

God," and not our own is what we should seek to do in imitation of our suffering Saviour who prayed to His Father—"not my will, but thine be done." (Luke, XXII—42.)

"Be not conformed to the world," in the manner of observing Lent, but enter into the penitential spirit of the time by denying yourselves, for instance in drink and in unnecessary, or noisy amusements, and by making a sincere and humble confession.

The Grace of our Lord Jesus be with you all, Brethern.

The regulations for Lent are the same as last year.

This pastoral shall be read in every Church of the Diocese on the first Sunday after its reception that the Pastor officiates therein.

✠ C. O'BRIEN,

Archbishop of Halifax.

HALIFAX.

Feast of the Chair of St. Peter at Antioch,
1897.