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THURSDAY, DECEMBER 25, 1924

### The Spirit of Christmas

WHAT is the true spirit of Christmas? Is it not a gift dominated by love. Ever since "The Christ" gave to the world the age-long example, when he spoke to the Jewish Ruler those memorable words, "God so loved the world, that he gave," etc. Have the men and women, boys and girls of Christendom been putting it into practice. But, what are our gifts, just a mere shadow, when compared with the great Gift from the Father's heart, when he emptied himself, and yielded up his "Only Begotten Son," to be a Mediator, and a Saviour to a world of mankind almost void of love.

At this season of the passing year, as we sum up the gifts and mercies of its fleeting days, would it not be well to give thought to that expression of the Psalmist, when he cried—"What shall I render unto the Lord, for all his benefits toward me? I will take the cup of salvation, and call upon the name of the Lord."  
 How we might carelessly wound the heart of a friend by giving back no expression of appreciation in return for a gift, given in love, and shall mortal men forget to rejoice because of the Gift of gifts?  
 Shall we not rather give place to the spirit of the first Christmas, and let our souls soar up to join those Heavenly Choirs, whose anthems still ring out, even amidst the forgetfulness and hurry of our earthly lives, and let our hearts tune in with the voices of the angels, who, in their songs, still whisper from the skies.  
 "Thanks be to God for his unspeakable Gift."  
 Geo. D. Lee,  
 Christmas 1924, Calif.

### OF COURSE THERE'S A SANTA CLAUS

Of course there is a Santa Claus Who finds the chimney to the hearth Of fellowship and kindly mirth, And tumbles down from happier skies To light with love all weary eyes! He finds the smoky chimney flue Black with the selfish deeds we do, And down he comes, and hearts display Their love for all on Christmas Day.  
 Of course there is a Santa Claus Who comes on Christmas eve and takes The selfishness which struggle makes, The hurt of failure, and the frown Of ceaseless toiling in the town. The petty malice and the sneer Which mark our labors through the year, And leaves us big enough to say: "To all a Merry Christmas Day!"  
 Of course there is a Santa Claus! Or we would wake on Christmas Day In just the same old selfish way, We'd make no gifts out love to show, There'd be no gifts from those we know.  
 The day would pass like all the days, The lips that sneer would scorn to praise, And this old world would seldom see How generous we long to be.  
 Of course there is a Santa Claus, His spirit moves us once a year To light the world with smiles of cheer;  
 To wish for all who pass along A lifetime free from hurt and wrong, The joy of peace, the boom of health, A purse that holds enough of wealth And makes of us in some strange way Good fellows all on Christmas Day.  
 —Edgar A. Guest.

### An Oil for All Men

The sailor, the soldier, the fisherman, the lumberman, the out-door laborer and all who are exposed to injury and the elements will find in Dr. Thomas' Electric Oil a true and faithful friend. To ease pain, relieve colds, dress wounds, subdue lumbago and overcome rheumatism, it is excellent. Therefore, it should have a place in all home medicines and be amongst those taken on a journey.

### "Squibographs"

The next international race for the American border states may be staged between "quota runners" and rum runners.

"Hands off Santa Claus' team" is the juvenile ultimatum to the campaign to increase the consumption of reindeer meat.

Preparing a list of Christmas gifts is almost as trying as the "horizontals" and "verticals" of a cross-word puzzle.

The small boy scores the highest marks for good department the week before Christmas. The self-denial may be painful but the reward justifies the sacrifice.

A total eclipse of the sun is scheduled for January. After paying Christmas bills father's bank account is also liable to be totally obscured about the same date.

The only marine movement in which juveniles are interested in at present in the ebb and flow of the Yuletide.

Christmas is not observed in China, but the warring factions have considerably suspended hostilities until the season of peace and good will on earth is over.

The photographs transmitted by wire lack the grace and repose that featured the old-time "ambrotypes" where the victim's head was held in position by iron prongs.

One of the witnesses in a Los Angeles murder trial is the eighth wife of the accused. If they convict him the least the jury can do is to recommend the prisoner to the mercy of the court.

