

## She Believes It Saved Her Life

Mrs. O'Brien Didn't Have A  
Single Well Day In Five  
Years—Tanlac Restores  
Her To Health

"I actually believe this Tanlac has saved my life," is the remarkable statement of Mrs. Grace O'Brien, who resides at 18 June St., Halifax, Nova Scotia, Canada.

"I hadn't seen a well day in five years until I took Tanlac she continued. 'The agonies I suffered from stomach trouble made me almost wish I was dead many a time. In all those long years of suffering I haven't known what it was to enjoy a meal, and have gone for days at a time without touching real food, because I was afraid of the pain that I knew it would bring me. Even a piece of dry toast would upset me so that I would be in misery for hours, and when I tried liquid foods it would sour on my stomach. When I would try to eat, my food would feel like a rock in my stomach and would sour and form gas that rose up in my throat and almost cut off my breathing. Pains all through the pit of my stomach sometimes kept me awake at night walking the floor and finally I got to the place where I was so weak and nervous and run down that I couldn't even dress myself. When I would try to dress in the morning, I have fainted away many a time, as I would be so weak that I couldn't stand on my feet. If it had not been for my two daughters I don't know what I would have done, as they had to take care of me and the house too.

"The first bottle of Tanlac didn't seem to make much improvement in my condition, for I had suffered so long that my troubles were hard to reach. I began to feel like eating after the second bottle and as soon as I could eat and digest my food I felt myself getting stronger. I kept on until I have now taken four bottles and it is remarkable how I have improved. The pains through my stomach have disappeared entirely and the gas has quit forming. I have a good healthy appetite and can eat meat, onions, in fact anything I want and it builds me up and I enjoy every meal. My strength has come back until I can get around and do almost as much housework as my daughters can. I have gained ten pounds and am picking up all the time and when night comes I sleep without a pain and wake in the morning feeling like a different person. I really believe Tanlac has saved my life and I am glad to tell everybody about this wonderful medicine."

Tanlac is sold in Newcastle by E. J. Morris and in Red Bank by Wm. M. Sullivan.

## Sporting Editor

The November issue of Rod and Gun published by W. J. Taylor, Limited, at Woodstock, Ont., keeps big game hunting stories well to the fore. "A Caribou Hunt in Restigouche County" by Henry Duncan Chisholm, "Days of Real Sport in Algoma," F. V. Williams thrilling story, with cover cut to illustrate, of "The Gun That Would Shoot a Mile," "A Nova Scotia Moose Hunt About 1840 and Another in 1918," by T. S. Scott, will all be found equally interesting to hunters—whether on vacation now, going, or returning. The first part of an interesting story of Alaska entitled "The Humming Bird" by Mrs. Jean Stevenson is the opening story of this issue, while Ronnycastle Dale will be found as interesting as ever in his "Two Ancient Beach Combbers." Duncan Campbell Scott's address on "Relation of Indians to Wild Life Conservation," and "Opening Day at Lake Scugog" by John Townson are timely and interesting articles. "Fishing Notes" conducted by Robt. Page Lincoln containing "Dusk and Ember Papers," "Along The Trap Line" by H. C. Hadson, "Guns and Ammunition" by C. S. Landis, "Rod and Gun Mechanics," "The Kennel" and "Trap" departments will all be found up to the usual standard with much to interest their various followers.

## CANADA'S FUTURE DEPENDS ON LOAN

Steady Employment and Prosperity  
Hangs on Victory Loan.

Canada's future prosperity depends to a great extent upon the success of the Victory Loan. No country can exist upon trade within its own boundaries. Canada counts on the trade with Great Britain and other allied countries to keep the flood of good times in the country.

The surplus products of the farm and the factory find their way across the seas. The revenue of the farmer and the manufacturer is dependent on this trade relationship being sustained. The employment of many hands depends on the orders that come to the firm. The pay envelope only comes with steady employment.

