AFTER 7 YEARS **SUFFERING**

I Was Cured by Lydia E. Pinkham's Vegetable Compound

Waurika, Okla.—"I had female troubles for seven years, was all run down, and so nervous I could not do anything. The doctors treated me for different things but did me no good. I got so bad that I could not sleep day or night. While in this condition I read

or night. While in this condition Iread of Lydia E. Pinkham's Vegetable Compound, and began its use and wrote to Mrs. Pinkham for advice. In a short time I had gained my average weight and am now strong and well." weight and am now strong and well."

—Mrs. SALLIE STEVENS, R. F. D. No. 3, Box 31, Waurika, Okla

Another Grateful Woman

London, Ont.—I feel as if I could not tell others enough about the good Lydia E. Pinkham's Vegetable Com-Lydia E. Pinkham's Vegetable Compound has done for me. I was so weak and tired that I could not rest nights. A friend recommended your Compound and I soon gained health and strength and could not wish to sleep better. I know other women who have tekenattor the same purpose and they join me in praising it.—MRS. WM. A. BUFFY, 905 Dame St., London, Ont.

WM. A. BUFFY, 905 Dame St., London, Ont. Lydia E. Pinkham's Vegetable Com-pound has surely cured many cases of female ills, such as inflammation, ulcer-ation, displacements, fibroid tumors, irregularities, periodic pains, back-ache, that bearing-down feeling, and nervous prostration.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY. Subscription—\$1.00 per annum in advance. \$1,50 if not so paid.

ADVERTISING RATES.

Mercantile advertisers will be allowed a change of matter every two weeks. Weekly changes can be had as a slight extra cost. Copy of change must be in)printer's hands by Wednesday atternoon. TRANSINST—First Insertion per line, 8 cents; subsequent insertions a cents each time per line, 12 lines makes one inch.

BUSINESS CARDS—SIX lines and under, per year \$5.00.

50.00, Locals—10c, per line each insertion. Miminum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly. HARRIS & CO.

Buide-Honocate

WATFORD, AUG. 25, 1911.

A Sad Picture.

That some farmers fail to make good causes little surprise when their methods and ways of doing things are looked into, says a writer in the Canadian Farm. Take a drive through any part of the country and you can pick out the farmer who is playing a losing game without getting out of the rig. A hay loader, a plow, a cultivator, or some other piece of machinery that cost good money to buy, left in the field a prey to all sorts and conditions of weather, tells the tale. Get out of the rig and walk over the farm of the man who leaves his implements in the field when not in use, and you will find that he neglects his farm as well as his machinery. The other day the writer was on a farm of this kind. There was not an implement of any kind under cover. Plows, harrows, sulky rake, grain drill, mowing machine, and every implement the farmer had were out in the open and showed that they had never seen the inside of a building since they were bought. Bolts were rusted and loose, the woodwork was decayed, and the whole outfit was in the most dilapidated condition one could imagine.



And the way the farm was run was in keeping. The garden was full of weeds, the orchard unpruned and uncared for, and the fields producing only half a crop. It was a sad picture to look upon, and one could not but reflect that the owner had missed his calling and neglected his oppor-

Words for Parents.

J. J. Kelso, superintendent of neglected children, has this very important paragraph concerning children on the street: "Parents cannot be too often reminded of the great "Parents cannot evil of allowing children the freedom of the streets after dark. The habit should never be allowed to grow on young people, for it is acquired early and hard to break up later. Highly respectable mothers are at fault in this particular, and not until it is too late do they realize the mistake. How often do we have to listen to sad stories of youthful wrong doing, and while listening have realized that parental carelessness was largely the cause of it all. Home should be made a pleasant place for the children and they should be taught by the stern rule of parental authority that the street corner loitering will not be tolerated.

Tuberculosis Don'ts.

The Detroit Society for the Study and Prevention of Tuberculosis has issued small pamphlets called "Tuberculosis 'Don't Cards'," containing valuable advice to the general public on the "white plague," which should be of value and interest to

Don't Get Tuberculosis Yourself! Keep as well as possible, for the healthier your body the harder for the germs to grow therein. To keep healthy observe the following

Don't live, study or sleep in rooms where there is no fresh air. Fresh air and sunlight kill the tubercle bacilli and germs causing other dis-Therefore have as much of both in your room as possible.

Don't live in dusty air. Keep your rooms clean. Get rid of dust by cleaning with damp cloths and mops. Don't sweep with a dry broom

Keep at least one window open in your bedroom at night, and air the room two or three times during the

Don't eat with soiled hands. Wash them first.

Don't put your hands, pencils or any candy or chewing gum that other persons have used, in your mouth.

Don't keep soiled handkerchiefs in your pocket. Take a warm bath at least once

Don't neglect a cold or cough, but

go to a doctor. Others Should Follow.

Queen Mary of England is said to be very economical. She refuses to have served on the royal table many delicacies because of the expense. She objects to fruits out of season on the ground that they cost too much, saying that the money thus saved can go to help the poor. The menus are submitted daily to the Queen by one of her ladies in waiting. The Queen reads them and makes changes. Recently the menu contained straw-berries, and Queen Mary promptly put her pen through the item, saying : We cannot submit to such extravagance while people starve. We will not have strawberries until they are in season and the price is lower.

