

The wells from which the "living" water flows were drilled alongside the new health centre, while the healing muds are obtained from a taiga lake located not far away. The Central Institute of Health Resort Science and Physiotherapy has concluded that both agents are beneficial in the treatment of different ailments.

Pravda

28 January 1989

Page 3 (Complete text)

Pravda
19 January 1989
Page 3 (Complete text)

Ukhta: Therapeutic Mud and Mineral Waters

From now on, in order to take therapeutic baths, northerners need not go to the other end of the world - they have only to get on a city bus. Here, officials have just signed a State Commission document opening the first specialised physiotherapeutic health centre, based on local mineral waters and asphaltic muds, in the Autonomous Republic.