Great Britain and overseas countries are still desirous of continuing trade relations, but, overwhelmed with war expenses, they must be given credits for the time being. The farmer and the manufacturer must be paid for their products and manufactured articles in cash. Therefore, Canada must finance the proposition to keep the tide of commerce coming this way. But in order to have the money on hand to do this great thing, Canada must borrow from her people.

The Victory Loan offers bonds to subscribers paying 5½ per cent. interest. The guarantee behind the bonds makes them an absolutely safe investment. Victory Bonds are accepted as collateral at any bank, and can easily be turned into money at a profit. It is then to the interests of every Canadian to subscribe for all the Victory Bonds he can, for it is profitable, it is patriotic, and it is necessary for the continued prosperity of the country.

## CANADA NEEDS MONEY

War Expenditures Still to Be Met  
From Proceeds of Victory Loan.

The war is over and won; but Canada's main expenditures for war will not be complete until well on into 1920. The \$610,000,000 raised last year has all been spent, \$400,000,000 having been largely devoted to soldiers—to maintaining them, bringing them home, providing the necessary medical services, training them. Most of the balance of the loan was lent to Great Britain to enable her to buy our surplus products. And money is still necessary—for soldiers, for providing markets, for our surplus products, for the needs of reconstruction. And that is why another Victory Loan is necessary. Canada still needs money, and needs it badly.

**A Good Investment.**  
Speculation is one thing. Investment is another. The majority of citizens want an investment, not a speculation. And they want a safe investment. Victory Bonds fill that requirement as does no other investment. Because behind every bond there is the national wealth of Canada—a wealth so great that it staggers the imagination.

**Canadian Bank Clearings.**  
That Canada is well able to support the Victory Loan is clearly shown by the Canadian bank clearings for the current year. They indicate that the year's total will exceed \$15,000,000,000 compared with \$13,776,000,000 in 1918. And the year's total clearings should be three times those of 1909.

**Must Subscribe More**  
Dividing the people of Canada into three classes—the comparatively poor, the moderately wealthy, and the very wealthy—it would seem that if contributions to the Victory Loans constitute service to the nation, the moderately wealthy class is hardly doing its share. Of the money subscribed to the Victory Loan 1918, two hundred and seventy-one million dollars were in bonds of \$5,000 and under, ninety-four millions in bonds of between \$5,000 and \$25,000, and three hundred and one million in bonds of \$25,000 and over.

Be true to yourself. Buy Victory Bonds.

You did it before. You can do it again. Buy Victory Bonds.

Canada pledged her last man and her last dollar. Redeem that pledge in Victory Bonds.

If the fighting were still raging, you wouldn't hesitate to buy Victory Bonds.

To make the Victory Loan a success is a national obligation. It may be that you are the deciding factor.

If you are concerned about the future welfare of Canada, buy a Victory Bond and make it a sure thing.

Don't forget the future of your children. Lay a good foundation with a Victory Bond.

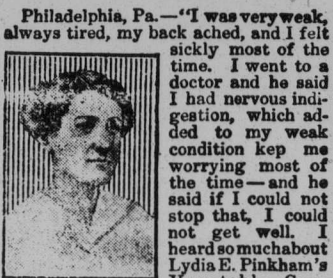
Would you lend a soldier \$50 if you knew it would save his life? Buy Victory Bonds and keep the military hospitals up.

If you appreciate a good investment you will buy a Victory Bond.

You decide no one but yourself when you say you can't afford a Victory Bond.

## THIS WEEK, NERVOUS MOTHER

Tells How Lydia E. Pinkham's  
Vegetable Compound  
Restored Her Health.



Philadelphia, Pa.—"I was very weak, always tired, my back ached, and I felt sickly most of the time. I went to a doctor and he said I had nervous indigestion, which added to my weak condition kept me worrying most of the time—and he said if I could not stop that, I could not get well. I heard so much about Lydia E. Pinkham's Vegetable Compound that I bought a box and took it for a week and felt a little better. I kept it up for three months, and I feel fine and can eat anything now without distress or nervousness."—Mrs. J. WORTHLINE, 2842 North Taylor St., Philadelphia Pa.