The New York Society for Prevention of Cruelty to Animals has added three women dog catchers to its staff. They will be given charge of the last lap dogs.

Charlie Chaplin's youthful bride may have to attend school or engage a private tutor. The spectacle of the screen comedy king helping her with her "home work" ought to be good for one reel.

One by one our food delusions are being dissipated by hard-boiled cynics. It is now declared that the Washington cherry tree incident is a myth. Get the hatchet.

Chicago dentists provide patients waiting for treatment with cross-word puzzles. Gas can be dispensed with when the patient's mind is concentrated on a sought-for word.

The Arabs who ride camels across the sahara Desert now wear automobile goggles to keep the sand out of their eyes. The hump-backed beasts of burden may regard his as the last straw.

As a Christmas treat, horses employed in the Seattle civic departments will be entertained at a carrot dinner. Horse sense was displayed when it was decided to ban speeches at the vegetable banquet.

The lightweight boxing champion of the Thunder Bay district has been elected a member of the Port Arthur City Council. His expert head and footwork and knowledge of ring strategy should enable him to win decisions on points.

The commissioner of game and fish in a Georgia district publishes a request to hunters to shoot as few of his game wardens as possible. Competent wardens are scarce and he is anxious to keep his staff intact.

Portland men suggest that the big stores set aside one night in the holiday shopping season exclusively for male shoppers. With nothing to distract their attention they can make their purchase in peace and comfort.

A school to teach cross-word puzzle addicts how to solve the puzzles has been opened in an eastern city. The instructor announces that he is "an expert consultant in cross-word puzzleology."

Wolves have become a menace in a Northern Ontario district and a "drive" has been organized for their extermination. In the mining boom days many investors experienced disastrous encounters with "wildcats."

Suzanne Lenglen, the French tennis star, has been voted the "queen of sport" in a newspaper ballot. The agile champion also has the distinction of having had her photograph taken showing both her feet in the air while delivering the ball.

### FAMILY EXPOSED IN NIGHT ROBES TO BITTER COLD

Father Walks a Mile Shoeless To Obtain Aid For Children

Humboldt, Sask., Dec. 20. — With the weather at 45 below zero, the farm home of Mike Krewinsky 16 miles south of here, burned to the ground in the night, leaving him, his wife and four children out in the snow dressed only in their night clothes. The only shelter within a mile was a stable in which no animals were kept, and which was entirely without heat. While the mother attempted to keep the four children warm with a single blanket which had been saved from the flames, Krewinsky set out in his bare feet to walk a mile to his nearest neighbor. He obtained help there and is now in hospital with both legs frozen and in doubt as to whether they may have to be amputated. One of his wife's feet was badly frozen. The children were unharmed.

### A Real Asthma Relief

Dr. J. D. Kellogg's Asthma Remedy has never been advertised by extravagant statements. Its claims are conservative indeed, when judged by the benefits which it performs. Expect relief and permanent benefits when you buy this remedy and you will not have cause for disappointment. It gives permanent relief in many cases where other so called remedies have utterly failed.

### Pure Water Essential

Rural Districts Need it Just as Much as Towns and Cities

By D. J. J. Middleton, Provincial Department of Health.

If there is one feature of life in rural districts that for importance outweighs everything else from a health point of view, it is the maintaining of a pure water supply. Once the water used for drinking purposes becomes infected, there is no telling where the damage will end, or how many people will suffer. The reason for this is obvious. Drinking water is used by everybody in the community, and should it become contaminated, is liable to infect large numbers of people with diseases such as typhoid fever, dysentery and cholera. The victims may even include visitors who drink the water and develop the disease after leaving the district, thereby causing suspicion of the water supply of other localities where the infected persons actually reside. Consequently it is very difficult sometimes to trace the origin of outbreaks such as typhoid, and the disease thus gets a chance to spread.

Impure drinking water supplies containing large numbers of intestinal organisms such as B. Coli should not, and need no longer be tolerated. The water for drinking purposes in most schools and those of the smaller urban centres is derived from wells and requires special protection, in order to maintain a decent standard of purity.

