THE STAK, WEDNESDAY, AUGUST 20.

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## sear vail um.

## I.

## who

tart
spin
alim
$\qquad$ the patient, been his domestic, declared that
she could bold out no longer. Poor crea-
Sue could hold out no longer. Poor crea-
ture! the tear of affection glistened in her
eye; whilst her convulsed features betrayed micontrolable sensations. the stomach: the the
between the heart and
heart remained true, but the stomach turngd. At this the patient commenced cursing swearing and blaspheming in a way which will be
found fully detailed with all due dashes --$-!-!$ \&c. \&c. in the last number of a
Northern Magazine. "Zounds!" cried he starting up on his stant-" who are you?
may the fiends catch you, and cleave to you may the fiends catch you, and cleave to you
for ever ! give us the hips ! a small glass of hrandy! ha! ha! ha! Oh my back! D-n
all doctors! Here am I stung and tortured with gastritis, heputitis, splenitis, nephritis
epistaxis, odontaegia, cardialgia, diarhoea and a whole legion of devils, with latin
names! D -n all doctors again say I!"

 meeting the man of six and forty in the passage, I inquired of him very minutely, con-
cerning the state of his master. He answercerning the state or his master. He answer-
ed all my questions with perfect candour,
and not without a certain archness of look and manner rather unusual among men o six and forty in his rank of life. From all
I elicited, and also from certain corroborative proofs, which I do not now think it ne-
cessary to specify, I have no hesitation in declaring, for the information of the pro-
fession to which I do not belong and of the pession to which public generally, that in this case my abstruse the patient's state was vulgarly simple. He
had been drunk the night before.-Fraser's Magazine.
The Causes of Diseases.-Daily obser
vation demonstrates that the human struc ture, even in its most perfect formation is ment of function, producing that state of the
merand system in which its usual actions or percep-
tions are either iuterrupted, or attended with pain-this state is called disease. Every
animal carries within itself the germ of its animal carries within itself the germ of its
own destruction, or in other words it is form own destruction, or in other words it is form
ed for a limited existence. Many diseases,
ent therefore arise spontaneously, or without any
assignable external cause; but many mor are produced by causes over which we
have some controul, and perhaps the chief
source of the physical ills to which we source of the physical we make from the
liable, is the deviation we liable, is the devacio. The injurious influ-
simplicity of nature ence that domestication has upon the health
of the lower animals is very strikingly appa of the lower animals is very strikingly appa-
rent; and in proportion as their subjugation
is more complete, and their manner of life is more complete, and their manner of life
differs more widely from that which is na-
orral to tural to them, so are their diseases more numerous and severe. The diseases of our
more valuable domestic animals sare suffici-
ently numerous and important to employ ently numerous and important to employ a
particular class of men; and the horse alone has professional assistance approprtated to
him. Men of education and talent have de him. Men of the the investigation of this noble and useful creature. The poor little
capary birds confined in their prisons, are capary birds confined in their prisons, are
very liable to disease, more especially to in-
flamation of the bowels, asthma flamation of the bowels, asthma, epilepsy,
and soreness of the bill. No animal deviates so far from the simplicity of nature in its habits, as man; none is placed under the in-
fluence of so many circnnstances, calculated fluence or so mavy uphy the frame. His
to act unfavourably ure
morbid aftections are hence abundant and morbid allections are hence abundaut and
diversified, as may be seen by referring to
the different nosulogical arran the different nosological arrangements; these
long catalogues of diseases atfording strong long catalogues of diseases atfording strong
evidence that man liad not carefully followed that way of life which has been marked out for hmm by nature. The crowded state of the inhabitants of large citres; the inju-
rious effects of an atmosphere loaded with rious effects of an atmosphere loaded with
impurities; sedentary occupations ; various impurities; sedentary occupations; various
unwholesome avocations; intemperance in food; stimulating drinks;
and indigestible viands (and and indigestible viands (and these taken has-
tily in the short intervals allowed by the
hurry and turmoil of business); the constant
inordinate activity of the great central circulation, kept up by the double impulse of luxurious habits and high mental exertions;
the violent passions by which we are the violent passions by which we are agita
ed and enervated; the various disappoin ed and enervated, the various disappoint-
ments and vexations to which all are liable, re-acting upon and disturbing the whole
frame ; the delicacy and sensibility to exterframe ; the delicacy and sensibility to exter-
nal influenices, caused by heated rooms, nal influences, caused by heated rooms, too