'TIS A MARVELLOUS THING.—When the cures effected by Dr. Thomas' Eclectric Oil are considered, the speedy and permanent relief it has brought to the suffering wherever it has been used, it must be regarded as a marvellous, thing that so potent a medicine should result from the six simple ingredients which enter into its composition. A trial will convince the most skeptical of its healing virtues. ing virtues.

ing virtues.

James McCracken, a former Londoner who has not been heard of by his family for upwards of fifteen years, has written home to say that he has made money in the gold fields of-Fairfield, Alaska, and that he is ready to help his people if they need it. The young man left home when but a lad, and the letter found his mother lying paralyzed and his father dead.

"There goes Spriggins. They say that man has been given up by half a dozen doctors." "What's the trouble with him?" "He won't pay his bills."

Alex. McDonald, Thamesville, celebrated his 95th birthday last week. He was born at that place.

There are a number of varieties of

There are a number of varieties of corns. Holloway's Corn Cure will remove any of them. Call on your druggist and get a bottle at once. m

Why I Buy at Home.

Because my interests are here. Because the community that is good enough for me to live in is good enough for me to buy in.

Because I believe in transacting business with my friends. Because I want to see the goods. Because I want to get what I buy when I pay for it.

Because my home dealer "carries" me

Because every dollar I spend at home stays at home and works for the welfare of the town.

Because the man I buy from pays his part of the town taxes

Because the man I buy from stand back of the goods. Because I sell what I produce here at

Because the man I buy from gives value received always. Because the man I buy from helps sup

ort my school, my church, my lodge, Because when ill-luck, misfortune or bereavement come, the man I buy from is here with the kindly greeting, his words of cheer and his pocket-book if needs be.

Here I live and hear I buy.

This gets right down to the goot of the matter and covers the ground pretty thoroughly. Confronted with such a formidable list of reasons, what man would continue to buy from catalogues?

A Lobo farmer says that the average yield in that township, everything con-sidered, will not be more than two-thirds of what was reaped last year.

Mrs. Thos. Pettigrew of Lion's Head strangled her two children and then hanged herself during a fit of insanity. Mr. Thomas Young, St. Marys, caught one of the largest bass ever taken out of the River Thames in that vicinity. The fish was 23 inches long and weighed 54 ounces.

Do not delay in getting relief for the little folks. Mother Graves' Worm Exterminator is a pleasant and sure cure. It you love your child why do you let it suffer when a remedy is so near at hand?

A man of color in the South was asked if he knew the meaning of the word ''procrastination,'' of which his daily conduct was an illustration. He answered, "I dunno, boss, but it's something that the Presbyterians believe in."

They keep the whole system in the pink of condition.

Their singular curative properties discovered by an Indian tribe-introduced to civilization nearly a century ago-compounded since 1857 in the Comstock Laboratories at Brockville, Ontario.

Dr. Morse's Root Pills

have a remarkable record for consistently curing constipation, biliousness and indigestion, purifying the blood, banishing headaches and clearing the skin. 25c. a box everywhere.

AND

OUR Bread, Cakes, etc., are noted for being strictly first class.

ICE CREAM PARLOR

FRUITS of all kinds in season, Imported and Domestic.

CANNED FRUITS, full line, fresh and reliable.

ICE CREAM, cream soda and mer drinks.

OUR choice cigars are preferred

WEDDING CAKES in the best of style

S. E. THOMPSON, NORTH END BAKERY.

Chantry Farm,

KERWOOD

SHORTHORN: CATTLE AND LINCOLN SHEEP

> ED. DE GEX. KERWOOD P.O.

Avegetable Preparation for Assimilating the Food and Regula-ting the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opum, Morphine nor Mineral. NOT NARCOTIC.

pe of Old The SAMUEL PITCHER

Aperfect Remedy for Constipa-tion, Sour Stomach, Diarrhoea Worms, Convulsions, Feverishness and Loss of SLEEP.

Fac Simile Signature of Chat H Fletcher. NEW YORK. At 6 months, old 35 Doses - 35 Cents

EXACT COPY OF WRAPPER

The Kind You Have Always Bought

Bears the Signature

Use For Over Thirty Years

ARRIVALS

Two Crates Dinnerware One Crate Toilet Sets One Crate English China One Crate Hand Painted Japanese China

These goods are direct from the makers at prices that will please you. See our assortment before you buy.

The N. B. Howden Est.



Do You Own a

Or Are You a Slave to Ill-Health?

A "Parkyte" Sanitary Chemical Closet

in your home is the strongest kind of insurance against the germs of disease. It is a preventative against epidemics and contagion in the summer and an absolute necessity the year round.

Requires neither Water nor Sewage; can be placed in any part of your home; costs less than a CENT a day, and Lasts a lifetime.

Endorsed by the leading Physicians, and Health Officials; Specified by the most prominent Architects, and adopted by whole

OVER 15,000 HAVE BEEN INSTALLED IN CANADIAN HOMES IN LESS THAN ONE YEAR. Ask Your Dealer For Prices.

The "PARKYTE" SANITARY CHEMICAL CLOSET is made in Canada by PARKER-WHYTE, Limited, WINNIPEG, Man.

BRANCHES :- Toronto, Montreal, Calgary and Vancouver. and is sold by J. McKERCHER, WATFORD, Ontario.

If you have anything you want to sell try a "Special Notice" in the GUIDE-ADVOCATE. The cost is small.