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THE

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 The Drug Store Where You
 Get What You Ask For
 Phone 250

The Daily Herald

Published daily except Monday
 at The Herald Office, Commercial
 Street, Nanaimo, B. C.

R. B. RINDMARCH

Announcement

1917 ADVERTISING RATES

Wanted, For Rent, Lost and Found
 Advs. 1c per word per issue or 4
 cents a word per week. 25c m.
 Reading Advertisements 5c a line.
 Notices of Meetings, Political Meet-
 ings and Legal Notices 10c a line
 for 1st insertion and 5c a line for
 each subsequent insertion. 8 lines
 to the inch.
 Birth and Marriage Notices 50c.
 Death and Funeral Notices, \$1 for
 1st insertion and 50c. for each
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 Local Reading Advs. 10c a line each
 issue.
 Auction Advertising, 25c. an inch.
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 Front Page Display, Double Rates.
 Steady Commercial Advertising Rates
 on Application.

Subscription Rates

One Year, by Mail \$8.00
 Six Months, by Mail \$4.50
 City Rates
 50c. per Month by Carrier.
 One Year (strictly in advance) \$5

THE AIR RAIDS

The German air raids in England have once more raised the question of British air defences. Three raids in succession must have come as rather a trial to British calm. In one instance, also, a lucky shot resulted in a large number of casualties, and people are, as a consequence, inclined to take a mistaken view of the raid. A good deal is being made of the fact that the German raiders appeared over the British coast, dropped their bombs, and sailed away again unscathed. Where, the question is being asked, were the British defensive machines? The question is much easier asked than answered. It should not, however, be forgotten that Germany is not having things all her own way in the air. French and British airplanes are raiding German territory almost every day. There are no reports of the damage inflicted by these raids, but so far as is known some of them have been very successful. The fact is that it does not seem a very easy thing to stop raiding airplanes, a factor which the indignant critic is apt to overlook. As to whether or not airplanes are being used as much as they should be in the war it is diffi-

School Books

English History, Symes & Wrong.

High School Grammar, Lang's.

Alexander's Select Poems

High School French Grammar, Fraser & Square's.

Syke's Elementary Composition.

Hall & Knight's Algebra.

Hall & Stevens' Euclid.

La Mere Mectel et son Chat. Etc., Etc.

JEPSON BROS.

Minard's Liniment Relieves Neuralgia.



Weak, Anaemic, Nervous Run-down

WHEN your system is undermined by worry or overwork—when your vitality is lowered—when you feel "anyhow"—when your nerves are "on edge"—when the least exertion tires you—you are in a run-down condition.

Your system is like a plant that is drooping for the want of water. And just as water revives a drooping plant—so Wincarnis gives new life and new vitality to a "run-down" constitution. Because Wincarnis possesses a four-fold power. It is a tonic, a restorative, a blood-builder and a nerve food—all in one. Therefore Wincarnis promotes new strength, new blood, new nerve force and new vitality.

The benefit begins from the first small dose. You can feel it doing you good. You can feel your whole system being surcharged with new vitality and new life.

That is why over 10,000 doctors recommend Wincarnis.

Wincarnis quickly brings back your old-time vigor—gives a sparkle to your eyes—and coaxes the roses back to your cheeks. You look well—feel well—eat well—sleep well—each level in the new health and new life Wincarnis creates. But, remember, that only Wincarnis can give you this new and vigorous health. Imitations only waste your money and disappoint you.

WINGARNIS

ASK YOUR DOCTOR

GET IT AT YOUR DRUGGISTS

Pints \$1.00 Quarts \$1.45

FRANK S. BALL, Resident Director, 67 PORTLAND ST., TORONTO 30

VISITED RESTING PLACE OF FALLEN HERO

In a letter to his mother, Pte. Richard Broad, a Nanaimo lad, who has been on the firing line for some time, writes of having visited the grave of Pte. "Jack" Nicholson, son of Constable Nicholson of the City Police force, who gave up his life on a battlefield in Flanders several months ago.

Pte. Broad writes: "I was down to see Jack Nicholson's grave last night. It is fixed up good. I told you I would look to it, but there is a man looking after that cemetery, and Jack's grave is fixed up nice. They have put a new big cross on it, and his grave is covered with beautiful flowers. Poor lad. I was just thinking of the times we used to have down at the Newcastle beach swimming. If we were allowed I would like to take a photograph of Jack's grave and send it to his dear mother, because it looks fine just now, with all the flowers in full bloom."

Pte. Broad closes his letter with the following poem:

The Lonely Cross
 On a battlefield of Flanders
 Partly overgrown with moss,
 Midst a scene of desolation
 Stands a simple wooden cross.

Though it be not made of marble;
 Sculptured by a hand of fame,
 Yet it tells its own true story
 Of brave men without a name.