warm clothing, and other indulgencies; are all contrary to the voice of nature, and they produce those morbid conditions of the sys-
tem which a more simple and uniform mode tem which a more simple and uniform mode
of living would prevent. Our associates of the animal kingdom dồ not escape the influence of such causes: the mountain shepherd
and his dog are equally hardy and form and his dog are equally hardy, and form an
instructive contrast between a delicate lady and her lapdog; the extreme point of degeneracy and imbecility of which each race is
net susceptible. In the, early ages of society
man enjoyed long life, his manner of living man enjoyed long life, his manner of living
was simple, his food, hathitation, and pursuits, was simple, his food, hatitation, and pursuits, anxious cares disturbed his mind.-Curtis's
Essay on the Deaf and Dumbl. Essay on the Deaf and Dumb.
Creation of Pbers.- Chamberlayne, in
his Anglice .Volitia, says, "In all Christian is Anglice .Votitia, says, "In all Christian
Monarchies, men that have been notable for courage, wisdom, wealth, \& c . have been
judged fit and worthy to enjoy certain privileges, titles, dignities, honours, \&.., above the common people, to be placed on a high
orb, and to bea screen between the king and orb, and on bea scren between the king and
the inferior subjects, to defend the one from
inser insolencies, and the other from tyranny; to
interpose by heir counsel, courage, and graninterpose by their counsel, courage, and gran-
deur, were common persons dare not to deur, were common persons dare not ; to
support the king, and defend the kingdom with their lives and fortunes.
with their lives and fortunes.
It is said the creation of peers and other
thes byes I. on his accession to the that an advertisement was affixed to the door of St. Paul's Cathedral, offiering to teach a new art of memory, to enable the people to
recollect the names of the additions to the It is recorded as a saying of hat "if his friends could but secure him a House of Commons, he would put his whole would have the peers."
On the Potaio.-Mr Knight is convinc-
ed by the evidence of experiments, "that he potato plant, under proper management s capable of causing to be brought to marfrom any given extent of ground, than any other plant which wepossess." There is no crop, he says, "so certain as that of pota-
toes; and it has the advaetrge of heing genetoes; and it has the advaetrge of being gene-
rally most atuindant, when the crops of
wheat are defective; Wheat are defective; that is, in wet seasons,"
The following otservations are extremely "I thimk I shall be able to adduce some some strong facts in support of my opinion,
that by a greatly extended culture of the that by a greatly extended culture of the
potato for the purpose of supplying the potato for the purpose of supplying the
markets with veretable food, a more abundant and more wholesome supply of food for me use of the labou:ing classes of society and, I believe, of a more palatable kind to the greater number of persons. I can just
recollect the time when the potato was unrecollect the thme when the potato was un-
known to the peasantry of Herefordshire, whose gardens were then almost exclusively occupied by different varieties of the cab-
bage. Their food at that period consisted bage. Their food at that period consisted
of bread and cheese with the produce of their gardens; and tea was unknown to them.was introduced iuto their gardens, agues had been so exceedingly prevaleat, that the peri-
ds in which they, or their families, ha been afflicted way, that disorder, were the
eras to which I usually heard them refer io eras to which I usually heard them refer in
speaking of past events; and I recollect being cautioned by them frequently not to should get an ague. The potato was then cultivated in small quanties in the gardens
of gentlemen, but it was not thought to ford wholesome nutriment, and was suppos-
ed by many to possess deleterious qualities The prejudice of all parties, however, disap-
pear so rapidly, that within ten years pear so rapidly, that within ten years the from the gardens of the cottagers. Within the same period, ague, the previously preva-
lent disease of the country, disappeared; and no other species of disease became prevalen introduction of the potato was not injurious to the health of the peasantry at that period; but whether its production was, or was not,
instrumental in causing the disappearance ague, I will not venture to give an opinion. 1 am, however, confident, that neither draining the soil (for that was not done,) nor any change in the general habits of the peasantry,
had taken place, to which their had taken place, to which their improved
health could be attributed. Bread is well known to constitute the chief food of the French peasantry. They are a very tempe-
rate race of men; and they possess the adrate race of men; and they possess the ad-
vantages of a very fine and dey vantages of a very fine and dry climate.-
Yet the duration of life amongst them is Yery short, scarcely exceeding two thirds of
the average duration of the average duration of life in England; ;and
in some districts much less. Doctor in some districts much less. Dotor Haw-
kins. in his Medical Statistics, states, upon

