

stipation, thirst, hot and dry skin.

Treatment:—

#### EXTERNAL.

Apply the same treatment as given under Inflammation of Kidneys, also rub liquid in over bladder region with slight pressure.

#### INTERNAL.

Two heaping tablespoonfuls Uva Ursi Leaves  
One " " Sweet Fennel  
One " " White Oakbark  
Take one tablespoonful every three hours.  
(Prepare as Directed on Page 20)

### RETENTION OF URINE. ISCHURIA.

**Symptoms:**—Retention of urine; a full feeling in the lower region of the abdomen. This part is sensitive by pressure; the bladder is hard and swollen. After some time, the intestines become hard; face flushes and the skin is hot. It may be caused from inflammation, paralysis of the bladder, etc.

Treatment:—

#### EXTERNAL.

Apply the same treatment as given under Inflammation of kidneys, also rub the liquid well over the kidney and bladder.

#### INTERNAL.

One heaping tablespoonful Juniper Bérries  
One " " Uva Ursi Leaves  
One " " Plantain Leaves  
One " " Sweet Fennel  
Take one tablespoonful before each meal and before retiring.  
(Prepare as Directed on Page 20)

### BEDWETTING—ENURESIS.

**Symptoms:**—are well known, caused by different troubles.

Treatment:—