The majority of mothers nowadays overdo, there are so many demands upon their time and strength; the result is invariably a weakened, run-down, nervous condition with headaches, backache, irritability and depression—and soon more serious ailments develop. It is at such periods in life that Lydia E. Pinkham's Vegetable Compound will restore a normal healthy condition, as it did to Mrs. Worthline.

## Not A Case For Cheese Paring

When Sir Thomas White, the former Finance Minister of Canada, was testifying before the Parliamentary Committee on Soldiers' Civil Re-establishment recently he dwelt on the importance of the Victory Loan to the country at this time. He pointed out that the great problem today was to furnish credits to European countries that Canada must sell. It will be noted that he used the word "must," not "may." Take the single item of cheese. This country's exportable surplus of cheese for the last two years could not have been sold save that Canada first furnished credits. In 1917 Sir Thomas had to find \$90,000,000 for this purpose and since then \$75,000,000 was advanced. These advances were covered by the sums raised in the Victory Loans of the past two years. This means that \$165,000,000 of one Canadian product alone was disposed of at a large profit, which would have been a drug on the market had Canada not been in a position to finance the necessary credits. The money spent on this one item of cheese came back through the cheese factories to the pockets of the farmers; and again to the merchant and manufacturer through the increased purchasing power of the farmer. Thus the benefits to Canada of the Victory Loans are as clearly demonstrated as the circulation of the blood in the human body. On the success or failure of the 1919 Victory Loan hangs the fate of credit process which brings so much back into the pockets of the Canadian community. This, altogether apart from its sound merits as an investment.

## The Spirit of Democracy

We pride ourselves upon the democracy of Canada. There is equality of suffrage, equality of privilege before the law, equality of protection. The nation is self-governing and self-respecting. The great advantage of a square deal to the citizen comes from our form of Government. It carries with it a great responsibility. Each citizen bears a part of the national honor. Each citizen has a personal duty towards the State, all the more pressing because its performance is voluntary.

When war came the young men of military age admitted that duty by enlisting. The other right-thinking people who were detained at home met their duty by supporting heartily the national endeavor. Thus democratic government was justified by results. Canada won a name in the world for patriotic devotion.

For this reason, and considering that the Dominion faces one more crisis, a financial one arising out of the war, we have confidence that the Victory Loan 1919 will be heavily over-subscribed. The patriotic duty of buying Bonds overshadows even the personal advantage of the investment.

It is wise, of course, to consider the guarantee behind the Bonds, and to bear in mind that they yield 5½ per cent. but it is the prevailing sense of personal obligation for the reputation of Canada that will sweep this great Loan to success. Canadians have the name of finishing whatever they undertake. They heartily approved the reputation of Parliament which brought Canada actively into the war. They will remember the responsibility are fulfilled.

## Average Cost Of The Family Budget

According to the Dominion Labor Gazette the cost of living has not been worrying very much about the investigations of the Board of Commerce. In retail prices the average cost of the family budget of staple foods in some sixty cities of Canada at the middle of September was \$14.33 as compared with \$14.45 in the preceding month and \$13.31 in September 1918. For small mercies the consumer will doubtless be thankful. In wholesale prices the index number based on the average prices of 272 commodities showed very little change in the general level, being 301.4 for September as compared with 301.4 in August, 285.3 for September 1918, and 134.4 for September 1913. In wholesale prices there were increases in fruits, dairy products, sugar, hides, leather boots, metals, building materials, fuel, furniture and raw furs. There were decreases in grain, live stock, meats and fish.

In retail prices the chief changes for the month were lower prices in meats and potatoes. There were slight advances in eggs, milk, butter, rolled oats, rice, evaporated fruits and sugar. Coal, wood and rents continued upwards.

Bacon was 55 cents in St. John and 50 cents in Fredericton and Moncton. Sirloin steak was quoted at 45 cents in St. John, 40 cents in Moncton and 35 cents in Fredericton. Fresh pork chops were quoted at 40 cents in St. John and 35 cents in Halifax, Moncton and Fredericton. Beef, rib roasts, prime was quoted at 36 cents in St. John, 38 cents in Halifax and 28 cents in Moncton and 25 in Fredericton.

