

Healthy Happy Children

As everyday food for growing children, good bread and butter is much more wholesome than meat. It is lighter in the stomach, more easy to digest and furnishes every element of health and strength necessary for the growing child, provided the flour is rich in that fine quality of high grade gluten which distinguishes Ogilvie's



Royal Household Flour.

It is this rich nourishing element which makes children grow fat and happy when given plenty of bread made from this finest of all flours. Children thrive on it. It puts flesh on their bones and brings the rosy flush of health to their cheeks.

This is not so with bread made from inferior flours. It falls very far short of being whole food and fails to build up strong, vigorous growth. For the children's sake buy the best flour—Ogilvie's Royal Household. It counts for health and happiness. Best and most nutritious for pastry as well as for bread.

"Ogilvie's Book for a Cook," with 125 pages of recipes that have been tried and tested, will be sent free if you will send us your address and mention the name of your dealer.

The Ogilvie Flour Mills Co., Limited, Montreal.



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Notice to Women

Don't fail to see the splendid exhibit of the

"1900" WASHER

Hand, Water and Electric Power Machines, at the Canadian National Exhibition, Toronto. Look for it in the Implement Building (under the Grand Stand). You should know this wonderful labor-saving device. Ask about our trial offer—it's a liberal one.

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F. A. BACH, MANAGER,

The "1900" Washer Co., 357 Yonge Street, Toronto.

ALMA COLLEGE
Gives
Practical
as well as
Artistic
EDUCATION

Alma is a college home where Education means thorough training of spirit, mind and body. Here is received thoughtful, purposeful instruction with proper, helpful relaxation. Social surroundings desirable, and health safe-guarded by adequate exercise. Abundance of wholesome, well-cooked, well-served food. Beautiful grounds. Sanitary buildings. Healthful climate. Preparatory, Collegiate Courses, Art, Commercial, Domestic Science, Elocution and Physical Culture, Music. Terms low. Send for prospectus. Address Robert I. Warner, M.A., D.D., St. Thomas, Ontario. 8

keeping, as will flowered muslin curtains, quaint bed-spreads, and old-fashioned rugs of rag or Brussels.

If you like a very modern house, however, you must choose differently. Here, you may have plain or battened walls (especially in the living-room,—a drawing-room may be more ornate), and strictly mission or modified mission tables and chairs (strange that the old, old mission, should be considered almost a necessity of the very modern house), with enough willow, wicker, cane and rush-bottomed furniture to give lightness and grace. Here soft cushions largely take the place of upholstery, and, if upholstery is used at all, it is likely to be either real leather, or in separate pieces, often with "square" edges, removable, and simply strapped to chairs or couches. This upholstery may be of corduroy, rep, heavy monk's cloth, canvas, or cretonne, in quiet coloring, and very conventional pattern. In this house, too, you may have rugs to your fancy, Wilton, Axminster, Scotch, Oriental (or Oriental effect, since the "real thing" is likely to be very costly), or the new hand-woven rag rugs in artistic coloring; and if you are fond of arts and crafts, portieres, table-covers, etc., you may have them to heart's content. Obviously, floating lacey window curtains would be out of place here, so you must have them sash length, and drawn well back at either side, with a narrow valance at the top. Of course, they must not be of lace, but of Madras, pongee, printed material (conventional design), scrim, with insertion or stenciling, etc.

Possibly you may want to have variety in your house, and, if so, you may find it advisable to have reception-room and bedrooms in airy French, or quaint, old-fashioned style, with living-room and dining-room in mission. At all events, the fact remains that mission effects, or, at least, very plain effects, with leather or removable cushions, are the best for living-rooms, libraries, dens, and dining-rooms. Such furnishings are easily dusted, as carved furniture never can be, and exceedingly sanitary for rooms that are much used, especially if the rugs and cushions are such as can be taken out and beaten whenever necessary.

(To be continued.)

A Linen Shower.

Please give some ideas for a linen shower to be given a young lady by some of her girl friends.

M. I.

Waterloo Co., Ont.

In the first place, the linen shower must be given as a surprise to the young lady. On no account let her hear a whisper of the scheme, so that the party may be a veritable surprise. The descent, by way of a party, may be made upon her own home if desired, or the presentation may be made at the home of one of the girl friends who has invited the whole circle to "Afternoon Tea."