Crudely formed by sorrowing comrades,
 Hampered by foe's shot and shell,
 That it may refresh their memory
 Of the spot where heroes fell.

In the graves beneath its shadow,
 Undisturbed by boom of gun,
 May their rest be calm and peaceful
 For their duty they have done.

Whilst this token of remembrance
 Still reminds us of our loss,
 Friend and foes alike pay homage
 And salute the lonely cross.

BREAKFAST SUPPER LUNCH

Every Table Should have Its Daily Ration of Grape-Nuts

Real Food For Health and Strength

"There's a Reason"

—sold by Grocers.

DOING HIS BIT TO BEAT HUNS

Bombing Corporal W. Hamilton, of Nanaimo, writes the appended interesting letter from "Somewhere in France":

August 9, 1917.

Editor Herald.

I trust that the following short letter from the firing line may be of some interest to your readers. It is now just 12 months since I crossed to France with the 47th Battalion determined to the last to do my bit, help shake up old Fritz, and incidentally collect a few souvenirs. During that time I have seen a little of this game after having been through the scrapping of last Fall and this Spring. When the big drive started on April 9th, the Canadians were sure in it. Against machine-gun, rifle, bomb, and shell fire we successfully stormed and captured probably one of the greatest victories of the war. Needless to say I consider myself very fortunate in having dodged all the various missiles and scrap iron that Fritz has thrown at me.

In the winter the mud was one of our worst enemies, and we learned the gentle art of pulling one another out of shell holes with the aid of a rifle for the unfortunate one to hold on to. At last Spring came and with it the sun. I shall never forget how we welcomed its warmth. It was paradise to have dry clothes and feet. As a rule we spend several days, perhaps a week, in the front line, and then have a similar length of time behind the lines. They call it rest. It includes about six hours drill each day, with various other duties such as shining buttons and boots, and cleaning rifle and ammunition, things a soldier only does because he has to. In the winter time it often takes several days to clean the mud from ones clothes and equipment.

But after all we have a fairly good time when out of the trenches and every afternoon (weather permitting) we hold either Bp, Bde, or Div. sports and in the evenings there are band entertainments in the Y. M. C. A. I wish to state, here that the Y. M. C. A. are doing great work in France and the boys sure appreciate it. Everything is free of charge. They have got the Movies in every rest camp behind the lines.

Then again I often wonder if the ladies in Canada realize what a great part they are playing in this war by keeping up the constant supply of socks mittens parcels and other necessities which go to make the lives of the Boys here lighter. If these good people only knew what the comforts they send mean to us, and know how we appreciate every little thing that comes from B. C., they surely would not think that their work was in vain. I take this opportunity, on behalf of my fellow comrades, to thank every lady or association in B. C. which is furnishing needs for the boys over here. I know they do not receive any letters from us, but it is very hard to find time to write.

Now comes the burning question of the moment, "what do we think conscription in Canada?"

At first let it be clearly understood that we do not wish to accept any praise for being in uniform. We plainly saw it to be our duty, but what I am about to say does not apply to men or those with dependants. The whole question then is, what do we think of the able bodied man who has no just reason for not fighting, but is content to stroll around in civilian clothes, read the papers and look at the pictures each day to see what his pals are doing over in France, and then at the end of each month, consoles his conscience with planking down 25 cents for a home for wounded soldiers. Or perhaps he is one of those queer guys trying to stop our rum ration or tobacco issue. Of such men I don't say what I think. I only wish we could get along without his help; Nuff Sed.

I am due to leave for England or Paris, I am going to spend my ten days in Blighty. I have met a bunch of the Boys from the Coal City lately. Sergt. (Sandy) Young Mat Guinness and many more too numerous to mention. By the way it might be pleasant to let you know that we have quite a bunch of players from the old Silver Cornet Band; they are now in our Reg. Band and they take some beating.

I will close now—
 One of the Boys
 Hamilton W.
 Bombing Corp.
 France.

PTE. ERNEST CORBETT KILLED IN ACTION

Mr. and Mrs. Geo. Corbett of Wellington B. C. have just received word that their son, Pte. Ernest Corbett was killed in action on Aug. 21. He enlisted in the 210 Battalion in Moosejaw Sask. in March, 1916. In April of this year he left that city for overseas, after reaching England he was transferred to the Mounted Rifles.

Don't Eat Less—But Eat Better. There is no need of anyone going hungry. Canadians should eat foods that supply the greatest amount of nutriment at the lowest cost. The whole wheat grain is the most perfect food given to man. **Shredded Wheat Biscuit** is the whole wheat grain prepared in a digestible form. Every particle of the whole wheat berry is used—nothing wasted, nothing thrown away. Two or three of these biscuits with milk, sliced peaches or other fruits make a nourishing, satisfying meal at a cost of only a few cents.

