

NOURISHMENT.

THIS WORD EMBRACES MORE THAN ORDINARY SPECIFICS.

Nourishment is the Corner-stone of Health—What Food is Intended to Do—Avoid Secret Mixtures When Trying to Get Well.

The ordinary specific or secret nostrum affords only temporary relief. For instance, you may buy some ordinary specific to cure a cold and find temporary relief in the stimulant or tonic contained in the mixture, but the remedy does nothing to cure the weakness that allowed you to take cold. Consequently when you are subject to another attack you will succumb in the same way with more serious results.

This is what leads to consumption. The same illustration applies to hundreds of other complaints. If you are poorly nourished, you will lose flesh, take cold easily, and gradually grow weaker until your health is seriously impaired.

Nourishment means everything to health. Food is designed to nourish the body, overcome wasting and give to every part of the wonderful human machinery the right substance to keep it in working order. But we all know food frequently falls short of the mark. It may be that the digestive organs are out of order. There may be some increased demand upon nourishment made by some unnatural condition. The most learned physician is frequently puzzled to know the cause of a decline in health, but one of the first things he thinks of is to prescribe a nourishment that will counteract the wasting or other unnatural condition.

In all cases of wasting Scott's Emulsion is the most effective cure. It has many uses because it is both a concentrated food and medicine, but the word "wasting" signifies much that Scott's Emulsion is especially designed to overcome.

All of the stages of the decline of health, even to the early stages of Consumption, are cured by Scott's Emulsion. Loss of flesh and strength are speedily overcome and as a cure for all affections of throat and lungs, like Coughs, Colds, Sore Throat, Weak Lungs and Bronchitis, Scott's Emulsion has no equal.

Babies and children find in Scott's Emulsion the vital elements of food that make sound bones and healthy flesh. Rickets, marasmus, and all wasting tendencies in children are cured also. Babies and children thrive on Scott's Emulsion when all the rest of their food seems to go to waste.

Scott's Emulsion is not a secret mixture. All of its elements can be traced by the chemist. It contains no worthless or harmful drugs. It has been prescribed by physicians for twenty years and has a clean record back of it.

For sale by all druggists, 50 cents and \$1.

WIT AND HUMOR.

Good for sick people—Well water. A dealer in antiquities advertises for sale a revolver used by Julius Cæsar. Strange—The more customers he drives away the better the cabman fares.

Noodle: "I find it very hard to collect my thoughts." Maud: "Papa says it's always difficult to recover small amounts."

Doctor: "Is that patient dead yet?" Nurse: "He says he isn't, but he has such a reputation for lying, that I believe he is."

He: "Do you think your father would object to my marrying you?" She: "I don't know. If he's anything like me he would."

He: "But couldn't you learn to love me, Ida?" She: "I don't think I could, George." He (reaching for his hat): "It is as I feared! You are too old to learn!"

Father: "Yes, I admit your lover has a good income, but he has very expensive tastes, very." Daughter: "You amaze me, what does he ever want that is so very expensive?" Father: "Well you, for one thing."

Lydly Ann (indignantly): "She ain't shed a single tear—and him such a nice man, too." Sarah Jane: "Well, now, this is her third—and I guess she's found out how salt water do spot up black."

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SAY

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V. J. E. BROUILLET, M. D., V. C. M. Kamouraska, June 10th 1885.

"I can recommend PECTORAL BALSAMIC ELIXIR, the composition of which has been made known to me, as an excellent remedy for Pulmonary Catarrh, Bronchitis or Colds with no fever."
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L. ROBERTAILLE, Esq. Chemist. Sir,
"Having been made acquainted with the composition of PECTORAL BALSAMIC ELIXIR, I think it my duty to recommend it as an

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"I have used your ELIXIR and find it excellent for BRONCHIA DISEASES. I intend employing it in my practice in preference to all other preparations, because it always gives perfect satisfaction."
DR. J. ETHER. L'Epiphanie, February 8th 1889.

"I have used with success the PECTORAL BALSAMIC ELIXIR in the different cases for which it is recommended and it is with pleasure that I recommend it to the public."
Z. LAROCHE, M. D. Montreal, March 27th 1889

Lack of space obliges us to omit several other flattering testimonies from well known physicians.

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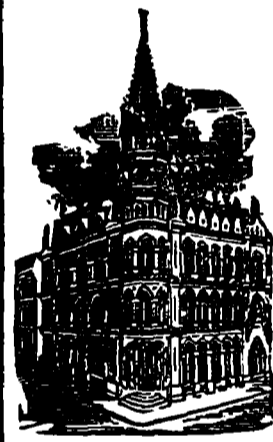
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—Civil Service Gazette

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