fitness to stand shoulder to shoulder with the best 269 that Britain and France and the United States could send: they asked no more than that. The casualty list of 220,000 men, of whom 60,000 sleep forever in the fields of France and Flanders and in the plains of England, witnesses the price this people of eight millions paid as its share in the task of freeing the world from tyranny.

The realization that in a world war not merely the men in the trenches but the whole nation could and must be counted as part of the fighting force was slow in coming in Canada as in other democratic and unwarlike lands. Slowly the industry of the country was adjusted to a war basis. When the conflict broke out, the country was pulling itself together after the sudden collapse of the speculative boom of the preceding decade. For a time men were content to hold their organization together and to avert the slackening of trade and the spread of unemployment which they feared. Then, as the industrial needs and opportunities of the war became clear, they rallied. Field and factory vied in expansion, and the Canadian contribution of food and munitions provided a very substantial share of the Allies' needs. Exports increased threefold, and the total trade was more

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