In order to maintain the school drinking water supply in a sanitary condition, all sources of pollution, such as privies and refuse heaps should be removed as far as possible from the well. The top of the well and the upper part of the wall, must also be concreted to exclude spillage water. Experiments clearly show that in wells in which the depth from the ground level to the water surface is not less than ten feet, the main source of pollution is from and around the top. A board top should in no case be used. Children should not be allowed to play about the pump, as a good deal of water is spilled in this way, and if this drains back into the well, it will take with it dangerous germs and material carried on the children's boots.

A good waterproof top is best made of concrete, sloped to carry off the surplus water. The portion directly under the pump should be slightly elevated to ensure that no water from the platform is returned to the well by means of the joint between the top and the base of the pump. The lining of the well for a distance of at least ten feet from the surface should be made of concrete or of brick with water-tight joints.

By boiling the water or adding chlorine in proportions recommended by the local Medical Officer of Health a doubtful water supply may be protected.

In all large municipalities with a common source of drinking, filtration plants are necessary, as well as chlorination.

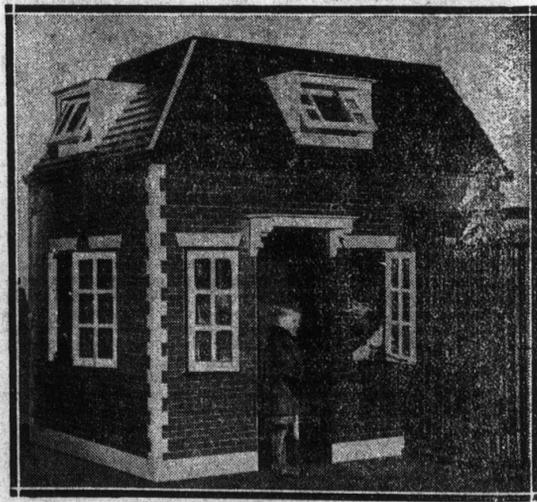
The Lambton County Health Week, under the auspices of the Lambton County Medical Association will be held in Sarnia during the month of January. It is an important demonstration of health propaganda, and one which you should make it a point to attend. A program giving full details will be issued shortly.

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 Beautiful Bird Card in Every Bar  
 290 page Bird Book free  
 for a complete set of 48 different cards  
 Patterson Candy Co. Limited TORONTO  
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Internal and External Pains are promptly relieved by **DR THOMAS' ELECTRIC OIL**  
 THAT IT HAS BEEN SOLD FOR NEARLY FIFTY YEARS AND IS TO-DAY A GREATER SELLER THAN EVER BEFORE IS A TESTIMONIAL THAT SPEAKS FOR ITS NUMEROUS CURATIVE QUALITIES.

### CONG'L S. S. PRESENTATION TO FRED AND MRS. MAHONY

The Congregational Sunday school held a successful Christmas entertainment in the school-room on Tuesday evening of last week. An interesting program was rendered by the pupils of the Sunday school, the chief features being the Kazoo Band of boys and a dialogue, "The Sewing Society." At the close of the program a presentation was made to the superintendent, F. W. Mahony, and Mrs. Mahony, who are leaving the village this week to make their home in Worcester, Mass. Rev. T. DeCourcy Rayner made the presentation speech and the secretaries of the church and Sunday school, Miss Maude Marwick and Gladys Lamb, made the presentations. Following the presentation a farewell social was held and lunch was served by the Ladies' Aid Society.



**Children Keep House**  
 In the nursery of the Canadian Pacific S.S. Montclair. You might be content to lay upon the decks, but the young ones must have something to keep them out of mischief—hence their own special recreation quarter.

**MEN'S GRILL**  
 Pape's DIAPERSIN  
 If Food "Disagrees" in Stomach  
 Instantly! End Indigestion, Gas, Heartburn, Acidity

Whenever food or drink upsets the stomach or causes indigestion or Gas, Flatulence, Bloating, Sour Risings, Heartburn or Acidity, remember you get relief as soon as "Pape's Diapersin" reaches the stomach. No waiting! Just chew a few of these pleasant, harmless tablets and the distress is gone!  
 A 60 cent package will keep the entire family free from digestive disorders for months. Druggists sell millions and guarantee each package.  
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