Now, as to the gifts: In the first place, make out a list of the things to be bought, and let each girl mark off one that she chooses. This will prevent duplicates, or, at least, undesirable duplicates.

Next, each girl must write a rhyme or good wish, and wrap it up, unsigned, with her gift.

Any original way of presentation may be adopted. If the party of friends go to the bride-elect's home, they may surround her until she feels "like the Bishop of Bingen," and toss the gifts at her feet in a veritable shower, making her open each and read the rhymes in turn, or they may pin the rhymes to the bits of linen, and throw the gifts all over her. In case the presentation takes place at a friend's house, any scheme that requires time for preparation may be adopted. The chief consideration is to keep a spirit of fun in the air, and everything going merrily. After the rhymes have all been read, serve tea, cake and ice cream if you choose, have a good, old-fashioned country "tea."

Camphor Taint.

Dear Dame Durden,—Having read "The Farmer's Advocate" for quite a while, and having received a great deal of useful information through your column, I am going to ask for help out of a dilemma. I very carelessly left some moth-eaten or near my land crock, and, as a result, the land has become tainted, so that we can

not use it. Can you give me any hints as to what I should do to destroy the taint?

C. B.

Perth Co., Ont.

Can anyone answer?

Ants.

I have small red ants in my pantry. Is there any way of getting rid of them? Sometimes for a week or more there is no sign of them, then, all of a sudden, they appear again. I have tried scalding with boiling alum water, which appears to be of very little use. Please answer through your paper.

MRS. T. LEE.

Ants will not go anywhere where carbolic acid is sprinkled plentifully, but as the odor is not particularly desirable near foods in a pantry, some other method must be tried. Dip a sponge in sweetened water and press it out slightly, then put it where the ants congregate. When it is swarming with ants, drop it into boiling water, and repeat until the ants have disappeared. If the ant-hill can be discovered, the ants may be destroyed by pouring some carbon bisulphide into the openings, closing them up by stepping on each as it is treated. As the vapor of bisulphide is very inflammable, it must at all times be kept away from heat, or the smallest flame of any kind.

Buffalo Bugs.

Dear Dame Durden,—Have just discovered a few buffalo moths in the house. Can you tell me how to get rid of them?

MARGARET.

Bruce Co., Ont.

Smith's Entomology states that gasoline, applied freely to carpets, etc., and poured in cracks, will kill all buffalo beetles and larvae, but it must be applied at intervals of a week for two or three times, to catch all the bugs. It does not affect the eggs, so must be poured on again, according as they hatch out. Apply the gasoline in the morning, with doors and windows wide open, and no fire or flame of any kind in the room, as otherwise the fumes of the liquid may get afire, causing an explosion.

See below for another remedy.

Buffalo Bugs Again.

Dear Dame Durden,—I have often thought of writing and sending you a few helpful hints. I always enjoy the Ingle Nook so much. I was married one year in June, and have a little baby girl four months old. We live on a farm, and there is always plenty of work, but we like it best.

I saw that Young Farmer's Wife has been having trouble like myself with buffalo moth. My remedy is salt. I put it under the edges of the carpets, and dust some lightly over the carpet, in the dark parts of the room, or under the furniture. Another way is to go over your carpet with a clean cloth wrung out of salt water. I find since using the salt that they disappear.

I am sending a good recipe for marble cake.

Light Part.—One cup white sugar, $\frac{1}{2}$ cup butter, $\frac{1}{2}$ cup sour milk or buttermilk, whites of 3 eggs, 2 cups flour, 1 teaspoon baking powder.

Dark Part.—Half cup brown sugar, $\frac{1}{2}$ cup butter, $\frac{1}{2}$ cup molasses, $\frac{1}{2}$ nutmeg, 1 teaspoon cinnamon, $\frac{1}{2}$ teaspoon allspice, $\frac{1}{2}$ teaspoon soda, 2 cups flour, yolks of 3 eggs.

Fill the pan with alternate spoonfuls of light and dark batter.

I think the suggestion of an exchange through "The Farmer's Advocate," would be fine.

YOUNG HOUSEWIFE.

Simcoe Co., Ont.

I am glad to hear of this salt remedy.

Perspiration Stains.

Some time ago a correspondent asked how to remove perspiration stains from silk. I have since been on the lookout, and have at last heard of what are said to be remedies. For white silk, apply peroxide of hydrogen; for colored silks, a mixture of alcohol and chloroform, half and half.