Made in Canada.

FOR RENT.

30 Acres; 20 cleared, well watered. Dwelling, two barns and chicken houses, implements.

Will give lease for \$12.00 a Month; situate, North Wellington.

Apply,

A. E. Planta

Financial & Insurance Agt.
 Nanaimo, B. C.

When in Nanaimo Stop at
The Windsor
 First Class Hotel Good Service Throughout

McAdie The Undertaker

Phone 180 Albert St.

JENKIN'S
 Undertaking Parlors
 3 and 5 Bastion Street
 Telephone 1-24

2ND ANNUAL

Optical Sale

For 10 Days Only

We will fit you with
 Genuine Toric Lenses,
 Gold Filled Mount, in-
 cluding Gold Filled Ear
 Chain.

Including Examination

—\$6.00—

Regular Value \$8. to
 \$12 to \$12.50

This bargain is made in
 order to advertise Our
 Optical Department. Ex-
 amination made by

R. Kaplansky O.D.

Optometrist and Optician, Man-
 ager of the Optical Department

B. FORCIMER,

Jeweler & Optician, Nanaimo, B. C.

Start Today

—USING—

CAMERON'S

Baked on Brick Bread

There is more of it used
 than any other. Why?

"There's a Reason"

Phones 570 or 178.

Minard's Liniment Cures Garget in Cows.

Announcement!

Unless the Piano or Player-
 Piano bears the name "Heintz-
 man & Co." it is not a genuine

Heintzman

Before buying insist upon see-
 ing the name "Heintzman &
 Co."; it is the guarantee that
 you have bought "Canada's
 Premier."

HEINTZMAN & CO. LTD.

(Successors to Gideon Hicks Piano Co.)

Opp. Post Office,
Victoria, B. C.Commercial Street
Nanaimo, B. C.

NOTICE.

The launch Frebetell will leave
 the Reliable Boathouse for Departure
 Bay and other points every Wednes-
 day at 1.30 p.m., and every Sunday
 at 10.30 a.m., and 1.30 p.m., re-
 turning each day in the evening.
 Fare for round trip, adults 25 cents,
 children 15 cents. To Gabriola Is-
 land and return, adults 35c., children
 10 cents. 103

Notice is hereby given that at the
 next regular sitting of the Board of
 License Commissioners for the City
 of Nanaimo, I intend to apply for a
 transfer of my individual interest in
 the License to sell intoxicating liq-
 uors at the "Columbus Hotel" on
 Haliburton Street in the City of
 Nanaimo from myself to my part-
 ner Terrell Donato.

G. Sant.

Nanaimo, B. C., July 5, 1917.

BUY NOW!

October 1st Is Coming!

After that date it will be impossible to buy
 liquor in B. C., and you will have to pay
 double the present price for shipments from
 outside.

It is wisdom to lay in a reasonable supply of
 pure spirits, wines and liquors now.

It is also wisdom to secure your supply from
 an old and reliable firm whose stock can be
 relied upon as to brand and quality.

The Gold Seal Limited will deliver to you, at low
 prices and on favorable terms, supplies from the ware-
 houses and cellars of the largest distributors of li-
 quors in Western Canada, so long as its present stock
 holds out.

SEND TODAY for the firm's Special September Price
 List, covering every variety of choice liquor. Sent
 free. We invite special enquiry concerning your fav-
 orite brands.

Canadian Rye

Brand	Per Gallon
Jos. E. Seagram's Old Canadian Rye (\$3)	\$4.50
Hiram Walker's Imperial Whisky	\$4.50
Gooderham & Worts' Eight-year-old Special	\$4.75
Gold Seal "Gold Bond" Twelve-year-old (the finest Canadian whisky in the world)	\$5.75

Standard Scotch Whisky

Brand	Per Gallon
John Dewar's Selected Whisky	\$7.50
"House of Parliament," ten years old	\$7.50
Buchanan's "Black & White"—a famous brand	\$9.00
Caledonian Reserve, fourteen-year stock	\$8.50
Sanderson's O. P. S. Mountain Dew	\$9.50

Cognac Brandy & Imported Rum

Brand	Per Gallon
Otard Dupuis Three Star	\$7.50
Rizatt's XXX Old Cognac	\$8.00
Brandy	\$8.00
Jas. Hennessy's XXX Old Cognac Brandy	\$9.50
Horace Clark's Overproof	\$8.00
Old Jamaica Rum	\$8.00
Gold Seal, oldest and strongest Jamaica or Demerara Rum	\$9.00

No charge for war
 stamps, jugs, or
 cases. Telegraphic
 orders may be sent
 "Collect."

Orders shipped,
 freight or express
 prepaid, to any
 point in B. C. the
 same day order is
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Established 20 Years

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