliament. A third party, the Liberals, is against both obstruction and non-co-operation, while holding to the ideal of ultimate independence.

It is easy enough to give a dictionary interpretation of the word "swaraj," but not so simple to say precisely what it connotes. Self-government is a synonym for it as a political term, but there is spiritual swaraj, too. This means mastery over one's self, chastity, poverty, truthfulness, fearlessness, non-violence. To some it means responsibility of the public servant to the people; popular control over the law, the police, the revenue. Those who go to jail in pursuance of their policy of non-co-operation are said to have attained swaraj. Gandhi himself said that swaraj means complete freedom of opinion and action without interference of another's right to equal freedom of opinion and action. Therefore it means India's complete control of sources of revenue and expenditure without any interference from any other country. The National Legislative Assembly at Delhi may be said to be swarajist since it recommended by a great majority that the British Government should establish full responsible government in India. But the Government of India, not being responsible to the National Assembly has failed to take appropriate action.

The Government says this demand for swaraj is all very well and good. But what will be the attitude of a self-governing Indian toward the native States? What about the question of defence? "Full Dominion status," said Sir Malcolm Hailey, the former leader of the House, and now Governor of Punjab, "means a Dominion army under full control of the Dominion Government, and I have not yet seen any serious thinker who has pretended that India is yet in a position, or will in the immediate future be in a position, to create a Dominion army in the proper sense of the word." Again the Government points out that full Dominion self-government cannot be granted as long as there is such a lack of mutual understanding between the Mohammedans and Hindus. Assuming such a reform were granted now, the minority communities would suffer, and the result would be inter-communal fights and chaos.

For lingering indefinitely in India the British Government has ample excuse, apart altogether from financial considerations. Before British rule was established the various tribes in India fought as ferociously as native tribes in Africa or Indian

tribes on this continent. ... was foreign, of course, but it was rule, and it was no more foreign to most of the tribes than the rule established by conquest of any other Indian tribe. There is a general belief that if British authority were withdrawn there would ensue a terrible conflict between the Mohammedans and the Hindus. World opinion would condemn Great Britain if by any action or inaction on its part a struggle between these two religious elements were precipitated. Millions of lives might be sacrificed and the substance of good government exchanged for the shadow of freedom and swaraj. Haig and Gompers.

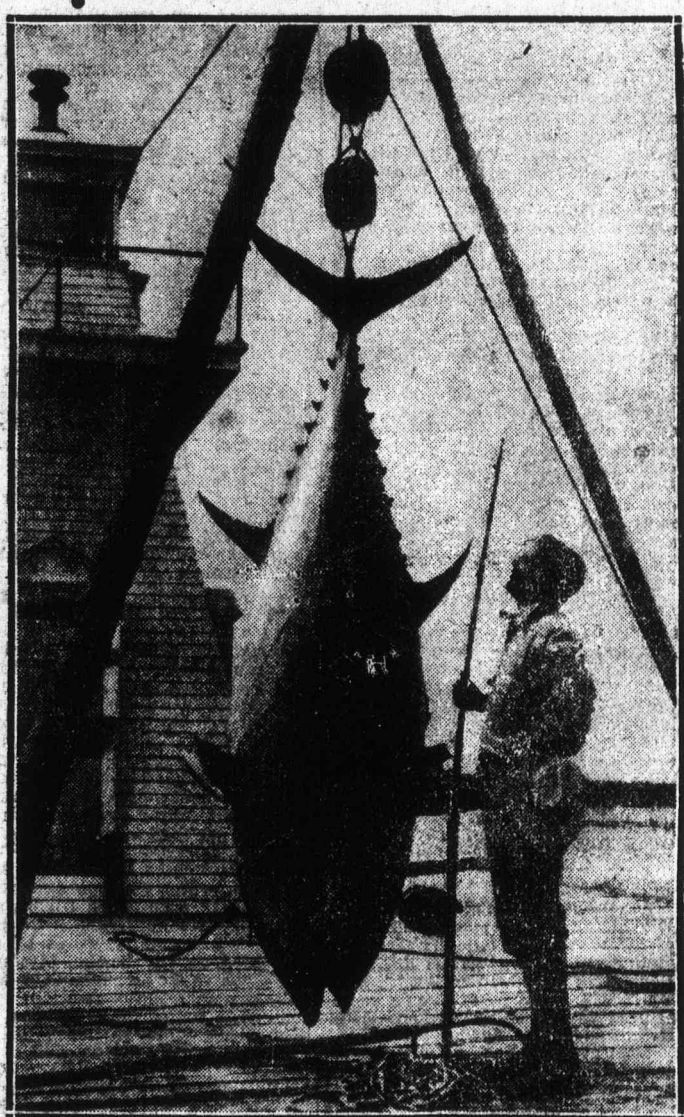
An English officer who was detailed to escort Samuel Gompers during his visit to the western front in 1918, recalls his meeting with Sir Douglas Haig, who invited him to lunch at Havrincourt. The American visitor was amazed to find only heaps of stones and debris, and wondered about lunch, but after showing his guest the bridge work going on, the general suggested: "What about lunch here?" and produced army bread and cold meat and coffee out of a thermos. In leaving Mr. Gompers told his escort, "The finest gentleman I have met since I came to Europe."—Springfield Republican.

