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practice, which would not otherwise have been entered into so fully.

Nor has the exercise been without its encouragements and advantages to the Author himself. Independently of his increasing conviction that, when carried out with ordinary care and earnestness, it is far superior to a second sermon as a means of instruction, he feels that he has been led by it to form a better balanced theological system, and to understand and appreciate the teaching of the Church, and the mind of the Scriptures, in all their completeness and consistency, in a degree which nothing else could have led him to; for he has been taught to lay his foundations well and firmly, without which no superstructure can hold together permanently.

July 31, 1843.