

5 Blessed is the man whose strength is in Thee :  
in whose heart are Thy ways.

6 Who going through the vale of misery use it for  
a well : and the pools are filled with water.

7 They will go from strength to strength : and unto  
the God of gods appeareth every one of them in Sion.

8 O Lord God of Hosts, hear my prayer : hearken,  
O God of Jacob.

9 Behold, O God our defender : and look upon the  
face of Thine Anointed.

10 For one day in Thy courts : is better than a  
thousand.

11 I had rather be a doorkeeper in the house of my  
God : than to dwell in the tents of ungodliness.

12 For the Lord God is a light and defence : the  
Lord will give grace and worship, and no good thing  
shall he withhold from them that live a godly life.

13 O Lord God of Hosts : blessed is the man that  
putteth his trust in Thee.

¶ *Or one of the following Psalms : xv, xxiv, xxvi,  
xlii, xliii. After which shall follow a Lesson from Holy  
Scripture.*

## HYMN AND OFFERTORY.

### ADDRESS.

¶ *After which shall be sung (all kneeling) Hymn  
211, 380, or other.*

Let us pray..

¶ The cup of blessing which we bless, is it not the  
Communion of the Blood of Christ ?