Wanted Pension Reduced.
Awarded a pension of \$4. 64. a week by the Glasgow Parish Council, a Highland widow took her five children home to Skye. Later she wrote to the clerk of the council asking to have her pension reduced, as only two other persons—a clergyman and the one policeman—were as well off.

NERVES AND FAINTING SPELLS

Sent Woman to Bed. Great Change After Taking Lydia E. Pinkham's Vegetable Compound

Sarnia, Ontario.—"After my girls were born I was a wreck. My nerves were too terrible for words and I simply could not stand or walk without pains. I suffered with fainting spells until I was no longer any good for my household duties and had to take to my bed. The doctor said I should have an operation, but I was not in a fit condition at that time. My neighbor said, 'Why don't you try Lydia E. Pinkham's Vegetable Compound?' I am sure it will do you good and will save those doctor's bills. So I was advised by my husband to try it after I told him about it. I am very thankful to say that I was soon able to take a few boards for a while as rooms were scarce at that time. My baby is 17 months old now and I have not yet had an operation, thanks to your medicine. I have recommended the Vegetable Compound to a few people I know and have told them the good it has done me. I know I feel and look a different woman these last few months and I certainly would not be without a bottle of your medicine in the house. You can use this letter as you see fit, as I should be only too glad for those suffering as I have to know what it has done for me."—Mrs. ROBERT G. MACGREGOR, R. R. No. 2, Sarnia, Ontario. A recent canvass of women users of the Vegetable Compound report 98 out of 100 received beneficial results. This is a remarkable proof of its merit. C



Monster Tuna Taken in Canadian Waters

As a writer of stirring tales of the Border and the mid-western states in the early days, Zane Grey has made an enviable record for himself, but now along he comes with another—a fish story—and better still, presents the proof in photograph, so that his yarn does not take on the semblance of a dream or a good bit of story-telling. Tuna, weighing nearly half a ton, are the reward of ambitious anglers who fish in Nova Scotian waters, particularly in St. Ann's Bay, off Cape Breton. Three mammoth tuna have been taken from this locality, each holding the world's record in turn. Captain Laurie D. Mitchell's 710 pound tuna held a record for a number of years, till along came J. K. L. Ross of Montreal, well known as an owner of racing horses, director of the Canadian Pacific Railway and his skill as a fisherman. He landed a tuna after a 3 1/2 hours' fight, that measured 9 ft. and 2 in. in length, and 6 ft. in girth, and tipped the scales at 712 lbs. thus winning the honour of record tuna fishing from Captain Mitchell by 2 lbs. His record seemed secure, when along in August, 1924, came Zane Grey and his brother, R. C. Grey, eager to catch big tuna. They used a Nova Scotian-built schooner, a staunch little craft admirably adapted to their plans and needs. They got

three tuna, weighing respectively: 688, 684, and then as a climax, the biggest tuna ever landed, weighing 788 pounds. Had they gone in for anything larger, it would have required a C. P. R. freight car to haul it to the cannery at St. Andrews. The time taken to land the first was 6 hours and 10 minutes, for the second, 38 min. which was caught by R. C. Grey, and 8 hours and 10 min. were spent to conquer the record breaker with which Zane Grey is said to have wrested the palm from the C.F.R. director and won the title of champion tuna fisherman. Other big fish of various species taken in various Canadian waters, include a record pike caught in Big Lac Nominique in the Laurentians of Quebec, weighing 58 lbs.; a 38 lb. muskellunge caught in 1924 in French River, Ontario, by Samuel W. Franklin of New York City; the world's record speckled trout, weighing 14 1/2 lbs., taken from Nipigon River by Dr. J. W. Cook of Fort William; and a great Northern pike, 4 ft. long with a weight of 21 lbs. which gave Harold Sweester of New York a 45 minute fight on the Nipigon. Canada's infinitude of rivers and lakes are filled with a vast wealth of fish, many of them of record measurements and weight. The foregoing are sportsmen's records.

Vertical text on the left margin, including '29c 83c', 'STRONG ORN DOOMS STRING', '9c 69c 30c', and 'Use the Want Ads, one cent a word.'