properties, but we did not know that the keeping it in the house would prevent disease" "I don't mean that," said he. "Two years ago I had a dreadful attack of sick headache every week. The veins of my head became swollen and my eyes bloodshot. I was obliged to go home and go to bed. Well, Seigel's Syrup, or Shaker Extract of Roots, cured me. Now, when I have eaten a little too much, I take a small dose of the Syrup and it prevents the headache. I have not had an attack for two years. One of our clerks was afflicted in the same way, and it has cured him also."

How happy many people would be if they did not have Stomachs.

They imagine if they had no stomach they would be free from pain and distress after eating; free from headache, dizziness, etc. But this only happens when the stomach is diseased, when digestion is impaired. A good stomach gives a good deal of pleasure and help to endure the labor of life, for it is through the stomach that we obtain all our strength and vigor.

When the stomach is too weak to properly digest the food, the person so diseased is sorely afflicted. Dyspepsia shows itself in very many disagreeable forms, but more frequently in distress in the stomach after eating, sourness in the stomach, beating and trembling of the stomach and sides, a sense of fullness, headache, dizziness, bad breadth, loss of appetite, difficulty in breathing, restlessness, nervousness, loss of strength.

The food remains in the stomach until itbecomes corrupt, which poisons the blood and produces the most painful and distressng feelings.

The stomach loses its tone, becomes inlamed and filled with slime and mucus. This produces giddiness, sick headache, choking up of the circulation, and pressure upon the prain. Mother Seigel's Syrup, or Shaker Exract of Roots, cleanses out the corrupt and noxious matters from the stomach, and strengthens the stomach to dissolve and digest the food, increases the flow and strength of the gastric juice, and produces harmonious action between the stomach, liver and intestines. All the organs work in concert—no jarring, no over-taxation of one organ above another, which always damages the nervous system and works havoc and decay.

Strength to the stomach, invigoration of the liver and tone to the bowels must necessarily follow the use of Seigel's Syrup, or Shaker Extract of Roots. Mother Seigel assured me, when I was at her home near Berlin, that a few packages of the Syrup had cured cases of indigestion of twenty years' standing, which had baffled the efforts of the best medical talent in Berlin. It corrects acidity, and promotes a flow of healthy gastric juice, which dissolves the food and carries it out of the stomach at a proper time.

A Merchant's Testimony.

Clifford, Ont., March 6, 1886.

Dear Sirs: I have not been acquainted very long with Seigel's Syrup, but I consider it a good medicine for the diseases you recommend it. Please send me some Almanaca that I may circulate them among the people and let them know more of your medicine.

Truly yours,

THOS. SMITH.

It Does Good Wherever Used.

Holland Harbour, N.S., May 5, 1886

A. J. White & Co.

Gentleman: Your medicine does good wherever it goes. People come thirty miles after it, and before the last box came there were several parties waiting for it. I have no trouble in selling the second bottle.

Yours very truly,

GIDEON FLICK.

OFFICE OF THE POSTMASTER.

Barkway, Ont., Feb. 20, 1886.

A. J. White & Co.

Gents: I have used some of Seigel's Syrup, and find it all you claim for it. For any inward trouble it acts like a charm, and I shall be pleased to answer any inquries.

Yours truly.

SAMUEL McCORD.

Toronto, Ont. Jan. 5, 1885.

A. J. White & Co.

Genvs: I have reason to speak well of your Syrup, as I suffered agony with indigestion and could find nothing to give me permanent relief till I used Seigels Syrup, I will never cease to speak well of it.

Yours truly,

MRS. J. B. STOOD.

[Continued on page 16.]