## Policy Regarding Pure Bred Rams

The value of the pure bred sire has been frequently demonstrated by experiments conducted at various agricultural colleges and experiment stations. It has been decided that the best way to prove the value of pure bred rams is to encourage every sheep raiser, who has not used a pure bred ram, to use his own flock to demonstrate for himself the value of this practice. Pamphlet No. 19 "Information Concerning the Policy of the Live Stock Branch of the Department of Agriculture Regarding Pure Bred Rams," which may be secured free on application to the Publication Branch, Ottawa, states that the Dominion Department of Agriculture will grant to bona fide applicants who comply with the regulations a sum of \$5.00 annually for two years. These premiums totalling \$10 will cover a considerable portion of the difference in the cost price of a scrub ram and a pure bred registered ram. Premiums will be paid on not more than four rams to any individual breeder. Regular forms to be used in making application under this policy are contained in Pamphlet No. 19.

Every dollar of the proceeds of the Victory Loan 1919 will be spent in Canada.

## Get Well—

Don't prolong sufferings from  
Coughs, Colds, Sore Throats,  
Gripes, Croup, Chills, Rheumatism,  
Strains, Bronchitis, Tonsillitis, etc.

## Johnson's Anodyne Liniment

Is a doctor's prescription for internal and external use with a record of over 100 years of splendid success. A wonderfully soothing, healing, pain banishing anodyne upon which you can safely rely to

## Get Well—

## 10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation,  
Biliousness, Sour Stomach, Bad  
Breath—Café Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascarets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. A 10-cent box from your drugist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.

# NO DUST— — NO DIRT

# "SALADA"

## TEAS

CONSIST ONLY OF WHOLE  
VIRGIN LEAVES FRESH  
FROM THE GARDENS AND  
SCIENTIFICALLY BLENDED  
IN THE CLEANEST AND  
:: MOST UP-TO-DATE ::  
FACTORIES IN AMERICA.

## EASTERN STEAMSHIP LINES, INC.

INTERNATIONAL LINE  
Resumption of Freight and Passenger Service  
**ST. JOHN and BOSTON**

S. S. GOVERNOR DINGLEY will leave St. John every Wednesday at 9 a.m., and every Saturday at 6 p.m. (Atlantic Time)  
The Wednesday trips are via Eastport and Lubec, due Boston 10 a.m. Thursdays. The Saturday trips are direct to Boston, due there Sundays at 1 p.m.  
Fare \$9.00. Stateroom \$2.50 up. Direct connections with METROPOLITAN FREIGHT STEAMERS for New York via Cape Cod Canal.  
For Freight Rates and full information apply to,  
**A. C. CURRIE, Agent, St. John, N. B.**

## Fire-Range Heaters

CUT THE FUEL BILL IN HALF

Better, Safer, More Economical  
Than Gas.

"The Greatest Stove Invention of the Age"

**YOU NEED IT!**

You Are Daily Paying  
for it!

Why Not Have It?

**A Fire-Range in Your Home  
MEANS**

50 Per Cent Saving in Fuel	Coal is \$12.00 now
60 Per Cent Less Ashes	and may soon be
50 Per Cent More Cooking Surface	higher. What does
50 Per Cent Less Labor to Operate	this mean to you?

NO FIRES TO KINDLE. NO MORE BLACK BOTTOM KETTLES.

Warmer Kitchen in the Winter time, Cooler Kitchen in the Summer time, Quicker Service in the Morning. Hot Water Day and Night.

**Holds Fire Over Night With Wood  
Holds Fire Ninety Hours With Coal**

PERFECT BAKING WITHOUT DAMPER OPERATION.  
Burns any kind of Fuel. No dusty ashes to sift.  
No more black leading to be done.

SOLD EXCLUSIVELY BY  
**B. F. MALTBY,** Newcastle, N. B. Phone : 121